

Common Course Outline
(HFMJ 181-184)
(Cooperative Education I: Health and Fitness Studies)
1 – 4 Credits

The Community College of Baltimore County

Description

Cooperative Education I: Health and Fitness Studies

Provides academic credit for knowledge and skill outcomes derived from a planned work experience in the student's chosen career field; provides entry-level career-related experience and workplace competencies that employers value when hiring new employees.

Prerequisite: 12 college credits in Health and Fitness Studies Curriculum, 2.5 QPA (in major), 2.0 overall GPA.

Overall Course Objectives

Upon completion of this course the student will be able to:

1. Participate in the job search process.
2. Apply appropriate workplace behaviors in a professional setting.
3. Demonstrate knowledge and skill appropriate to job assignment related to program of study and career goals.
4. Evidence increased content knowledge gained through practical experience related to program of study and career goals.
5. Evaluate the co-op experience in terms of their personal, education and career needs.
6. Describe heightened sense of identity and connection to society.

Major Topics

Co-op learning objectives are individualized and are developed cooperatively by the student, faculty coordinator, and work supervisor. Once the student has been placed with an employer, he/she will formulate tentative learning objective with the assistance of the faculty coordinator. Learning objectives must describe the activities (tasks) that the student will learn and perform on the job. The student must state specifically WHAT he/she will be able to do at the end of your work experience period, as a result of the co-op placement.

Course Requirements

The student's final grade will be based on four components:

Employer's Mid-Term Evaluation25%
Employer's Final Evaluation25%
Attainment of co-op learning objectives25%
Related departmental assignments25%

(including student project, weekly logs, and related departmental assignments)

Other Course Information