

Common Course Outline
HUMS 220/ MNTH 220
Crisis Intervention
2 Credits

The Community College of Baltimore County

Description

Prerequisites: HUMS 111 or consent of Human Services Program Director

This course will introduce concepts associated with people in crisis. Approaches to help those experiencing crisis will be introduced and practiced. The concepts and skills will be examined in the context of different categories of crisis.

Overall Course Objectives

At the completion of the course, the student will be able to:

1. identify and define crisis intervention concepts.
2. identify and define the history of crisis intervention.
3. identify and define the theoretical influences on crisis intervention theory and practice.
4. identify and define the crisis intervention process and intervention methods utilized.
5. utilize and demonstrate empathic communication
6. conduct and analyze a crisis assessment
7. identify and implement problem-solving strategies and techniques.
8. assess and initiate an appropriate referral for a client.
9. identify and define various categories of crisis.
10. identify and implement interventions with special populations of crisis.
11. broaden scope of clinical interventions utilized with clients.
12. identify and define legal issues in crisis intervention.
13. integrate knowledge and practical experience in the application of positive action during personal crisis and the crisis of others.
14. apply theory and skills to a wide range of clinical situations in mental health.

Major Topics

History of crisis intervention
Theoretical influences on crisis intervention practice
Crisis intervention theories and models
Role of culture (race, gender, class, ethnicity) on crisis
Types & stages of crisis & resolution
Types of interventions
General systems theory
Crisis intervention skills
Legal issues in crisis intervention
Application of theory & skills to special populations

Course Requirements

Grading/exams: Grading procedures will be determined by the individual faculty member but will include the following:

Exams
Clinical practice paper
Case presentation

Other Course Information

This course is a core course in the Human Services Program but is open to all students in the CCBC system with the consent of the Human Services Program Director.