

Common Course Outline
MASS 222
Pathology for Massage Therapists
3 Semester Hours

The Community College of Baltimore County

Description

Pathology for Massage Therapists

Concentrates on recognition, assessment and treatment of common musculoskeletal pathologies; covers assessment and identification of dysfunctions, creation of specific treatment plans, and ways that massage therapy affects both the diseases themselves and their consequences.

Prerequisite: Grade of C or better in MASS 110 and MASS 210, MASS 220 (concurrently)

Overall Course Objectives

Upon completion of this course the student will be able to:

1. Identify the most common pathologies underlying a massage client's health condition.
2. Perform a health assessment, including health history and observation.
3. Recognize massage indications and contraindications for common health conditions.
4. Make referrals to other health professionals when necessary.
5. Evaluate therapeutic outcomes.
6. Identify names and modes of transmission of common communicable diseases.
7. Understand how to prevent disease transmission in a massage practice.
8. Identify the impact of daily stress on the mind/body continuum.
9. Identify the mental and emotional facets of wellness.
10. Explain the stress, pain and inflammatory responses.
11. Use a clinical reasoning model to determine appropriate intervention processes.

Major Topics

1. Pathology versus health (homeostasis)
2. Hygiene, Sanitation and Safety Procedures
3. Pain and Inflammatory Responses
4. Medication Issues
5. Endangerment Sites
6. Musculoskeletal Conditions
7. Nervous System Conditions
8. Circulatory System Conditions
9. Lymphatic and Immune System Conditions
10. Respiratory System Conditions
11. Digestive, Urinary and Reproductive System Conditions
12. Mental and Emotional Conditions
13. Chronic Pain Process
14. Substance Abuse and Medication Issues

15. Miscellaneous Conditions (e.g., Terminal Illness, Pre and Post Surgical Massage, Children, Pregnant Women, Disabled, Elderly)

Course Requirements

Grading/exams: Grading procedures will be determined by the individual faculty member but will include the following:

Quizzes, exams.

Writing: The individual faculty member will determine specific writing assignments.

Other Course Information

This course is a Massage Therapy Program core course as preparation for potential clinical/lab assignments.

Individual faculty members may include additional course objectives, major topics, and other course requirements to the minimum expectations stated in the Common Course Outline.

(8) Date Revised: MM/DD/YY