# SENIOR ADVENTURES IN LEARNING AT CCBC WINTER AND SPRING 2026



This winter and spring, explore Senior Adventures in Learning at CCBC! Embark on your next hobby, friendship or learning opportunity. Take courses at CCBC Hunt Valley, Owings Mills, Catonsville, Essex and Dundalk or online.

## **ART**

### **ART 839**

## Acrylic Painting #2

Elevate your acrylic painting prowess! Explore underpainting, tackle complex subject matter and receive personalized guidance and constructive critiques to perfect your art. Prerequisite: Basic Acrylic Painting. Instructor: Alan Fink.

Total Cost: \$89 (Tuition: \$0 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Location
75526	R(10)	1/15-3/19	10 a.m12 p.m.	OM
75373	R(10)	4/16-6/18	10 a m -12 p m	OM

### Individuals 60+ years old only pay fees.

For more information, call 443.840.2222 or visit ccbcmd.edu/seniors.



### **ART 494**

### **Adventures with Watercolor**

Explore watercolors in this introductory course. Learn color theory, color mixing, differences in tools and materials and still-life painting techniques. Perfect for beginners. Supplies will be discussed during first class session. Instructor: Karen Ruberry.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
804	R(8)	4/16-6/4	9:30-11:15 a.m.	E

### **ART 927**

## **Basic Acrylic Painting Part 2**

Advance your intermediate acrylic artistry with techniques in perspective, spatial relationships, composition, colorwork, brushwork and portrait painting while receiving expert critiques. Instructor: Alan Fink.

Total Cost: \$89 (Tuition: \$0 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Locatio
75425	F(10)	1/16-3/20	10 a.m12 p.m.	Zoom
75761	F(10)	4/10-6/12	10 a.m12 p.m.	Zoom

### **ARB 181**

## Drawing and Painting for the Senior Adult

Learn basic techniques for creating two-dimensional media, focusing on media use, techniques for desired effects and essential equipment for completing projects. Instructor: Dr. Joseph Cassar.

Total Cost: \$104 (Tuition: \$15 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Location
73701	F(8)	5/1-6/26	9:30-11:30 a.m.	HV
73703	F(8)	5/1-6/26	11:35 a.m1:35 p.m.	HV

### **ART 043**

## **Drawing for Beginners**

Unlock your drawing talent by learning to use lines, shapes, form, contour and perspective. Bring a 9"x12" or larger drawing pad, pencil and eraser. Supply list to follow. Instructor: Marcia Bornfriend.

Total Cost: \$89 (Tuition: \$0 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Location	
75021	T(10)	1/13-3/27	10 a.m12 p.m.	OM	
76170	T(10)	4/14-6/16	10 a.m12 p.m.	OM	

#### **ARB 251**

### **Drawing I**

Master essential drawing skills and create confident, accurate artwork through hands-on guidance and instructorled demos. IMPORTANT NOTE: Supplies will be discussed during the first class session. Instructor: Negin Nejad Mohseni.

Total Cost: \$134 (Tuition: \$0 Fees: \$134)

CRN#	Day/Ses.	Dates	Time	Location	
73275	T(10)	1/13-3/17	9:30 a.m12:45 p.m.	HV	
74142	T(10)	4/14-6/16	9:30 a.m12:45 p.m.	HV	

### **ARB 271**

## **Drawing II**

Apply principles from Drawing I, including the four major atelier techniques, to complete a project using mechanical pencil, pan pastel and/or charcoal pencil. Students will learn and practice the block-in and mass-in methods of drawing and modeling the drawing as well. IMPORTANT NOTE: Supplies will be discussed during the first class session. Instructor: Negin Nejad Mohseni.

Total Cost: \$134 (Tuition: \$0 Fees: \$134)

CRN#	Day/Ses.	Dates	Time	Location	
74205	T(10)	1/13-3/17	1-4:15 p.m.	HV	
74202	T(10)	4/14-6/16	1-4:15 p.m.	HV	

### **ART 977**

## **Beginning Drawing Part 2**

Expand on your Drawing for Beginners skills by mastering using charcoal, pastels and graphite. Learn to create portraits, perspective drawings, landscapes and stilllifes. Bring a pencil and art pad to the first class; a supply list will be provided. Instructor: Marcia Bornfriend.

Total Cost: \$89 (Tuition: \$0 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Location
75424	F(10)	1/16-3/20	10 a.m12 p.m.	OM
76219	F(10)	4/10-6/12	10 a.m12 p.m.	OM

### **ART 117**

## **Drawing Studio**

Practice drawing landscapes, portraits or objects from observations or imagination. Improve the way you use line, shape, value, form and contour and perspectives. IMPORTANT NOTE: This is a self paced, independent art class with NO instructor where students can work on their art work independently.

Total Cost: \$45 (Tuition: \$0 Fees: \$45)

CRN#	Day/Ses.	Dates	Time	Location
73802	F(7)	3/6-4/24	10-11:45 a.m.	HV

### **ART 976**

## **Independent Drawing Studio**

Explore various mediums, subjects and artistic styles of your choice. Create independent art while improving your drawing skills through critiques and encouragement from your instructor. Instructor: Marcia Bornfriend.

Total Cost: \$89 (Tuition: \$0 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Location	
74801	M(10)	1/12-3/23	1-3 p.m.	OM	
75318	M(10)	4/13-6/22	1-3 p.m.	OM	

#### **ARB 276**

## ISMS: A Dictionary of Artistic Terms and Movements (NEW)

Explore the world of art alphabetically — from abstract expressionism to surrealism — alongside vivid images and detailed descriptions. Instructor: Joseph Cassar, PhD.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
75012	T(8)	2/3-3/24	9:30-11 a.m.	Zoom

### **ART 996**

### Modern Watercolor

Wake up your watercolor skills! Explore a new technique each week, such as pouring, negative painting, masking, Yupo paper, watercolor crayons or salting. IMPORTANT NOTE: Basic Drawing and Watercolor painting skills are required for this class and supplies will be discussed during the first class session. Instructor: lennifer Murtha.

Total Cost: \$89 (Tuition: \$0 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Location	
73279	T(10)	1/13-3/17	1–3 p.m.	HV	
73756	T(10)	4/14-6/16	1-3 p.m.	HV	

### **ART 891**

## Portrait and Oil Painting Combo

Refine portrait and oil painting skills, focusing on lighting, posing and techniques. Bring a drawing pad, graphite pencils, kneaded eraser and a portrait photo. Material list to follow. IMPORTANT NOTE: Supplies will be discussed during first class session. Instructor: Jennifer Murtha.

Total Cost: \$89 (Tuition: \$0 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Location	
73278	R(10)	1/15-3/19	10 a.m12 p.m.	HV	
73788	R(10)	4/16-6/18	10 a.m12 p.m.	HV	

### **ARB 268**

## **Painting Spring Flowers**

Love spring flowers? In this course, you'll learn to sketch blooms in pencil, ink and watercolor with step-by-step guidance. Explore techniques for simplifying composition, using contrast and varying color, tone and edges to capture their beauty and freshness. Open to all skill levels. Instructor: Alina Kurbiel.

Total Cost: \$89 (Tuition: \$0 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Location
73697	M(10)	2/9-4/27	10 a.m12 p.m.	Zoom

### **ART 321**

## Watercolor Painting – Beginners/Intermediate

Learn painting skills, including wash, dry brush and masking techniques for subjects such as landscapes, still life and portraits. IMPORTANT NOTE: Basic Drawing Skills are required before taking this class. This is not a true beginners class. Supplies will be discussed during the first class session. Instructor: Jennifer Murtha.

Total Cost: \$99 (Tuition: \$10 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Location
73276	T(10)	1/13-3/17	10 a.m12 p.m.	HV
73277	R(10)	1/15-3/19	1-3 p.m.	HV
73754	T(10)	4/14-6/16	10 a.m12 p.m.	HV
73755	R(10)	4/16-6/18	1-3 p.m.	HV

## **COMPUTERS**

### **PCA 696**

### **Android Phones and Tablets**

Learn how to purchase and confidently use an Android smart device, including how to install and use apps, take photos, shoot videos and download books. IMPORTANT NOTE: Please bring your own devices to each class session. Instructor: Jason Knauer.

Total Cost: \$83 (Tuition: \$10 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
74051	M(5)	2/2-3/2	10 a.m12 p.m.	HV
74050	T(5)	5/5-6/2	10 a.m12 p.m.	HV

### PCO 336

### Basic iPad and iPhone for Seniors

Use your iPad and iPhone with ease! Learn to navigate the software, updates and apps. Explore your camera and iCloud to get the most from your device. IMPORTANT NOTE: Please bring your own devices to each class session. Instructor: Dona Rucci.

Total Cost: \$99 (Tuition: \$15 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
73834	W(10)	4/15-6/17	10 a.m12 p.m.	HV

#### **PCO 357**

## **Beginning iPhones for Seniors**

Use your iPhone like a Pro. Learn to use apps, the camera, GPS and begin to integrate its features into daily life. Students must bring their iPhones to class. Instructor: Katessa Trafton.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
73182	M(6)	2/2-3/9	10 a.m12 p.m.	CC
73380	W(6)	2/4-3/11	1–3 p.m.	HV
73709	R(6)	5/7-6/11	1-3 p.m.	EC

#### **PCO 260**

## Computers: Getting to Know Them #1

Gain computer basics in a relaxed class setting. Learn how to personalize and back up your device, use a mouse, access files, create emails, navigate browsers and set up security. Instructor: Lee Klima.

