

Common Course Outline

OCTA 236

Clinical Techniques II

3 Semester Hours

The Community College of Baltimore Count

Description

OCTA 236 – 3 Credits – Clinical Techniques II provides a developmental view of the aging process; covers physical, psychosocial, socio-economic and cultural issues; the effects of normal aging and pathology on function and independence; and prevention, restoration, and maintenance programs. Provides reinforcement through lectures, discussion, readings, and practicum.

3 credits: 2 lecture hours and 2 laboratory hours per week.

Prerequisites: OCTA 201, OCTA 211, and OCTA 216 with a grade of “C” or higher in each course.

Overall Course Objectives

Upon completion of this course the student will be able to:

1. Acknowledge the need for balance of the performance areas and the role of occupation to maintain a health aging process;
2. Identify trends in public policy that impact the delivery of healthcare to the elderly;
3. Identify issues surrounding documentation for reimbursement through Medicare/Medicaid;
4. Understand the models and types of service delivery which occupational therapy services are available;
5. Gain experience in community based programming through the Level I Fieldwork;
6. Demonstrate the ability to enter a client into a service system via screening and assessment through the Level I Fieldwork;
7. Demonstrate the ability to establish and modify the plan of care using an interdisciplinary approach as needed;
8. Demonstrate the ability to document all of the steps in the OT process;
9. Demonstrate the ability to appropriately select and modify age appropriate occupational/purposeful, individual/group activities to achieve the goals outlined in the plan of care through the Level I Fieldwork;
10. Accurately determine the effectiveness of OT intervention – recognizing when to start the discharge process;

11. Demonstrate the ability to train/educate care givers, facility staff, 3rd party payers and the public to the role and purpose of OT and ways to facilitate skills in performance areas, prevention, wellness, and safety.

Major Topics

- I. Aging in the United States
 - A. Aging population and the demographics of the elderly
 - B. OT services in a Medical Based Model/Practice
 - C. OT services in a Community Based Practice
 - D. OT services with a culturally diverse population.
- II. Aging Theories and Process
 - A. Biological Theories of Aging
 - B. Psychological Theories of Aging
 - C. Normal Changes and their functional impact
 - D. Pathological Changes with Vision, Hearing, and Incontinence
 - E. Alzheimer's Disease
- III. Treatment Planning
 - A. Identify needs via screening and re-assessment
 - B. Treatment Planning
 - C. Treatment Implementation and modify as indicated
 - D. Evaluate the effectiveness of treatment implementation
 - E. Manual and electronic documentation guidelines
- IV. Healthcare Policies
 - A. Medicare and Medicaid Documentation Standards
 - B. Restraint Reduction Rules/ Regulations
 - C. Roles of OTR/ OTA – Collaborative Approach
- V. Death and Dying
 - A. Dying is a part of the Developmental Process
 - B. Dying with Dignity
 - C. Role of the COTA in Hospice

Grading/exams: Grading procedures will be determined by the individual faculty member and will include the following:

1. Unit Test (2)
2. Quizzes (2)
3. Article Reviews (2)
4. Interview Senior Citizen Project
5. Senior Living Project
6. Final Project
7. Level I Fieldwork Requirement
8. Final Exam

A fieldwork form has been developed for use on Level I fieldwork. It is completed by the clinical supervisor at the Level I fieldwork site.

Writing: The individual faculty member will determine specific writing assignments.

Other Course Information

This course is a required course in the Occupational Therapy Assistant Program which is offered by the School of Health Professions.

Revised: 9/26/06