

Common Course Outline
Course Number
Maternal-Newborn Nursing and Women's Healthcare
NURN 212
4 Semester Hours

The Community College of Baltimore County

Description

Maternal-Newborn Nursing and Women's Healthcare

Presents facts, principles, concepts, and techniques necessary to meet the health needs of the maternity family during the childbearing period and women throughout the life cycle; covers physiological, psychological and social/cultural factors; health promotion, maintenance, and restoration; effective communication and pertinent ethical/legal issues; pharmacology, nutrition and patient education. Derives nursing actions from application of the nursing process. Provides faculty selected and guided clinical laboratory experience in community agencies in both inpatient and ambulatory care sites.

Prerequisites: NURN 150, PSYC 103, prerequisite or corequisite BIOL 230 (with a "C" or better)

3 credits hours of class, 1 credit hour of clinical.

Overall Course Objectives

Upon **successful** completion of this course the student will be able to:

1. examine the constantly changing state of physiological and psychological well-being of women throughout the life cycle, **neonates and** childbearing families. (Health Continuum - Arm)
2. collaborate with women, their families, and members of the health care team to design and deliver a plan of care. (Health Care Systems - Arm)
3. apply the nursing process as a systematic problem solving method to provide effective care to women, **neonates** and their families. (Nursing Process - Arm)

4. demonstrate responsible behaviors and a commitment to excellence in interactions with women, their families, colleagues, and employing organizations. (Professionalism - Arm)
5. analyze information in order to choose an appropriate course of action in response to the changing health needs of women, **neonates** and their families. (Critical Thinking - Arm)
6. demonstrate effective communication in order to achieve effective client teaching/learning that contributes to positive outcomes. (Communication - Thread)
7. practice within **ethical/legal** guidelines and regulatory codes established by societal and professional organizations' codes that govern the provision of nursing care to women and neonates, e.x., the Association of Women's Health, Obstetrical and Neonatal Nurses (AWHONN), the American Academy of Pediatrics (AAP) and the American College of Obstetricians and Gynecologists (ACOG). (Ethical/Legal Aspects - Thread)
8. collaborate with appropriate members of the health care team, women and their families to enable clients to achieve optimal health. (Health Promotion, Maintenance, and Restoration - Thread)
9. identify multi-dimensional client needs and stressors of women, **neonates and** their families in order to implement a developmentally appropriate plan of care . (Human Needs; Life Cycle; Stress and Stressors - Thread)
10. use resources efficiently to manage clients and/or personnel in healthcare settings dedicated to the care of women, **neonates** and their families. (Management-Delegation - Thread)

11. demonstrate satisfactory performance of commonly utilized nursing skills required to provide nursing care to women and neonates. (Skills - Thread)
12. modify care in consideration of the values, customs, culture and/or habits of women and their families. (Socio-Economic-Cultural Factors - Thread)
13. utilize technology to increase the effectiveness and efficiency of health promotion and nursing care of women, **neonates** and childbearing families. (Technology - Thread)
14. identify and implement teaching plans that enable women and their families to achieve predetermined outcomes. (Teaching/Learning - Thread)
15. describe changes in health care that affect competencies required for optimal nursing practice in the areas of maternity and women's healthcare. (Trends - Thread)

Major Topics

The following content will be addressed in the theory portion of the course:

1. Review of conception and fetal development
2. The Antepartal Period – Normal and Complications
3. The Intrapartal Period – Normal and Complications
4. **The Neonate** – Normal and Complications
5. The Postpartal Period – Normal and Complications
6. Women's Healthcare

Course Requirements

Grading procedures will be determined by the individual faculty member and specific assignments and procedures for evaluating student performance will be described in detail in the individual class syllabus, but will include a minimum of the following:

Theory Requirements:

1. Three exams, the third of which will include a comprehensive component.
2. Quizzes (daily on assigned readings).

3. Formal writing assignment that demonstrates critical thinking/analysis components.
Assignment must total a minimum of _____ words.
4. Group project/presentation that demonstrates collaboration, journal/Internet research, research about community agencies and oral communication/teaching skills.

Clinical Requirements:

1. Satisfactory performance during six clinical days to include required experiences in Labor and Delivery, Nursery, Postpartum, (Mother/Baby unit may be substituted for separate Nursery/Postpartum units) and possible experiences in alternative settings such as Prenatal Clinics, Antepartum Testing Units, NICU, Postpartum Support Groups, Childbirth Classes.
2. Satisfactory completion of written clinical preparation .

Satisfactory completion of this course requires that the student:

1. Earn an exam average of 72% or more and earn at least 72% of total course points in order to receive at least a "C" grade, the minimum passing grade in clinical nursing courses. Point totals for written assignments will be added into the final grade calculation only after the student has achieved a 72% or higher exam average.
2. Pass the clinical component of the course by:
 - a. attending scheduled clinical laboratory sessions,
 - b. meeting all critical clinical behavioral objectives,
 - c. meeting non-critical clinical behavioral objectives with no more than three judged "objective not met",
 - d. completion of clinical reflections and self-evaluation as directed.
3. Submit all required written assignments as directed.

Grading/exams: Grading procedures will be determined by the individual faculty member but will include the following:

Three unit exams the third of which to have a comprehensive component

Quizzes (daily on assigned readings)

Skills evaluation (on predetermined skills)

Writing: The individual faculty member will determine specific writing assignments.

Pre-clinical preparations

Clinical Reflections

Critical thinking exercises

Nursing care/case study

Group presentation

Other Course Information

This course is a required course in the Nursing Program. It is taken either in the second half of the second semester **or** the first half of the third semester. The course is taught in a computerized environment.

The Community College of Baltimore County is committed to providing a high quality learning experience that results in growth in knowledge, attitudes and skills necessary to function successfully as a transfer student, in a career and as a citizen. To accomplish this goal, we maintain high academic standards and expect students to accept responsibility for their individual growth by attending classes, completing homework and other assignments, participating in class activities and preparing for class.

We take seriously our responsibility to maintain high quality programs and will periodically ask you to participate in assessment activities to determine whether our students are attaining the knowledge, attitudes and skills appropriate to various courses

and programs. The assessment activities may take many different forms such as surveys, standardized or faculty-developed tests, discussion groups or portfolio evaluations. We ask that you take these activities seriously so that we can obtain valid data to use for the continuous improvement of CCBC's courses and programs.

Individual faculty members may include additional course objectives, major topics, and other course requirements to the minimum expectations stated in the Common Course Outline.

Date Revised: 11/20/00