Total Cost: \$83 (Tuition: \$10 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
74797	M(5)	1/12-2/16	10 a.m12 p.m.	OM
73646	S(5)	1/24-2/21	10 a.m12 p.m.	HV

### PCO 261

## Computers: Getting to Know Them #2

Building on skills learned in Computers: Getting to Know Them #1. Learn email operation, text modification, attachments, toolbar controls, text size, columns, stationery, signatures and receipts. Instructor: Lee Klima.

Total Cost: \$83 (Tuition: \$10 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
74798	M(5)	2/23-3/23	10 a.m12 p.m.	OM
73719	S(5)	2/28-4/11	10 a.m12 p.m.	HV

### PCO 295

## Computers: Getting to Know Microsoft Excel #4

Learn Microsoft Excel formulas, headers, passwords, timestamps, paintbrush, row and column resizing, cell formatting, freeze frames and more. Bring a flash drive to save work weekly. Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Locatio
75709	M(5)	5/18-6/22	10 a.m12 p.m.	OM

### **PCO 294**

## Computers: Getting to Know Microsoft Word #3

Use Microsoft Word effectively to create documents. Explore the toolbar, dropdown menus and email merging. Prerequisites: Computers: Getting to Know Windows 10 and Computers: Getting to Know Email. Instructor: Lee Klima.

Total Cost: \$88 (Tuition: \$20 Fees: \$68)

CRN#	Day/Ses.	Dates	Time	Location	
75715	M(5)	4/13-5/11	10 a.m12 p.m.	OM	
73716	S(5)	4/18-5/16	10 a.m12 p.m.	HV	

### PCO 495

## **Computers: Getting to Know PowerPoint**

Use Microsoft PowerPoint to produce informational presentations. Learn to use templates; add text boxes, pictures, videos and presenter's notes; create transitions and animation; and customize the toolbar. Instructor: Lee Klima.

Total Cost: \$83 (Tuition: \$10 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location	
75637	R(5)	4/16-5/14	10 a.m12 p.m.	OM	

### PCO 461

## Cyber for Seniors: Stay Safe Online

Learn to spot online scams and stay safe on the internet. Engage in fun, hands-on activities to reinforce your skills. Instructor: Kim Thornton.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
73224	R(6)	2/12-3/19	1-3 p.m.	EC

### **PCA 794**

## Introduction to Using Your MacBook

Set-up and use your MacBook with confidence. Learn

how to organize and store files and folders, how to navigate built-in Apple software programs such as iTunes, word-processing and photography. Instructor: Kayla Tullis.

Total Cost: \$99 (Tuition: \$10 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Location
74114	F(6)	5/1-6/5	2:30 – 4:30 p.m.	EC

## COOKING

Please check for food allergies before registering for any cooking classes.

### **CKG 313**

### **Brunch Basics and More (NEW)**

Learn to make brunch favorites, including omelets, eggs Benedict and acai bowls. \$40 materials fee due first class to Michelle's Kitchen. Instructor: Michelle Sapp.

Total Cost: \$71 (Tuition: \$0 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location
75372	R(6)	4/16-5/21	10:30 a.m12 p.m.	OM

### **CKG 311**

### Winter Stews, Soups and Chowders (NEW)

Learn to make hearty bowls of chicken noodle, roasted tomato, clam chowder and lamb barley soups and more. \$40 materials fee due first class to Michelle's Kitchen. Instructor: Michelle Sapp.

Total Cost: \$71 (Tuition: \$0 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location
75566	R(6)	1/15-2/19	10-11:30 a.m.	OM

### **CKG 308**

## **Delicious Delights: Fun and Easy Plant-Based Cooking**

Get inspired! Learn about the plant-based lifestyle and explore simple, flavorful recipes and practical techniques to craft your own Earth-friendly dishes. Material fee of \$10 per student is due to be paid to the instructor during the first class session. Instructor: Jamila Weber.

Total Cost: \$63 (Tuition: \$0 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location	
76366	W(6)	2/4-3/11	12-1:15 p.m.	HV	
76365	W(6)	5/6-6/10	12-1:15 p.m.	HV	

## **CRAFTS AND HOBBIES**

### **HST 272**

## Affordable Antiques at Auction (NEW)

Learn how auctions work and how to bid online or in person on fine china, art, furniture, quilts, tools and more. Instructor: Meg Fairfax Fielding.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location
75025	W(6)	1/14-2/18	10-11:30 a.m.	OM

### **PDV 350**

## **Beginning Mahjong**

Learn to play Mah Jong! Explore the game's history and rules. Practice playing while receiving expert tips. Instructor: Geri Willen.

Total Cost: \$71 (Tuition: \$0 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location
75983	T(6)	4/14-5/19	10-11:30 a.m.	OM

### **ARB 269**

## Fashion Design for Beginners (NEW)

Examine the essentials of fashion design: sizing, terminology, fabrics, pattern-making, measuring and sketching designs for all body types. Instructor: Trish Presley.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location	
75087	T(6)	1/13-2/17	10-11:30 a.m.	OM	
76171	T(6)	4/14-5/19	10-11:30 a.m.	OM	

### **ART 956**

### Fused Glass Art 101

Discover the ancient art of kiln glass fusing from 1500 BC. Learn its history and vocabulary, including dichroic glass, and create stunning art pieces. Materials fee: \$55; due to instructor first class. Instructor: Sally Shapiro-Gould.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
73383	W(8)	1/28-3/18	11 a.m1 p.m.	HV
73692	W(8)	4/22-6/10	11 a.m1 p.m.	HV

### **HST 295**

## Identification and Evaluation of Antiques (NEW)

Explore antiques and collectibles from porcelain to furniture. Examine identification, care and valuation, plus tips for buying and selling. Instructor: Dixie Cook.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location
75989	T(6)	4/14-5/19	10-11:30 a.m.	OM

### **ART 817**

### Introduction to Crochet

Master the essentials for crochet success! Learn hook/yarn selection, pattern reading and stitch mastery. Work on a semester project. Materials will be discussed in the first session. Instructor: Colleen Harbison.

Total Cost: \$89 (Tuition: \$0 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Location
73384	W(10)	1/14-3/18	10 a.m12 p.m.	Zoom
73807	W(10)	4/15-6/17	10 a.m12 p.m.	Zoom

### **ART 901**

## Jewelry Making with Wire Work: Make Your Own Accessories

Join our jewelry-making class to learn wire work basics and tool uses, and design your own pieces with clasps, links and beads. Discover the correct wire for every project. Material Fee of \$45, due to be paid to the instructor during the first class session. IMPORTANT NOTE: Both beginner and intermediate makers welcomed. Instructor: Jackie Orisin.

Total Cost: \$83 (Tuition: \$0 Fees: \$83)

CRN#	Day/Ses.	Dates	Time	Location
73702	W(6)	4/15-5/20	1-3:30 p.m.	HV

### **ART 953**

## **Knitting for Beginners**

Learn knitting basics, including terminology, knit/purl stitches, casting on and binding off. Understand needle sizes and yarn types. Materials fee: \$18, due first class. Instructor: Marjorie Granek.

Total Cost: \$71 (Tuition: \$0 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location	
74800	M(6)	1/26-3/2	1-2:30 p.m.	OM	
75204	M(6)	4/13-5/18	1-2:30 p.m.	OM	

### **PDV 383**

## **Learn to Play Canasta**

Learn Canasta rules, scoring and strategic play with us! Play with a partner, practice different hands and have fun! Instructor: Geri Willen.

Total Cost: \$71 (Tuition: \$0 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location
75636	T(6)	4/13-5/18	10:30 a.m11:30 a.m.	OM

### **PDV 334**

## Let My Clutter Go!

Learn how to dispose of things you no longer want or need. Discover tips, tricks and strategies to help you downsize and declutter. Locate local resources for your unwanted items and products you can use to reorganize your space with items that will remain. Instructor: Cindy Bernstein.

Total Cost: \$58 (Tuition: \$0 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
<i>7</i> 6196	R(4)	4/16-5/7	1-2:30 p.m.	Zoom

#### **ART 914**

## Making Beautiful and Fun Greeting Cards

Craft greeting cards! Learn techniques, styles and materials to create cards for all occasions. Bring scissors, ruler, pencils, tape and 2-sided tape. Materials fee: \$10, due first class. Instructor: Christine Tripson.

Total Cost: \$58 (Tuition: \$0 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location	
74799	M(4)	1/26-2/16	1-2:30 p.m.	OM	
75205	M(4)	4/13-5/4	1-2:30 p.m.	OM	

### **ART 958**

### Mixed Media Mosaics

Craft unique art by merging mosaic and collage techniques. Create highly personalized masterpieces in class by mixing instructor-provided glass, buttons, ceramics and other trinkets with your own. Material Fee of \$45 due to be paid to the instructor during the first class session. Instructor: Sally Shapiro-Gould.

