

Common Course Outline
RECR 106
Leadership: Theory and Practice
3 Semester Hours

The Community College of Baltimore County

Description

Leadership: Theory and Practice

Studies leadership skills and techniques; includes basic planning skills for planning a comprehensive recreation program for any community of people; provides opportunities for practical and laboratory experience.

3 credits: 2 lecture hours and 2 laboratory hours per week

Overall Course Objectives

Upon completion of this course the student will be able to:

1. Utilize basic leadership skills and techniques;
2. Analyze individual and group class members' leadership skills as the course begins and after course completion;
3. Write an activity plan correctly;
4. Put into practice leadership and group dynamics techniques by leading the class in prescribed activities;
5. Assess an active group utilizing various principles of group dynamics;
6. Practice successful group leadership;
7. Use these new leadership skills in a volunteer leadership capacity; and
8. Utilize the skills of face-to-face leadership in the recreation and park profession.

Major Topics

- I. Leadership Theories and Styles
- II. Leadership and Human Development
- III. Group Dynamics
- IV. Direct Leadership Techniques
- V. Communication Skills
- VI. Non-verbal Communication Skills
- VII. Managing Difficulties
- VIII. Motivating Participants
- IX. Diversity and Leisure Service Leadership
- X. Values and Ethics in Leisure Leadership
- XI. Risk Management in Direct Leadership
- XII. Social and Professional Issues in Leisure Services

Course Requirements

Grading/exams/writing assignments: Grading procedures will be determined by the individual faculty member but will include the following:

- ◆ Readings and exercises which include
 - Writing a sample and a real activity plan
 - Writing clear and concise evaluative reports at the conclusion of each of the special events below
- ◆ Participation in the planning, preparation, and execution of three special events
- ◆ Leadership of the entire class in a particular instructor-assigned activity, such as, outdoor activities, games, crafts, songs, dramatic activities, or dance
- ◆ Three hourly exams and one final exam
- ◆ Participation in in-class discussion
- ◆ Completion of twenty hours of volunteer leadership experience with analysis of leadership and group process for each hour accomplished through weekly written reports.

Other Course Information

This is a minimum course outline. Individual instructors have the right to add additional requirements.