

**Common Course Outline**  
**CMDP 124**  
**Delivery of Services**  
**4 Semester Hours**

**The Community College of Baltimore County**

**Description**

**Delivery of Services**

Develops clinical documentation, assessment, and case management skills necessary to function as a chemical dependency counselor; explores topics of client/family/community education, treatment planning and confidentiality.

Prerequisites: CMDP 110 and CMDP 102.

**Overall Course Objectives**

Upon completion of the course the student will be able to:

1. Understand the history and development of the Counselor Competencies.
2. Understand and demonstrate competency in the skills and concepts involved in the following Counselor Competencies:
  - A. Clinical Evaluation
  - B. Treatment Planning
  - C. Referral
  - D. Case Management
  - E. Client, Family and Community Education
  - F. Documentation
3. Demonstrate knowledge of triaging clients into the most appropriate treatment modality.
4. Understand and apply the DSM IV-TR multi-axial diagnostic system and diagnostic criteria for Substance-Related Disorders.
5. Articulate and apply the Federal Regulations on Confidentiality as they relate to chemical dependency counseling, and understand the role of state and federal regulatory agencies.
6. Understand and apply appropriate standards and methods for documenting client data and progress in the medical record.

**Major Topics**

Course Overview

Counselor Competencies

Utilization Review and Managed Care

Screening

Patient Matching

ASAM Criteria

Intake and Orientation

Clinical Assessment Interview

Mental Status Exam, Mini-Mental Exam

DSM IV-TR: Multi-axial Diagnosis and Substance-Related Disorders

Crisis Intervention

Recommendation and referral Modalities

Treatment Planning

Progress Notes

Case Management  
Continuing Care Plan  
Discharge Summary  
Patient and Family Education  
Supervision  
Confidentiality  
Certification

**Course Requirements**

Grading/Exams: Grading procedures will be determined by the individual faculty member but will include the following:

- Midterm and Final Exams (as a minimum of 2 exams)
- Narrative clinical Assessment Interview
- Treatment Plan
- Progress Notes
- Education Outline

**Other Course Information**

This course is a program requirement for the Chemical Dependency Counseling degree and certificate programs.

This course serves as a prerequisite for CMDP 173.