Total Cost: \$84 (Tuition: \$0 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location	
73381	W(8)	1/28-3/18	2–4 p.m.	HV	
73704	W(8)	4/22-6/10	2-4 p.m.	HV	

### PDV 471

## The Thinking Funhouse: Brain Games and Group Fun (NEW)

Boost your mood, reduce stress and have fun through laughter, creative activities, storytelling, games and light movement. Instructor: Nakette Lowery.

Total Cost: \$63 (Tuition: \$0 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location
74337	R(5)	4/9-5/07	10:30 a.m12 p.m.	EC

## **ESSENTIAL INFORMATION FOR SENIORS**

### PCO 492

## Artificial Intelligence and its Applications in Daily Life

Explore artificial intelligence's (AI) impact on daily life, from writing and planning to smart assistants like Alexa and Siri. Learn how to use AI responsibly, protect your privacy and navigate the digital age with confidence. Engage in discussions on ethics, technology and innovation. Instructor: Kim Thornton.

Total Cost: \$93 (Tuition: \$10 Fees: \$83)

CRN#	Day/Ses.	Dates	Time	Location
3831	S(7)	5/2-6/13	10 a.m12 p.m.	HV

### **PDV 470**

## The Psychology of Thriving After 60:

## Psychology of Calm, Clarity and Mindfulness in Later Life

Cultivate inner peace and clarity through science—backed psychological practices tailored for life's later years. Explore mindfulness, guided breathing and journaling to quiet the mind and ease anxiety. Discover tools to reduce worry, embrace gratitude and deepen self–awareness. Instructor: Asia Johnson.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

		Day/Ses. Dates Time Location
5/26-6/30 10 a.m12 p.m.	5/26-6/30 1	

### **PDV 468**

## The Psychology of Thriving After 60: Psychology for a Fulfilling Life

Discover practical strategies to stay mentally sharp, emotionally resilient and socially engaged in your 60s and beyond. Explore brain health, emotional well-being and life transitions like retirement and loss. Learn how to embrace change, find renewed purpose and thrive through aging with insight, support and a fresh sense of connection. Instructor: Asia Johnson.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
73767	T(6)	2/3-3/10	10 a.m12 p.m.	HV

#### **PDV 469**

## The Psychology of Thriving After 60: Psychology, Identity and Meaning After 60

Explore life's deeper meaning after 60 through psychology and storytelling. This course guides you in crafting a legacy project, enhancing writing and reflection skills, and building meaningful connections. Discover how your narrative can illuminate identity, foster growth and leave a lasting impact for generations. Instructor: Asia Johnson.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
73827	T(6)	4/14-5/19	10 a.m12 p.m.	HV

## **GENEALOGY**

### **PCO 427**

## Family History Research with Ancestry.com

Learn how to use Ancestry.com to research and expand your family tree. Explore historical records, DNA matches and ancestor stories while gaining skills in verifying information, navigating the site and staying safe online. An active Ancestry.com subscription is required. Instructor: Dave Powell.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location	
73338	R(8)	1/29-3/19	1-2:30 p.m.	HV	

### **PCO 428**

## Family History Research with Familysearch.org

Learn to use Familysearch.org for family history research. Understand how to access historical records, expand your family tree and ensure online security. Instructor: Dave Powell.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
:1	R(8)	4/16-6/4	1-2:30 p.m.	HV

#### HIT 997

## Finding Your Family Roots, Beginners

Research your family tree by exploring genealogy forms, techniques and sources, including digital tools. Learn about citations, pedigree charts and naming variations for thorough documentation. Instructor: Dave Powell.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location	
73337	T(8)	1/27-3/17	1-2:30 p.m.	HV	

### HIT 999

## Finding Your Family Roots, Beyond Beginners

Deepen your ancestral knowledge! Learn to digitally organize genealogical data and explore resources such as newspapers, land records and cemetery listings. Discover how DNA analysis can enrich your research journey. Instructor: Dave Powell.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location	
73713	T(8)	4/14-6/2	1-2:30 p.m.	HV	

### **PDV 445**

## Foreign Genealogy Research

Enhance your genealogy research by exploring family history beyond the U.S. Topics include finding and using foreign records online, interpreting these records with English-language tools, translating documents and understanding foreign record terminology. Instructor: Dave Powell.

Total Cost: \$83 (Tuition: \$10 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
73652	F(5)	2/6-3/6	10 a.m12 p.m.	HV

### **HST 316**

## Genealogical Differences Between Ashkenazi and Sephardic Jews (NEW)

Examine the history, migration, genetics and culture of Ashkenazi and Sephardic Jews, including Jewish name origins and the Jewish Diaspora. Instructor: Harry Ezratty, Esq.

Total Cost: \$68 (Tuition: \$10 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location	
75203	W(4)	1/14-2/4	1-2:30 p.m.	OM	

#### **HIS 458**

## **Genealogy DNA**

Gain some knowledge on the types and uses of genealogical DNA testing. Learn about the various tests that are available and what they provide you, learn how you can find out what your ethnic background is, and even, perhaps, find out a few surprises along the way. Will take place at the Historical Society of Baltimore County (Address: 9811 Van Buren Lane, Cockeysville, MD. 21030). Instructor: Dave Powell.

Total Cost: \$39 (Tuition: \$0 Fees: \$39)

CRN#	Day/Ses.	Dates	Time	Location
73342	F(1)	3/13	1:30-3 p.m.	HSB

### **PDV 365**

## **Genealogy: Ancestry.com Website**

Turbocharge your ancestral research! Learn to unlock a vast treasure trove of historical records, DNA info and family tree details from 80 countries using Ancestry.com. An active Ancestry.com subscription is required. Will take place at the Historical Society of Baltimore County (Address: 9811 Van Buren Lane, Cockeysville, MD 21030). Instructor: David Powell.

Total Cost: \$39 (Tuition: \$0 Fees: \$39)

CRN#	Day/Ses.	Dates	Time	Location
73343	F(1)	1/30	1:30-3 p.m.	HSB

### **HST 085**

## **Understanding Genealogy Research**

Embark on a journey into your family's past. Learn research basics from an experienced genealogist. Explore computer resources and genealogical websites to build or expand your family tree. Instructor: Dave Powell.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location	
73714	F(4)	5/1-22	10 a.m12 p.m.	HV	

### **HST 286**

## **Using FamilySearch for Family Genealogy**

Learn to use FamilySearch.org to explore and expand your family history. Discover domestic and international records, uncover ancestor stories, verify family connections and stay safe online — all with this research tool. Will take place at the Historical Society of Baltimore County (Address: 9811 Van Buren Lane, Cockeysville, MD 21030). Instructor: Dave Powell.

Total Cost: \$39 (Tuition: \$0 Fees: \$39)

CRN#	Day/Ses.	Dates	Time	Location
74208	F(1)	2/27	1:30-3 p.m.	HSB

## HISTORY, POLITICS AND EVENTS

#### **HIS 980**

## A Colorful History of Las Vegas

Learn how Las Vegas became the international adult playground it is today. Topics include organized crime and gambling; Bugsy Siegel and Hollywood; the Flamingo Casino; the origin of Las Vegas nicknames; major players in its development and expansion and more. Instructor: Bill Krause.

Total Cost: \$93 (Tuition: \$10 Fees: \$83)

CRN#	Day/Ses.	Dates	Time	Location
73765	W(8)	2/4-3/25	1-2:30 p.m.	HV

### **LAW 050**

## AI, Algorithms and Amendments: How the Constitution May Need to Evolve (NEW)

Examine privacy, amendments, due process and the implications of algorithmic justice in a digital world. Instructor: Matthew Harding.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location
73695	W(4)	3/4-25	10 a.m12 p.m.	Zoom

### LAW 052

## Al: Authority, Rights and the Future of Justice (NEW)

Dive into AI, law and ethics across criminal justice, employment and finance, focusing on bias and accountability. Instructor: Matthew Harding.

Total Cost: \$68 (Tuition: \$10 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
75427	F(4)	1/16-2/6	10:30 a.m12 p.m.	Zoom

### **HST 308**

## American Icons and Legends: The Imperial Crisis, 1764 to 1774, Part I (NEW)

Revisit the crucial decade before the American Revolution, including the Boston Massacre, colonial resistance and key figures. NOTE: Simulcast class. Instructor: Patrick Heline.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
74340	T(8)	1/13-3/3	10-11:30 a.m.	Zoom
74338	T(8)	1/13-3/3	10-11:30 a.m.	HV

#### **HST 270**

## American Icons and Legends: The Imperial Crisis, 1764 to 1774, Part II (NEW)

Continue exploring the pre-Revolution decade, including Paul Revere's ride, colonial resistance, key figures and literature. NOTE: Simulcast class. Instructor: Patrick Heline.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location	
74375	M(6)	4/13-5/18	10-11:45 a.m.	HV	
74376	M(6)	4/13-5/18	10-11:45 a.m.	Zoom	Individuals 60+ years old only pay fees.

