

**Common Course Outline**  
**MNTH/HLTH/PSYC 221**  
**HUMAN SEXUALITY**  
**3 Semester Hours**

**The Community College of Baltimore County**

**Description**

Human Sexuality

Examines human sexuality from biological, social, emotional, spiritual, cultural and historical viewpoints; covers topics such as gender formation, reproductive technology, STD's, sexual expression and ways to build successful relationships will be presented.

Corequisite: RDNG 052

**Overall Course Objectives**

Upon successfully completing Human Sexuality students will be able to:

1. identify factors that influence human sexuality (i.e.: biological, social, emotional, spiritual, cultural and historical and assess the affect each has on their own lives.
2. evaluate methods of sexual research.
3. describe the structure and function of sexual anatomy.
4. explain theories of gender identity.
5. describe relationship development, factors that influence relationships, and relationship models.
6. compare and contrast American sexual attitudes and practices throughout the lifespan with other times and cultures.
7. assess current reproductive technology and birth control techniques in terms of cost, effectiveness and values.
8. identify sexual problems, current sexual therapy and sexual enhancement techniques.
9. apply current information concerning sexual health issues.
10. explain current information concerning conception, pregnancy, birthing and parenting.

**Major Topics**

1. Historical and Cultural Perspectives on Sexuality
2. Sexual Research
3. Reproductive Anatomy and Function
4. Gender Identity Formation
5. Developing Relationships
6. Sexual Behaviors Through the Lifespan
7. Sexual Orientation
8. Birth Control
9. Conceiving Children, Pregnancy and Parenting
10. Sexual Problems, Therapy and Enhancement
11. Sexual Health Issues

## **Course Requirements**

Specific assignments and procedures for evaluating student performance in this course will be described in the individual class syllabus, but will include the following:

1. Written and/or oral examinations
2. Reading and writing assignments
3. Course related projects (journals, presentations, etc.)
4. Regularly scheduled classroom learning activities
5. Attendance is mandatory

## **Other Course Information**

This course is an elective for health majors and general elective for other majors. Credit may be received for HLTH 221 or MNTH 221 but not for both.