

# COMMON COURSE OUTLINE

## PSYC 105

### Human Relations

3 Semester Hours

## The Community College of Baltimore County

### Description

Human Relations in a Culturally Diverse Society

Applies psychological principles, theories, and research to a broad range of interpersonal relationships; explores self-understanding, personality, friendship, family, group dynamics, and work relationships; employs cross-cultural research and diverse different cultural perspectives.

Prerequisite: (ENGL 052 or LVE 2) or (ESOL 052 or LVE 2) and (RDNG 052 or LVR 2)

### Overall Course Objectives

Upon completion of the course, the student will be able to:

1. Demonstrate they have learned the fundamental theoretical perspectives, principles, concepts, vocabulary and methodology for each of the topics listed in the "Major Topics" section of this syllabus.
2. Compare and contrast the major theoretical perspectives in human relations.
3. Critically analyze and apply data derived from psychological research on interpersonal relationships in evaluating alternatives and making decisions.
4. Analyze, and evaluate information on interpersonal relationships found in film, television, radio, print, or information technology resources.
5. Apply concepts learned in human relations to one's own experiences, the workplace, and a culturally diverse community.
6. Communicate the understanding of interpersonal relationship concepts in written, oral, and/or signed format.
7. Describe the relevance of ethnicity, gender, religion, age, and race to understanding differences in behavior, attitudes, and perceptions of interpersonal relationships.
8. Demonstrate knowledge of informational technology tools for accessing, interpreting, and expressing knowledge of interpersonal relationships in a rapidly changing world.
9. Develop the skills to analyze their strengths and weaknesses as learners.

10. Recognize that psychological information pertaining to human relations is continually evolving which requires the ability to pursue lifelong learning both independently and collaboratively.

### **Major Topics**

1. Research methods used in studying interpersonal relationships.
2. Theoretical perspectives in human relations.
3. Overview of human development topics
4. Theories of personality and self
5. Stress: its effects and coping strategies
6. Interpersonal communication
7. Conflict management
8. The role of culture on group dynamics and interpersonal relationships
9. Cultural influences on perception
10. Leadership and management
11. Gender and behavior
12. Friendship and love
13. Marriage and intimate relationships
14. Interpersonal relationships in the work environment
15. Psychological Disorders
16. Therapy and Counseling

### **Course Requirements**

Evaluation and student feedback in this course will combine several of the following formats:

1. Tests/Quizzes
2. Service learning
3. Research papers
4. Oral presentations

5. Cooperative learning group assignments
6. Written analysis of case studies
7. Classroom participation
8. Project using the Psychology Abstracts
9. Written observation reports applying course material

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