### Art and Architecture of the Ancient Near East

Explore the art and architecture of the ancient Near East, from Sumerians to Persians. Examine key monuments, visual expression and cultural shifts, highlighting how politics, economy and cross-cultural exchange shaped early civilizations and their art. Instructor: Barbara Baxter.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location	
74152	T(6)	1/20-2/24	1-2:30 p.m.	HV	

### **HST 305**

## Baltimore Steel Mill History – Industry, Labor and Legacy (NEW)

Step inside American steel's history at Bethlehem Steel, Sparrows Point, MD, exploring labor, innovation, immigration and environmental impact. Instructor: Kodell Harris.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location
74307	W(6)	4/22-5/27	10:30 a.m12 p.m.	DC

### **HST 083**

### Baltimore Stories: Scandals, Fire, Labor and More

Delve into Baltimore's captivating history! This course is packed with intriguing information and stories ripped from the headlines, including accounts of the Baltimore Fire, scandals, immigration experiences, child labor, spy stories and more. Instructor: Jennifer Liles.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
75365	T(8)	1/13-3/3	10:30 a.m12 p.m.	Zoom

### **HST 311**

## Brick by Brick: Exploring Baltimore's Historic Buildings: Museums and Monuments (NEW)

Examine Baltimore's museums and monuments, including preservation, contested histories and how they shape public memory. Instructor: Jenai Johnson.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location
74452	S(6)	5/30-7/18	10-11:30 a m	HV

### **HST 306**

## Civil Rights in Baltimore – Local Struggles, National Impact (NEW)

Discover Baltimore's Civil Rights journey, key events, leaders and modern activism shaping justice and community resilience. Instructor: Kodell Harris.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location	
74306	F(6)	2/13-3/20	1-2:30 p.m.	HV	

### HIT 673

### Civilizations of the Ancient World

Delve into the exciting study of cultural ideas and practices of ancient times that helped shape the western world of today. From the humble beginnings of early civilizations to some of the most advanced from the ancient world, explore the characteristics and components of civilization and how they develop and form. Instructor: Tamee Bollinger.

Total Cost: \$93 (Tuition: \$10 Fees: \$83)

CRN#	Day/Ses.	Dates	Time	Location
73647	S(8)	1/31-3/21	10-11:30 a.m.	HV

### HIT 817

### Civilizations of the Ancient World

Examine the society, culture, religious practices, government organizations, art and architecture of some of the world's earliest civilizations — Mesopotamia, Egypt and Greece, the Minoans, Myceneans and Romans. Discover common characteristics and contributions to the advancement of the modern Western World. Instructor: Tamee Bollinger.

Total Cost: \$83 (Tuition: \$10 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location	
73810	S(5)	5/30-7/11	10-11:30 a.m.	EC	

### LAW 051

## Constitutional Controversies: Hot-Button Issues in American Law (NEW)

Examine ongoing debates over the U.S. Constitution and its impact on today's legal, social and political issues. Instructor: Matthew Harding.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location
73806	W(4)	5/6-27	10 a.m12 p.m.	Zoom

### **HIS 095**

### Crimes and Controversies

Learn about the crime, victims, suspects, evidence, trial and its outcome, and the controversy surrounding criminals as Jack the Ripper, Sacco and Vanzetti, Lindbergh kidnapper, and many more. Instructor: Bill Krause.

Total Cost: \$93 (Tuition: \$10 Fees: \$83)

CRN#	Day/Ses.	Dates	Time	Location	
74112	W(10)	4/15-6/17	1-2:30 p.m.	HV	

#### **POS 087**

## **Dramatic Changes in Washington (NEW)**

Examine Trump-era power shifts, including court battles, agency changes, civil rights and election stakes. Instructor: Barry Rascovar.

Total Cost: \$68 (Tuition: \$10 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location		
75763	R(4)	4/23-5/14	10:30 a.m12 p.m.	Zoom		
75765	R(4)	4/23-5/14	10:30 a.m12 p.m.	OM	Individuals 60+ years old only pay fees.	 1 <i>7</i>

## **Essential Players in History (NEW)**

Uncover the legacies of Heart Mountain, Agrippina and Nero, Mayerling and Françoise Gilot, examining their triumphs, failures and impact. Instructor: Nancy Lotz.

Total Cost: \$85 (Tuition: \$10 Fees: \$75)

CRN#	Day/Ses.	Dates	Time	Location
73197	W(6)	1/28-3/4	10:30 a.m12 p.m.	HV

#### **HST 268**

## **Essential Players in History (NEW)**

Trace the triumphs, failures and influence of George IV, Queen Caroline, Rose Valland, Eli Cohen, Marie Curie, Lucille Ball and more. Instructor: Nancy Lotz.

Total Cost: \$85 (Tuition: \$10 Fees: \$75)

CRN#	Day/Ses.	Dates	Time	Location
73833	W(6)	4/15-5/20	10:30 a.m12 p.m.	HV

#### LAW 053

## Fake News, Free Speech and the First Amendment (NEW)

Analyze free speech, media and truth, exploring landmark cases, digital challenges and future solutions. Instructor: Matthew Harding.

Total Cost: \$68 (Tuition: \$10 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
5233	F(4)	4/10-5/1	10:30 a.m12 p.m.	Zoom

### PHI 009

## Famous Philosophers: Age of Reason (NEW)

Uncover how Bacon, Descartes, Galileo, Hobbes and others shaped the Enlightenment and advanced reason, liberty and science. Instructor: Katessa Trafton.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location
73710	M(5)	2/2-3/2	1:30-3 p.m.	HV

### PHI 008

## Famous Philosophers: Age of Belief (NEW)

Explore how Augustine, Aquinas, Anselm, Bernard and Boethius shaped philosophy, faith and ethics in the Age of Belief. Instructor: Katessa Trafton.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location	
73708	M(5)	5/4-6/8	1:30–3 p.m.	HV	

### HIS 143

### First Ladies of the United States

Explore the diverse roles of first ladies, from their personal lives to public duties, revealing their multifaceted contributions as spouses, mothers, ambassadors, hostesses and supportive partners. IMPORTANT NOTE: This is a simulcast class (both a virtual zoom session and live classroom session will take place at the same time). Instructor: Patrick Heline.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location	
73798	R(6)	5/7-6/11	1:30-3 p.m.	Zoom	
73797	R(6)	5/7-6/11	1:30-3 p.m.	HV	

### **HST 229**

### German Baltimore and the World Wars: From Anarchist and Nazis to Defenders of America

Examine Baltimore's German population's history and how the world wars and anarchist and Nazi influences impacted their lived experiences. Instructor: Jennifer Liles.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location
76172	T(6)	4/14-5/19	10:30 a.m12 p.m.	Zoom

### **HST 325**

### **Great American Short Stories**

Learn about some of America's greatest, classic short stories. Discuss the American classics of Nathaniel Hawthrone, Ernest Hemmingway, Edgar Allen Poe and various other authors while learning the historical context and culture that led to the creation of these short stories. Instructor: Rob Jacobs.

Total Cost: \$60 (Tuition: \$10 Fees: \$50)

CRN#	Day/Ses.	Dates	Time	Location
75931	F(10)	1/16-3/20	10-11:30 a.m.	Zoom
75933	F(10)	4/17-6/26	10-11:30 a.m.	Zoom

### HIS 511

### **Great Decisions**

Gain non-partisan knowledge on eight of the most critical issues on world affairs facing the U.S. and the international community this year and then participate in a dynamic discussion on each weekly topic. Cost of the course includes the workbook.

Total Cost: \$114 (Tuition: \$15 Fees: \$99)

CRN#	Day/Ses.	Dates	Time	Location	
74781	T(8)	2/3-3/24	1-2:30 p.m.	Zoom	Instructor: Deena Dugan
75503	R(8)	1/29-3/19	10-11:30 a.m.	OM	Instructor: Barry Rascovar
75511	R(8)	1/29-3/19	10-11:30 a.m.	Zoom	Instructor: Barry Rascovar

## **Great Tzars of Russia (NEW)**

Uncover the legacies of Ivan the Terrible, Peter I and Catherine II, from expansion to the empire's collapse. Instructor: Richard Cabarello.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
<i>75</i> 128	W(6)	1/14-2/18	1-2:30 p.m.	OM

#### **HST 247**

## Hispanic Culture of the U.S.

Explore the rich culture Hispanic communities bring to the U.S., shaped by a tapestry of Indigenous, European and Latin American traditions, migration, music, cuisine, values and customs.

Instructor: Maria Lourdes Montes-Greenan.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location
74140	F(4)	5/29-6/26	10 a.m12 p.m.	HV

### **HST 269**

## Historical Biography: Jefferson, Architect of American Liberty (NEW)

Draw from John Boles' "Jefferson, Architect of American Liberty" to examine Jefferson's early years, presidency and legacy. Book required. Instructor: Dr. Lester Brooks.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location	
	T(8)	2/3-3/2/	10-11:30 a.m.	Zoom	

### **HST 144**

## **Historical Days in American History**

Explore key moments in American history. Delve into significant events, dates and their lasting impact. Understand the past and its influence on today by analyzing pivotal figures and their legacies. IMPORTANT NOTE: This class will discuss and examine the U.S. Historical events that occurred specifically on each session date of class. This is a simulcast class (both a virtual zoom session and live classroom session will take place at the same time). Instructor: Patrick Heline.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location
73200	R(7)	1/22-3/5	11:45 a.m12:45 p.m.	Zoom
73198	R( <i>7</i> )	1/22-3/5	11:45 a.m12:45 p.m.	HV
73796	R(7)	4/9-5/21	11:45 a.m12:45 p.m.	Zoom
73799	R(7)	4/9-5/21	11:45 a.m12:45 p.m.	HV

### **POS 083**

## Historical Examination of the U.S. Constitution (NEW)

Trace the U.S. Constitution's origins, founding debates, key figures and amendments, and its influence on government. NOTE: Simulcast class. Instructor: Patrick Heline.

