

# Common Course Outline

## OCTA 201

### Fundamental of Occupational Therapy

2 Semester Hours

## The Community College of Baltimore County

### Description

**OCTA 201 - 2 Credits-Fundamentals of Occupational Therapy** introduces the history, philosophy, and major theories of occupational therapy. Reviews areas of practice and current/past trends of the health care delivery system, emphasizing their impact on occupational therapy; includes observation of occupational therapy services.

**2 credits: 2 lecture hours per week; 6 - 8 hours Level I Fieldwork**

### Overall Course Objectives

Upon completion of this course the student will be able to:

1. Define occupational therapy and the Practice Framework;
2. Understand the value “occupation” has in the treatment of patients;
3. Appreciate how disability and disease impacts a person’s ability to engage in occupations and roles;
4. Identify the philosophy and history of occupational therapy;
5. Define major frames of reference used in the practice of occupational therapy;
6. Describe the role of occupational therapy with various patient populations and in various settings;
7. List the various professional organizations in the field of occupational therapy and become familiar with navigating each of the web sites of these organizations;
8. Identify the various professional magazines and journals in the field of occupational therapy;
9. Define the importance of ethics in the field of health care;
10. Identify the seven principles of ethics which anchor the AOTA Code of Ethics for Occupational Therapists;
11. Write a progress note in SOAP format;
12. Describe the role of occupational therapy as observed on a Level I fieldwork;
13. Recognize the importance and begin to develop professional behaviors when interacting with patients.

## **Major Topics**

- I. Introduction to Occupational Therapy
  - A. Definition
  - B. History
  - C. Philosophy
  - D. Levels of practitioners
  - E. Professional organizations which support the field of occupational therapy
  
- II. Practice Framework
  - A. Areas of Occupation
  - B. Performance Skills
  - C. Performance Patterns
  - D. Context
  - E. Activity Demands
  - F. Client Factors
  
- III. Role delineation between the OTR and COTA
  - A. A. History of COTAs
  
- IV. Frames of Reference
  - A. Allen's Cognitive Disabilities
  - B. Model of Human Occupation
  - C. Biomechanical frames of reference
  - D. Motor Control frames of reference
  - E. Sensory Integration
  
- V. Documentation
  - A. A. Medical record as a legal document
  - B. B. What is allowed
  - C. C. Use of the SOAP format
  
- VI. Ethics
  - A. What is ethics
  - B. The AOTA Code of Ethic for Occupational Therapists
  - C. Seven principles of ethics
  - D. Importance to the health care community

## **Course Requirements**

Grading/exams: Grading procedures will be determined by the individual faculty member but will include the following:

- A. Tests (2)
- B. Comprehensive final examination
- C. Level I Fieldwork observation notes written in SOAP format (2)
- D. Article from one of the professional journals or magazines identified
- E. Successful completion of the Level I fieldwork submitted from the clinical preceptor

A Level I fieldwork form has been developed for use. It is completed by the clinical supervisor at the Level I fieldwork site.

A rubric has been developed for the SOAP notes and journal article.

Writing: The individual faculty member will determine specific writing assignments.

## **Other Course Information**

This is a required course in the Occupational Therapy Assistant program, It is considered an entry level course taken during the first semester of the OTA program.

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