

# CCBC Life Enrichment Classes in Your Neighborhood

*Move. Groove. Paint. Sing. Learn.* You name it, CCBC has it. Whether you've always imagined yourself a painter, a fiction writer, or a belly dancer, you can find a course here, close to your home or office.

## Arbutus Middle School

5525 Shelbourne Road  
Arbutus, MD 21227

## Western School of Technology

100 Kenwood Avenue  
Catonsville, MD 21228

## Westowne Elementary School

401 Harlem Lane  
Catonsville, MD 21228

### SCHEDULE OF CLASSES • Fall 2008

#### ARBUTUS MIDDLE SCHOOL

	<b>Starting 9/8</b>	
Yoga	\$72	7:30-9pm
Aerobics Cardio Kickbox Express	\$77	7:15-8:15pm
Buns and Abs Aerobics	\$77	8:15-9:15PM
Herbs and Health	\$55	7-8:30pm
MD Basic Boating Certificate	\$29	6:30-9:25pm
Fitness Walking/Conditioning	\$77	7-8pm
	<b>Starting 9/10</b>	
Ballroom Dancing-Introductory	\$82	7-9pm
Basic Spanish 1A	\$165	7-9:10pm
	<b>Starting 9/15</b>	
Guitar Basics	\$69	7-9pm
The Lazy Gardner	\$75	7-9pm
	<b>Starting 9/17</b>	
Floral Design I	\$46	7-9pm
	<b>Starting 9/22</b>	
Harmonica Fundamentals	\$75	7-8pm
	<b>Starting 9/24</b>	
Drawing: Beyond the Basics	\$79	7-9pm
	<b>Starting 10/1</b>	
Cake Decorating Beginning	\$52	7-9pm
Introduction to Drawing	\$79	7-9pm
	<b>Starting 10/13</b>	
Getting Started with Spanish	\$99	7-8:30pm
	<b>Starting 10/22</b>	
Floral Design II	\$46	7-9pm
	<b>Starting 11/5</b>	
Cake Decorating Continuing	\$52	7-9pm

#### WESTERN SCHOOL OF TECHNOLOGY

	<b>Starting 9/8</b>	
Arabian Belly Dancing	\$55	6:15-7:45pm
Fitness Walking/Conditioning	\$77	7-8pm
Step into Shape Aerobics	\$77	8-9pm
	<b>Starting 10/20</b>	
Arabian Belly Dancing	\$55	6:15-7:45pm

#### WESTOWNE ELEMENTARY

	<b>Starting 9/8</b>	
Mat Pilates	\$67	6:30-7:30pm
Yoga	\$72	7:30-9pm