Total Cost: \$93 (Tuition: \$10 Fees: \$83)

CRN#	Day/Ses.	Dates	Time	Location	
73766	R(10)	1/8-3/12	1:30–3 p.m.	Zoom	
73769	R(10)	1/8-3/12	1:30-3 p.m.	HV	

### **ARB 270**

## History of American Film (NEW)

View and discuss American films, from silent cinema to modern blockbusters, exploring directors, themes and cultural influence. Instructor: Cynthia Nicolosi.

Total Cost: \$91 (Tuition: \$10 Fees: \$81)

CRN#	Day/Ses.	Dates	Time	Location
74183	R(7)	4/23-6/4	10 a.m12 p.m.	CC

### HIT 125

## History of the American Presidency: Adams to Polk (NEW)

Discover the personal lives, careers, accomplishments and enduring impact of six early U.S. presidents. NOTE: Simulcast class, Instructor: Patrick Heline.

Total Cost: \$93 (Tuition: \$10 Fees: \$83)

CRN#	Day/Ses.	Dates	Time	Location
73794	R(8)	4/9-5/28	10-11:30 a.m.	HV
73795	R(8)	4/9-5/28	10-11:30 a m	700m

### HIT 118

## History of the American Presidency: Washington to Monroe (NEW)

Explore the formative years, careers, accomplishments and influence of Washington, Adams, lefferson, Madison and Monroe NOTE: Simulcast class Instructor: Patrick Heline

Total Cost: \$93 (Tuition: \$10 Fees: \$83)

CRN#	Day/Ses.	Dates	Time	Location
73201	R(10)	1/8-3/12	10-11:30 a.m.	Zoom
73199	R(10)	1/8-3/12	10-11:30 a.m.	HV

### **HST 259**

## History of Baltimore's Public Parks (NEW)

Examine Baltimore's parks and the Olmsted Brothers' legacy, highlighting their role in shaping communities, culture and the urban landscape. Instructor: Jennifer Liles.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location
73196	M(6)	2/2-3/9	10:30 a.m12 p.m.	HV

## History of the Baltimore Department Stores (NEW)

Discover how Hutzler's, Hecht's and Hochschild Kohn shaped Baltimore through visionary founders, cultural trends and economic forces. Instructor: Barbara Blumberg Ressin.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location
	F(5)	5/1-5/29	1:30-3 p.m.	HV

#### **HST 296**

## History of the Cold War (NEW)

Examine East-West tensions, the arms race, capitalism vs. communism and NATO's influence after WWII. Instructor: Richard Cabarello.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location	
76179	W(6)	4/15-5/20	1-2:30 p.m.	OM	

### HIT 904

### **History of Imperial Russia**

Explore the history of Imperial Russia ruled by the Romanovs from 1600–1917, including Mongol influence, political growth, military conquests, and cultural and religious developments. Compare Imperial Russia to the Soviet era and modern Russia. Instructor: Richard Caballero.

Total Cost: \$93 (Tuition: \$10 Fees: \$83)

CRN#	Day/Ses.	Dates	Time	Location	
73232	F(8)	1/22-3/19	1-2:30 p.m.	HV	

## History of Soviet Russia 1917–1992

Trace Soviet Russia's rise and fall. Examine the causes of the Russian Revolution and Civil War, military emergence and Stalin's police state. Compare Imperial Russia, the Soviet Union and the current state. Instructor: Richard Caballero.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location	
73722	R(9)	4/16-6/11	1-2:30 n m	HV	

### **HST 275**

## History of Western Music (NEW)

Engage with music from antiquity to modern times, analyzing composers, their styles and cultural significance. Instructor: Cynthia Nicolosi.

Total Cost: \$93 (Tuition: \$10 Fees: \$83)

CRN#	Day/Ses.	Dates	Time	Location	
74148	W(10)	4/15-6/17	1-2:30 p.m.	HV	

## History of Women's Roles in Society: Victorian to Present Times

Discover the transformation of women's roles from tradition to independence. Study key movements like women's rights and the flapper era, wartime shifts and postwar advances. Course highlights women's social, economic and political contributions over time. Instructor: Jennifer Liles.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location
74141	F(6)	4/17-5/22	10:30 a.m12 p.m.	HV

### **HST 093**

## **Hopkins Heroes**

Delve into Baltimore's Johns Hopkins Hospital history. Examine and evaluate the incredible contributions of its four founders, Blue Babies and Virus Hunters groups, prominent neurosurgeons and more. Instructor: Paula Mister.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location	
73712	M(4)	4/27-5/18	10-11:30 a.m.	HV	

### SCI 051

### How the Brain Works (NEW)

Examine brain development, neural communication and body interactions, and how these processes support cognition across the lifespan. Instructor: Laura Namy, Ph.D.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location
75426	F(5)	1/23-2/20	10:30 a.m12 p.m.	Zoom

### **HST 266**

## John Wilkes Booth and the Plots to Assassinate Lincoln (NEW)

Uncover John Wilkes Booth's plots, Lincoln's assassination, the trials and myths that shaped the historic conspiracy's legacy. Instructor: Derek Van De Walle.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location
73663	M(8)	4/27-6/22	2-3 p.m.	HV

### **HST 287**

## **Labor History of Baltimore**

Explore the wide range of work experiences and union histories in Baltimore. Examine the use of labor and unions during slavery, industrialization, Civil Rights Movement, Women's Movement and post-industrial Baltimore. Investigate the challenges as industrialization disappeared from the economy. Review the labor needs in Baltimore today. Instructor: Bill Barry.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
75048	T(8)	1/13-3/3	1-2:30 p.m.	Zoom

#### PFA 191

## Learning about Contemporary Issues and Ideas

Analyze and evaluate current issues and ideas that influence contemporary American society. View political situations, economic conditions and cultural issues as well as local, national and international news. Instructor: Deena Dugan.

Total Cost: \$93 (Tuition: \$10 Fees: \$83)

CRN#	Day/Ses.	Dates	Time	Location
74860	T(9)	1/6-3/3	10:30 a.m12 p.m.	HV
74856	T(9)	4/14-6/9	10:30 a.m12 p.m.	HV

### **HST 282**

## Most Inspirational Scientists from the Renaissance Era

Examine the contributions of the most influential scientists who changed the world during the Renaissance Era in such fields as anatomy, dentistry, chemistry and physics. Discover how Galileo, Copernicus, Leonardi De Vinci, Robert Boyle, Antonie van Leeuwenhoek and others influenced modern science. Instructor: Don Finkelstein.

Total Cost: \$68 (Tuition: \$10 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
75546	R(4)	1/15-2/5	1-2:30 p.m.	OM

### HIT 923

### Music Revolution: Dick Clark's U.S. American Bandstand

Explore Dick Clark's legacy as host of American Bandstand, where he was among the first to integrate live audiences racially and he introduced iconic music artists to America. Instructor: lackie Dailey.

Total Cost: \$68 (Tuition: \$10 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
<i>7</i> 3512	T(4)	4/7-4/28	10-11:30 a.m.	CC

### HIT 718

## Myth and American History

What do we actually know about American myth? Explore why certain historical myths developed, the role they play and what historians say really happened. Historical topics will include myths about the country's founders, the old west, slavery, American wars, U.S. presidents and more. Instructor: Bob Baer, PhD.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location
74139	F(6)	4/17-5/22	10-11:30 a.m.	HV

### **SCI 052**

## Myths and Misconceptions of the Mind (NEW)

Discover why misconceptions about the mind persist, exploring learning, memory, personality and psychological science. Instructor: Laura Namy, Ph.D.

Total Cost: \$34 (Tuition: \$10 Fees: \$24)

CRN#	Day/Ses.	Dates	Time	Location
76223	F(4)	4/10	10:30 a.m12 p.m.	Zoom

## Origins and History of Anti-Semitism (NEW)

Explore antisemitism through the centuries, from its roots and pivotal occurrences to modern-day expressions. Instructor: Harry Ezratty, Esq.

Total Cost: \$68 (Tuition: \$10 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
<i>7</i> 6180	<b>₩</b> (4)	4/15-5/6	1-2:30 p.m.	OM

#### POS 082

## Philosophy of International Relations (NEW)

Explore international relations through ethics, global conflicts, climate and U.S.-China dynamics, discussing paths for peace and justice. Instructor: Jose Lopez-Gonzalez.

Total Cost: \$99 (Tuition: \$10 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Location
73706	M(10)	4/13-6/22	10:30 a.m12:30 p.m.	HV

### **POS 081**

## Philosophy of U.S. Law, the Constitution and Current Politics (NEW)

Explore U.S. law and the Constitution through liberal and conservative lenses, analyzing justice, equality and recent political shifts. Instructor: Jose Lopez-Gonzalez.

