

Common Course Outline

OCTA 222

Psychosocial Dysfunction II

3 Semester Hours

The Community College of Baltimore County

Description

OCTA 222 - 3 credits Psychosocial Dysfunction II facilitates the development of group dynamic and leadership skills; provides practice in assessments and treatment procedures used with mentally ill patients; includes current trends and relevant laws; reinforces skills through laboratory time and participation in a 24 hour internship in a clinical setting.

3 credit hours: 2 lecture hours and 2 laboratory hours per week.

Prerequisite: OCTA 221 with a grade of “C” or higher

Overall course objectives

Upon completion of the course students will:

1. Demonstrate an understanding of group dynamics;
2. Demonstrate emerging group leadership skills;
3. Apply understanding of various developmental group levels and identify the role of the group leader in each of these groups;
4. Identify the type and purpose of various therapeutic groups in psychosocial OT;
5. Demonstrate ability to write a group protocol;
6. Demonstrate ability to plan and implement a treatment program appropriate to the developmental level, deficits and sociocultural context of the client;
7. Demonstrate emerging competence in administration of standardized/structured reassessment tools to assess patient level of functioning;
8. Demonstrate use of safety precautions in clinical and classroom setting;
9. Have an understanding of legislation that impacts mental health patient as well as state standards of practice and how that impacts their practice of occupational therapy;
10. Document in written format patient response to treatment to determine need for modifications of treatment, re-assessment, discharge from services as well as for reimbursement of services;
11. Start to develop therapeutic use of self;
12. Explore and be able to identify roles of OT and OTA in a variety of settings.

Major Topics

- I. Group dynamics
 - A. Types of groups
 - B. Roles of group members
 - C. Therapeutic groups
- II. Leadership skills
 - A. Therapeutic use of self
 - B. Role of leader in facilitating groups
- III. Treatment planning
 - A. Observation
 - B. Assessment
 - C. Activity analysis
 - D. Group planning
 - E. Documentation
- IV. Trends in mental health
 - A. Laws governing mental health practice
 - B. Practice areas in psychosocial treatment
 - C. Role of OT/OTA
- V. Standards of care
 - A. AOTA Code of Ethics
 - B. Confidentiality
 - C. Standards of Practice

Course requirements

Grading/exams: Grading procedures will be determined by individual faculty member but will include quizzes, a midterm and a final exam.

Writing: Requirements will include documenting re-assessment information, writing group protocol, 3 group activity plans, 3 progress notes, case study and a journal related to their Level I fieldwork placement.

Other course information.

OCTA 222: Psychosocial Dysfunction II is based on the theories, clinical diagnosis, medication information and frames of reference reviewed in OCTA 221. With this acquired knowledge students are now expected to apply this knowledge in lab experience and fieldwork.