

**Common Course Outline**  
**OCTA 221**  
**Psychosocial Dysfunction I**  
**3 Semester Hours**

**The Community College of Baltimore County**

**Description**

**OCTA 221-3 Credits-Psychosocial Dysfunction I** introduces the major psychosocial issues common to each developmental period across the lifespan and the onset of mental illness common to certain developmental periods; discusses psychiatric diagnoses treated by occupational therapy practitioners; uses lectures, videotapes, case studies and group discussion.

**3 credits: 3 lecture hours each week**

**Prerequisite: Acceptance into Occupational Therapy Assistant Program**

**Overall course objectives**

Upon completion of this course the student will be able to:

1. Define and differentiate mental health and mental illness;
2. Incorporate the importance of occupation when identifying and discussing issues affecting the practice of psychosocial occupational therapy
3. Define a therapeutic milieu
4. Identify major definitions, components and assumptions of Freud, Erikson, Rogers, Skinner, Havighurst, Piaget, Llorens, Mosey, Fidler, Reilly, Allen and Keilhofner, King
5. Define the normal sequence of developmental factors (family, age, gender, culture)
6. Identify mental disorders that occur at various points of development
7. Identify signs and symptoms of various mental illnesses
8. Identify the impact of symptoms on functional performance
9. Differentiate various psychiatric diagnoses
10. Define classifications of medications prescribed to treat psychiatric disorders
11. Identify side effects and techniques to observe side effects of these medications

## **Major Topics**

- I. OT history and relation to current practice in psychosocial occupational therapy
- II. Overview of psychology theories and theorists
  - A. Psychoanalytic theory-Freud
  - B. Developmental theorists- Erikson, Piaget, Havighurst
  - C. Behavioral theorists- Pavlov, Skinner
  - D. Cognitive-behavioral theorists- Beck, Ellis, Bandura
  - E. Client centered-Rogers
  - F. Neuroscientific and Psychiatric rehabilitation
- III. Overview of psychiatric diagnosis
  - A. Childhood and adolescent disorders
  - B. Schizophrenia and affective disorders
  - C. Anxiety disorders
  - D. Personality disorders
  - E. Substance abuse
  - F. Psychotic disorders
  - G. Impulse control disorders
  - H. Sexual disorders
  - I. Disorders associated with the elderly
- IV. Overview of frames of reference
  - A. Object relation and lifespan (Fidler, Mosey, Llorens)
  - B. Movement centered (Ayres, King)
  - C. Cognitive (Allen)
  - D. Occupational frames of reference ( Canadian, MOHO, Reilly)

## **Course requirements**

**Grading/exams:** Grading procedures will be determined by individual faculty member but will include the following: Quizzes, Midterm and Final Exam

**Writing:** Requirements will be 4 papers, 1 on theory, 1 on frames of reference and 2 related to diagnosis. Rubrics will be provided for specific grading requirements.

## **Other course information**

OCTA 221 Psychosocial Dysfunction I is a part one of a two semester required course in the Occupational Therapy Assistant program. It is taken in the first semester of the occupational therapy assistant curriculum. It must be successfully completed prior to enrolling in OCTA 222: Psychosocial Dysfunction II.