Total Cost: \$94 (Tuition: \$10 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
73707	M(8)	1/26-3/16	10:30 a.m12:30 p.m.	HV

### **HST 263**

### **Pivotal Moments in Time:**

## Key Events in Ancient History and their Impact on the Western World (NEW)

Discover how legendary wars, battles, leaders and empires — from Alexander to Thermopylae — shaped the Western world. Instructor: Tamee Bollinger.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location
73832	S(5)	4/18-5/16	10-11:30 a.m.	HV

## Tales of the Town: Baltimoreans Who Made a Difference (NEW)

Discover the achievements and legacies of Baltimoreans like Beanes, the Peales, Osler, Garretts, Walters and Frederick. Instructor: Meg Fairfax Fielding.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location	
76183	W(6)	4/15-5/20	10-11:30 a.m.	OM	

### Television Westerns from 1949

Explore 75 years of American Western TV series, tracing their evolution, cultural impact and social significance. Review, critique and contrast storylines across decades. Instructor: Bill Krause.

Total Cost: \$93 (Tuition: \$10 Fees: \$83)

CRN#	Day/Ses.	Dates	Time	Location	
75115	T(10)	1/13-3/17	1-2:30 p.m.	OM	

#### **HST 222**

## Thank You for Being a Friend: TV Shows and the Philosophies Behind their Episodes

Link philosophical lessons on friendship, gender and humanity from Aristotle and Socrates to those found in "The Golden Girls," "MASH," "Good Times" and other classic TV shows. Instructor: Katessa Trafton.

Total Cost: \$93 (Tuition: \$10 Fees: \$83)

CRN# Day/Ses. Dates	Time	Location
M(10) 4/13-6/22	10.30 a m -12 n m	CC

### **HST 277**

## The "Golden Age" of Charlemagne (NEW)

Explore Charlemagne's reign and his revival of Roman culture through art and architecture.

Instructor: Barbara Baxter.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location	
74149	T(5)	5/5-6/2	1-2:30 p.m.	HV	

### HIS 738

## The History and Value of Antiques

Explore the fundamentals and historical periods of antiques, including artwork, collectibles and more. Learn to distinguish antiques from reproductions and understand style evolution, research tools, care and liquidation methods. Instructor: Dixie Cook.

Total Cost: \$93 (Tuition: \$10 Fees: \$83)

CRN#	Day/Ses.	Dates	Time	Location
73791	W(10)	4/15-6/17	10-11:30 a.m.	HV
73790	R(10)	4/16-6/18	10-11:30 a m	HV

### **HST 304**

## The History of the Underground Railroad (NEW)

Discover the people, codes, safe houses and routes that made the Underground Railroad a courageous resistance movement. Instructor: Courtney Atkins.

Total Cost: \$85 (Tuition: \$10 Fees: \$75)

CRN#	Day/Ses.	Dates	Time	Location
74211	M(7)	4/20-6/8	10:30 a.m12 p.m.	DC

## The Origins of Jazz (NEW)

Explore jazz from its New Orleans origins to its rise in Chicago and New York, highlighting cultural fusion and iconic musicians, Instructor: Seth Kibel

Total Cost: \$68 (Tuition: \$10 Fees: \$58)

N# Day/Ses. Dates Time	Location
4) 5/8–29 12:30–2 p.m.	HV

#### **HST 285**

## The Reconstruction Period: America's First Civil Rights Movement

Examine a turbulent period of U.S. history (1865–1877), including race relations in post-Civil War America and congressional efforts to promote racial equality. Explore the myths surrounding the Reconstruction period, the impeachment of President Andrew Johnson, and the impact on modern American history. Instructor: Dr. Bob Baer.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location	
74207	F(6)	2/6-3/13	10-11:30 a.m.	HV	

### LAW 055

## The Rule of Law: A House of Cards or a Rock-Solid Foundation (NEW)

Discuss the "rule of law," recent threats to it and strategies for maintaining a strong legal foundation. Instructor: Matthew Harding.

Total Cost: \$68 (Tuition: \$10 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location
75404	F(4)	1/16-2/6	10:30 a.m12 p.m.	Zoom

### **POS 086**

## The Supreme Court's Shifting Scales of Justice (NEW)

Explore how politics, societal shifts and judicial philosophy influence Supreme Court decisions, key cases and constitutional principles. Instructor: Matthew Harding.

Total Cost: \$68 (Tuition: \$10 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location	
76227	F(4)	5/15-6/5	10:30 a.m12 p.m.	Zoom	

### **LAW 049**

## We the People: Introduction to American Constitutionalism (NEW)

Analyze the evolution of American constitutionalism through federalism, separation of powers and landmark Supreme Court cases. Instructor: Matthew Harding.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location
73699	W(4)	2/4-2/25	10 a.m12 p.m.	Zoom

### **ENV 039**

## Wildfire Management: The Good, The Bad and The Ugly (NEW)

Investigate the science, history, major events and management challenges of wildfires, including prescribed burns, defensible space and technology. Instructor: Jim Himel.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location	
74156	M(5)	2/23-3/23	1-2:30 p.m.	HV	
74221	M(5)	5/4-6/8	1-2:30 p.m.	CC	

### **HST 262**

### Women in Television: A Historical Perspective (NEW)

Discover how female TV characters and actresses from the 1940s to 1980s reflected cultural change, politics and societal expectations. Instructor: Carol Sefret.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location
73711	T(6)	4/28-6/16	10:30-11:30 a.m.	HV

### **HST 320**

## Women of Ancient Greece and Rome (NEW)

Uncover the roles and agency of women in classical Greece and Rome, from society and religion to literature and myth. Instructor: Dr. Bob Baer.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location
75268	M(5)	4/13-5/11	10:30 a.m12 p.m.	OM

### HIT 957

## World Cultures: Diversity of Ethnicity

Immerse in global cultures, cuisines and traditions to reduce misrepresentation and ease ethnic tensions. Explore communication's role in cultural conflict and explore strategies for harmony. Instructor: Sudeep Mohandas.

Total Cost: \$88 (Tuition: \$10 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location	
73662	M(6)	4/13-5/18	10 a.m12 p.m.	HV	

### **HST 335**

## The Other Roosevelt – FDR (NEW)

Unpack the leadership and legacy of FDR and Truman, from Depression-era struggles to WWII triumphs and shaping the postwar world. Instructor: David Hatch.

Total Cost: \$68 (Tuition: \$10 Fees: \$58)

RN#	Day/Ses.	Dates	Time	Location	
Λ/	\(4)	2/2-23	7-8:30 p.m.	Zoom	

#### **ARB 275**

## **Understanding Sculpture (NEW)**

Discuss sculpture forms, techniques and debates through vivid examples from art history. Instructor: Joseph Cassar, PhD.

Total Cost: \$88 (Tuition: \$10 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
75005	T(8)	4/21-6/9	9:30-11 a.m.	Zoom

## **LANGUAGES**

### **FLA 088**

## **Conversational Spanish for Beginners**

Learn basic conversational Spanish for greetings, introductions, conversations, travel, shopping and expressing needs and feelings. Gain an awareness of the cultural diversity of Latin America. Please purchase this workbook: Spanish is Fun, Lively Lessons for Beginners, Book 1, 5th edition. Instructor: Jean Meyer.

Total Cost: \$93 (Tuition: \$10 Fees: \$83)

CRN#	Day/Ses.	Dates	Time	Location
75027	W(10)	1/14-3/18	10-11:30 a.m.	OM
75986	T(10)	4/14-6/16	10-11:30 a.m.	OM

### **FLA 093**

## Conversational Spanish for Beginners Part 2

Advance your Spanish skills to express needs and feelings, expand vocabulary, recognize items and engage in longer conversations. Prerequisite: Conversational Spanish for Beginners. Please purchase this workbook: Spanish is Fun, Lively Lessons for Beginners, Book 1, 5th Edition. Instructor: Jean Meyer.

Total Cost: \$93 (Tuition: \$10 Fees: \$83)

CRN#	Day/Ses.	Dates	Time	Location
75019	T(10)	1/13-3/17	10-11:30 a.m.	OM
76176	W(10)	4/15-6/17	10-11:30 a.m.	OM

### **FLA 247**

## German Language and Culture – A Beginner's Exploration (NEW)

Practice German language skills and experience its culture, from greetings and numbers to traditions, holidays, art and music. Instructor: Kodell Harris.

Total Cost: \$81 (Tuition: \$10 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location
<i>7</i> 4336	W(6)	4/22-5/27	1-2:30 p.m.	DC

### **FLA 426**

## Spanish for Beginners I

Learn conversational Spanish, including basic conversational skills, reading comprehension, grammar and writing responses, such as greetings. Practice vocabulary, pronunciation and common expressions while exploring Spanish culture. Instructor: Bertha Narvaez Ortiz.

