

Common Course Outline
RECR 155
American Recreational Dance: Ballroom, Country, Folk, & Square
2 Semester Hours

The Community College of Baltimore County

Description

American Recreational Dance: Ballroom, Country, Folk, & Square emphasizes basic fundamentals of the contemporary activities of dance. The course provides students with skills and knowledge in these four areas of dance in America today. Ballroom consists of swing, waltz, Latin dances, fox trot, and American cha cha. Country consists of line dancing and English Country dancing. Folk dance consists of American and International folk dance such as, Appalachian clog dancing and ethnic folk dances. Square dance is the typical American invention of modern western square dance.

Overall Course Objectives

Upon completion of this course the student will be able to:

- 1) Determine the time signature of a piece of dance music;
- 2) Select the dances that could be done to any piece of dance music;
- 3) Explain the clothing that should be worn for various kinds of dances styles;
- 4) Define and identify the following dances: no-partner dance, international folk dance, American Western square dance, contra dance, clogging, round dance, social dances such as two Latin dances (samba, merengue, tango, mambo, bolero, or rumba), fox trot, swing (jitterbug), waltz, polka, and cha cha.
- 5) Lead and follow a dance partner;
- 6) Dance two line (no-partner dances);
- 7) Dance at the intermediate square dance level;
- 8) Dance at least five international folk dances;
- 9) Dance the magic step in fox trot;
- 10) Dance the closed position cha cha;
- 11) Dance the open position jitterbug;
- 12) Dance and turn in the waltz and polka; and
- 13) Dance two Latin dances.

Major Topics

- I. Rhythm and ear training
- II. Proper dancing attire
- III. The eight forms of locomotion
- IV. Leading and following

- V. Special techniques for teaching dance
- VI. American Western square dance
- VII. American and International folk dance
- VIII. Ballroom dance

Course Requirements

1. Grading/exams/writing assignments: Grading procedures will be determined by the individual faculty member but will include the following:
2. Two field trips
 - a. contra dancing
 - b. ballroom dancing
3. Instruct the class in one no-partner dance
4. Participate in class (dance)
5. Perform the required dances
6. One final exam project

Other Course Information

The Community College of Baltimore County is committed to providing a high-quality learning experience that results in growth in knowledge, attitudes, and skills necessary to function successfully as a transfer student, in a career and as a citizen. To accomplish this goal, we maintain high academic standards and expect students to accept responsibility for their individual growth by attending classes, completing all homework and other assignments, participating in class activities and preparing for tests.

We take seriously our responsibility to maintain high-quality programs and will periodically ask you to participate in assessment activities to determine whether our students are attaining the knowledge, attitudes and skills appropriate to various courses and programs. The assessment activities may take many different forms such as surveys, standardized or faculty-developed tests, discussion groups or portfolio evaluations. We ask that you take these activities seriously so that we can obtain valid data to use for the continuous improvements of CCBC's courses and programs.

This is a minimum course outline. Individual instructors have the right to add additional requirements.