

Common Course Outline

HLTH 140

First Aid, Safety, and CPR

3 Credit Hours

The Community College of Baltimore County

Description

First Aid, Safety, and CPR

Trains students to administer proper first aid and emergency care; provides first aid and CPR certification from nationally recognized organizations.

Corequisite: (RDNG 051 or LVR 1 or LVR 2). \$10.00 fee required.

Overall Course Objectives

Upon completion of this course the student will be able to:

1. list the steps of and conduct a primary and secondary survey
2. explain the risks, causes, and treatments for many common accidents and injuries
3. explain several ways to prevent major injuries and illnesses
4. demonstrate proper first aid procedures for emergencies or sudden illnesses
5. differentiate between different types of wounds and injuries
6. demonstrate proper bandaging and splinting techniques
7. demonstrate two, three, and four-person carries
8. identify the signs of shock and demonstrate the correct treatments
9. explain the risk factors for coronary artery disease
10. demonstrate proper basic life support for foreign body airway obstruction, rescue breathing, and CPR for infants, children, and adults.

Major Topics

1. Primary/Secondary Survey
2. Bleeding and Shock
3. Wounds
4. Dressings and Bandages
5. Burns
6. Injuries and Illnesses
7. Fractures and Splinting

8. Poisoning
9. Bites and Stings
10. Heat and Cold Emergencies
11. Carries
12. Foreign Body Airway Obstruction/Rescue Breathing/CPR

Course Requirements

Grading procedures will be determined by the individual faculty member, but will include the minimum written exams and practical exams required by the appropriate national certifying agencies (e.g., National Safety Council, American Heart Association, American Red Cross).

Other Course Information

The Community College of Baltimore County is committed to providing a high-quality learning experience that results in a growth in knowledge, attitudes, and skills necessary to function successfully as a transfer student in a career and as a citizen. To accomplish this goal, we maintain high academic standards and expect students to accept responsibility for their individual growth by attending class, completing all homework and other assignments, participating in class activities, and preparing for tests.

We take seriously our responsibility to maintain high-quality programs and will periodically ask you to participate in assessment activities to determine whether our students are attaining the knowledge, attitudes, and skills appropriate to various courses and programs. The assessment activities may take many different forms, such as surveys, standardized or faculty-developed tests, discussion groups, or portfolio evaluations. We ask that you take these activities seriously so that we can obtain valid data to use for the continuous improvement of CCBC's courses and programs.