Total Cost: \$93 (Tuition: \$20 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
74151	T(6)	2/3-3/10	1:30-3:30 p.m.	EC

### **FLA 224**

## **Spanish for Beginners Part II**

Advance your Spanish conversational, reading and writing skills by practicing pronunciation, vocabulary and the proper use of adjectives, adverbs, verbs, prepositions and more. Learn what makes the Spanish language distinctive. Instructor: Bertha Narvaez-Ortiz

Total Cost: \$93 (Tuition: \$10 Fees: \$83)

CRN#	Day/Ses.	Dates	Time	Location
74185	T(7)	4/14-5/26	1:30-3:30 p.m.	EC

### **LEARN LECTURES**

Lunch not included for Learn Lectures.

### **HST 146**

## Billie Holliday: Lady Sings the Blues

Billie Holiday, jazz's greatest tragic heroine, has a legendary story of an impoverished Baltimore childhood, addiction struggles and early death. Explore her music in the context of her life. Instructor: Seth Kibel.

Total Cost: \$39 (Tuition: \$0 Fees: \$39)

CRN#	Day/Ses.	Dates	Time	Location
73650	F(1)	2/13	10:30 a.m12 p.m.	HV

### **ENV 034**

## Impact of Climate Change on Maryland

Explore climate change's effects on Maryland's natural systems, including temperature shifts in Grow Zones, saltwater intrusion on Eastern Shore vegetation, forest canopy changes and regional differences compared to other U.S. areas. Instructor: Jim Himel.

Total Cost: \$39 (Tuition: \$0 Fees: \$39)

CRN#	Day/Ses.	Dates	Time	Location
73811	F(1)	4/17	10:30 a.m12 p.m.	CC

## MLK and the Civil Rights Movement (NEW)

Consider Martin Luther King Jr.'s leadership and ideology within the civil rights movement, exploring his campaigns, influences and lasting impact. Instructor: Dr. Lester Brooks.

Total Cost: \$39 (Tuition: \$0 Fees: \$39)

CRN#	Day/Ses.	Dates	Time	Location	
74660	F(1)	1/16	10:30 a.m12 p.m.	HV	

#### **HIT 887**

## The Strange Death of Rasputin

Unravel Rasputin's enigmatic demise in 1916 in St. Petersburg, Russia. Explore his role as an advisor to the last Tzar and Tzarina, the Russian monarchy's fragile state and why others reviled him. Uncover the motive for his murder and the challenges his enemies faced. Instructor: Richard Caballero.

Total Cost: \$39 (Tuition: \$0 Fees: \$39)

CRN#	Day/Ses.	Dates	Time	Location
73803	F(1)	3/13	10:30 a.m12 p.m.	HV

### **HST 265**

## Napoleon's American Sister-In-Law: The Story of Elizabeth Patterson Bonaparte

Discover the bold life of Elizabeth Patterson Bonaparte, rebellious Baltimore socialite who married into Napoleon's family. Explore her fight for status, legal battles, and clash between American and European ideals, revealing 19th-century struggles of gender, power and ambition. Instructor: Derek Van De Walle.

Total Cost: \$39 (Tuition: \$0 Fees: \$39)

CRN#	Day/Ses.	Dates	Time	Location	
73649	F(1)	2/6	10 a.m12 p.m.	HV	

### **HIT 638**

## U.S. Grant: General, President and Leader

Examine the transformation of this soldier/general/president from a virtual unknown and failure before the Civil War to one of the greatest generals and most popular heroes of his time after the Civil War. His subsequent two-term presidency would end up as one of the worst in U.S. history. Instructor: Dr. Lester Brooks.

Total Cost: \$39 (Tuition: \$0 Fees: \$39)

CRN#	Day/Ses.	Dates	Time	Location	
74661	F(1)	4/24	10 a.m12 p.m.	HV	

#### **HST 315**

## Women of the Civil Rights Movement (NEW)

Meet the women — Rosa Parks, Fannie Lou Hamer, Diane Nash and others — whose courage and conviction shaped the Civil Rights Movement. Instructor: Dr. Lester Brooks.

Total Cost: \$39 (Tuition: \$0 Fees: \$39)

CRN#	Day/Ses.	Dates	Time	Location
74664	F(1)	5/15	10:30 a.m12 p.m.	HV

## **LUNCH AND LEARN**

### **HST 319**

### **Bosom Buddies: Carol Burnett and Julie Andrews**

Delve into their lives and careers and the 60-year friendship between two iconic performers and pals through photos, video clips and songs. Examine their collaborations on Broadway, television and film, and the highs and lows of each one's personal life. Lunch to follow at Glyndon Grill. Instructor: Karen Webber Gilat, Cantor.

Total Cost: \$69 (Tuition: \$0 Fees: \$69)

CRN#	Day/Ses.	Dates	Time	Location	
76240	VV(1)	4/22	10:30 a.m12 p.m.	OM	

### **HST 279**

## Buffalo Bill and the Invention of the Wild West (NEW)

Uncover how showman William "Buffalo Bill" Cody turned frontier life into legend through spectacle. Lunch follows at Pappa's Restaurant. Instructor: Bob Baer.

Total Cost: \$69 (Tuition: \$0 Fees: \$69)

CRN#	Day/Ses.	Dates	Time	Location
74153	F(1)	3/27	10 a.m12 p.m.	HV

### **HST 278**

## Cities of Roman Britain (NEW)

Explore Roman Britain through its early cities — centers of culture, government and commerce. Lunch follows at Blue Stone Restaurant. Instructor: Dr. Bob Baer.

Total Cost: \$69 (Tuition: \$0 Fees: \$69)

CRN#	Day/Ses.	Dates	Time	Location
74184	F(1)	5/29	10 a.m12 p.m.	HV

### **CKG 309**

### Ina Garten Revisited

Discover Ina Garten's life and try three of her recipes: smoked salmon deviled eggs, pasta with vodka tomato sauce and fluffy coconut cake. Bring \$35 food fee, payable to Michelle's Kitchen.

Total Cost: \$39 (Tuition: \$0 Fees: \$39)

CRN#	Day/Ses.	Dates	Time	Location	
76247	R(1)	4/16	10:30 a.m12:30 p.m.	OM	

#### HIT 971

## Judy Garland: The Lady and the Legend

Get to know legend Judy Garland. Examine her early life, career (movies, concerts and theater) and lasting popularity. Identify the events and behaviors that impacted her reputation and the people who enabled the destructive behavior that led to her early death. Lunch to follow at Blue Stone Restaurant.

Instructor: Sandy Livingston.

Total Cost: \$69 (Tuition: \$0 Fees: \$69)

CRN#	Day/Ses.	Dates	Time	Location	
73651	F(1)	3/6	10:30 a.m12 p.m.	HV	Individuals 60+ years old only pay fees.

32

## Maryland's Ice Age Peoples (NEW)

Discover the Ice Age in Maryland through ancient artifacts and stone tools unearthed in northern Baltimore County. Lunch follows at Glyndon Grill. Instructor: Zachary Singer, Ph.D.

Total Cost: \$69 (Tuition: \$0 Fees: \$69)

CRN#	Day/Ses.	Dates	Time	Location	
75430	W(1)	2/11	10:30 a.m12 p.m.	OM	

### HIS 395

## Oscar Hammerstein 2nd: A Musical Theater Legend

Learn about the life and contributions of Oscar Hammerstein to the musical theater in the 20th century. Explore his early life and career, the shows in which he collaborated with Jerome Kern and Richard Rogers, his personal life and beliefs and his influence on American musical theater. Hear and view segments of some of his outstanding shows and songs. Lunch will follow at Glyndon Grill. Instructor: Sandy Livingston.

Total Cost: \$69 (Tuition: \$0 Fees: \$69)

CRN#	Day/Ses.	Dates	Time	Location
76251	<b>∨</b> (1)	5/6	10:30 a.m12 p.m.	OM

### **WRI 165**

## Playing with Words: Ekphrasis

Discover ekphrasis — poetry that interprets visual art. Learn about ekphrasis poems, explore sample works and create your own poem based on a chosen artwork. Includes a look at the instructor's book Vessels of Light. No experience needed. Lunch to follow at Glyndon Grill. Instructor: Karen Webber Gilat.

Total Cost: \$69 (Tuition: \$0 Fees: \$69)

CRN#	Day/Ses.	Dates	Time	Location	
75428	W(1)	1/28	10:30 a.m12 p.m.	OM	

### **ENV 038**

## Rebuilding Syria's Agriculture and Forest Resources (NEW)

Examine efforts to restore sustainability in Syria's land amidst water, soil and resource challenges. Lunch at Pappa's Restaurant. Instructor: Jim Himel.

Total Cost: \$69 (Tuition: \$0 Fees: \$69)

CRN#	Day/Ses.	Dates	Time	Location
74155	F(1)	2/20	10:30 a.m12 p.m.	HV

### Tales from the First Historian: Herodotus

The ancient Greek Herodotus is considered the world's first true historian. With a thirst for knowledge, insatiable curiosity and constant travels through the classical Greek world, he began the idea of using the past to explain the present. With great detail and lively anecdotes, he recounted timeless stories of the cultures and critical events of his life. Lunch to follow at Glyndon Grill. Instructor: Bob Baer.

Total Cost: \$69 (Tuition: \$0 Fees: \$69)

CRN#	Day/Ses.	Dates	Time	Location
76237	M(1)	5/18	10:30 a.m12:30 p.m.	OM

### HIT 970

## The Murder of Tsar Nicholas II and His Family 1918

Uncover the gripping tale behind the downfall of the Romanov dynasty. Delve into the political upheavals, economic crises and Bolshevik rise that culminated in the slaughter of Russia's ruling family. Examine the mysteries shrouding their fate, navigating conflicting theories in this captivating historical journey. Lunch to follow at Pappa's. Instructor: Richard Caballero.

Total Cost: \$69 (Tuition: \$0 Fees: \$69)

CRN#	Day/Ses.	Dates	Time	Location
74115	F(1)	5/1	10:30 a.m12 p.m.	HV

### HIT 783

## The Science Behind the 10 Plagues

Examine the story of the 10 plagues that were used to free the Israelites from Egypt as told in the Biblical story of the Exodus. Explore the most plausible scientific explanations for these miracles. Lunch will follow at Glyndon Grill. Instructor: Don Finkelstein.

Total Cost: \$69 (Tuition: \$0 Fees: \$69)

CRN#	Day/Ses.	Dates	Time	Location
75433	VV(1)	3/11	10:30 a.m12 p.m.	OM

### **HST 289**

## Thurgood Marshall, Maryland's Champion of Justice (NEW)

Follow Marshall's fight to end segregation, landmark cases and historic rise to the Supreme Court. Lunch at Glyndon Grill. Instructor: Bob Baer.

Total Cost: \$69 (Tuition: \$0 Fees: \$69)

CRN#	Day/Ses.	Dates	Time	Location	
75429	M(1)	2/2	10:30 a.m12 p.m.	OM	

### **CKG 312**

## Two Chilis, No Waiting (NEW)

Learn to make white chicken chili and spicy beef and bean chili; taste them with cornbread. \$35 fee due first class to Michelle's Kitchen. Instructor: Michelle Sapp.

Total Cost: \$39 (Tuition: \$0 Fees: \$39)

CRN#	Day/Ses.	Dates	Time	Location	
75432	R(1)	3/5	10:30 a.m12:30 p.m.	OM	

### **ARB 272**

## Papercutting for Beginners (NEW)

Master artistic papercutting basics. Includes a short history lesson and demonstration. Lunch to follow at Glyndon Grill. Instructor: Anne Howe.

Total Cost: \$69 (Tuition: \$0 Fees: \$69)

CRN#	Day/Ses.	Dates	Time	Location	
75594	W(1)	3/18	10:30 a.m12 p.m.	OM	

### **HST 264**

## Step Into the Local Past: The History of the Hilton Mansion

Explore the rich history of the Hilton Mansion in Catonsville, from its architecture and past owners to recent renovations by Lewis Contracting and the impact it's had on Catonsville. Includes a guided walking tour of the mansion and grounds, followed by lunch. Instructor: Patrick Heline.

Total Cost: \$69 (Tuition: \$0 Fees: \$69)

CRN#	Day/Ses.	Dates	Time	Location
73521	F(1)	5/22	9:30 a.m12 p.m.	CC

## **PHOTOGRAPHY**

### **ART 080**

## Art in Photography

Awaken your inner Annie Leibovitz! Gain pro techniques — rule of thirds, photojournalistic eye and design principles — to infuse your photos with a WOW factor. Instructor: Marcia Bornfriend.

Total Cost: \$81 (Tuition: \$0 Fees: \$81)

CRN#	Day/Ses.	Dates	Time	Location	
74796	M(7)	1/26-3/9	10 a.m12 p.m.	OM	
75568	M(Z)	4/13-6/1	10 a.m12 p.m.	OM	

### **ART 821**

## **Digital Photograph Enhancement**

Learn how to enhance, edit and touch-up digital images, and restore faded and torn photographs with Photoshop and other free photo-enhancing programs. Prerequisite: Introduction to Digital Photography. Instructor: Lee Klima.

Total Cost: \$83 (Tuition: \$10 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location	
75531	R(5)	2/19-3/19	10 a.m12 p.m.	OM	
73718	S(5)	5/30-6/27	1-3 p.m.	HV	

### **ART 704**

## Introduction to Digital Photography

Become a confident digital camera user in this class. Learn the various symbols and buttons, loading, organizing, printing, storing and sharing images. Instructor: Lee Klima.

Total Cost: \$83 (Tuition: \$10 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
75535	R(5)	1/15-2/12	10 a.m12 p.m.	OM
73717	S(5)	4/11-5/9	1-3 p.m.	HV

### PCA 899

## Photography for Mobile Devices

Master photography with your smartphone. Explore camera functions, composition, lighting, focus, editing and develop a photographer's mindset through practical exercises. IMPORTANT NOTE: Each students needs to bring their own devices with them to each class session. Instructor: Jason Knauer.

Total Cost: \$78 (Tuition: \$0 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location	
74111	T(8)	4/14-6/2	1-2:30 p.m.	HV	

## **TOURS**

### **ENV 380**

## Bird Watching for Beginners: Northern Baltimore County

Learn how to find, identify and catalog birds you observe firsthand in northern Baltimore County: Loch Raven Reservoir, Lake Roland, Óregon Ridge, Cromwell Valley Park and Soldiers Delight. Begin using phone apps, field guides and your own list of birds. Gain experience in using close-focus 8-power roof prism binoculars which can be purchased at a discount at the first class. First and last classes held at CCBC Hunt Valley, others meet off-site.

Total Cost: \$89 (Tuition: \$0 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Location	
74779	T( <i>7</i> )	4/14	8-11:15 a.m.	HV	
	T(7)	4/21-5/19	8-11:15 a.m.	OSX	
	T(7)	5/26	8-11:15 a.m.	HV	

### HIT 744

## **Green Mount Cemetery Walking Tour**

During a two-hour walking tour, discover the history of the Green Mount Cemetery, constructed in 1838 with Gothic Revival architecture. Meet at the main entrance, 1501 Greenmount Avenue, Baltimore. Parking available.

Total Cost: \$39 (Tuition: \$0 Fees: \$39)

CRN#	Day/Ses.	Dates	Time	Location
74147	S(1)	5/9	9:30-11:30 a.m.	OSX

#### **HST 324**

## Tour the George Peabody Library (NEW)

Tour the George Peabody Library, explore its history, architecture, rare books and repair process. Street parking may apply. Meet at the entrance, 17 E. Mt. Vernon Place. Curator: Paul Espinoza.

Total Cost: \$39 (Tuition: \$0 Fees: \$39)

CRN#	Day/Ses.	Dates	Time	Location
75639	<b>∨</b> (1)	5/20	10:30 a.m12 p.m.	GPL

### **HST 323**

## Walking Tour of The Irish Railroad Workers Home and Neighborhood (NEW)

Tour the Feeley home at 918 Lemon Street, hear Irish railroad workers' stories, and explore their neighborhood and community life. Docent: Sammie Samuels.

Total Cost: \$39 (Tuition: \$0 Fees: \$39)

CRN#	Day/Ses.	Dates	Time	Location
75638	T(1)	3/24	10:30 a.m12 p.m.	IRM

## WELLNESS AND FITNESS

### **FIT 242**

## Accessible and Adaptive Chair Yoga for Seniors

Experience a gentle, empowering wellness program designed for those with limited mobility. Explore adaptive yoga, breathwork and strength-building movements within your range. Through seated and optional standing poses, discover personalized practices that support your health, comfort and confidence — honoring your body and promoting balance, flexibility and inner vitality. IMPORTANT NOTE: Please bring a mat and two yoga block. Instructor: Maura-Leigh Ingegno.

Total Cost: \$63 (Tuition: \$0 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location	
74154	W(8)	1/28-3/18	10-11 a.m.	HV	
74328	W(8)	4/22-6/10	10-11 a.m.	HV	

## Aerobics for the Senior Adult: A Low Impact Routine

Keep fit with our low-impact workout blending cardio and body toning. Ideal for beginners seeking a fun, safe routine.

Total Cost: \$73 (Tuition: \$0 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
73228	R(10)	1/15-3/19	12-1 p.m.	HV Instructor: Nina Bazemore
73715	R(10)	4/16-6/18	12-1 p.m.	HV Instructor: Nina Bazemore
76370	W(10)	1/14-3/18	11 a.m12 p.m.	CC Instructor: Tessa Clements
76369	W(10)	4/15-6/17	11 a.m12 p.m.	CC Instructor: Tessa Clements

### **PDV 458**

## **Are You Caring for Someone?**

This course supports caregivers by sharing experiences, teaching practical skills and addressing emotional challenges, all while emphasizing self-care and resilience. Instructor: Eva Sivan, Ph. D.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location	
76191	R(8)	4/16-6/4	1-2 p.m.	Zoom	

### FIT 083

### **Chair Pilates**

Improve core strength, balance, posture and flexibility with chair yoga. Exercises support muscle strength, mental clarity, stress reduction and joint pain relief and are designed to boost independence and life quality.

Total Cost: \$73 (Tuition: \$0 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
73230	F(10)	1/16-3/20	10-11 a.m.	HV Instructor: Nina Bazemore
73696	F(9	1/23-3/27	10:30-11:30 a.m.	Zoom Instructor: Sandi Rubin
73720	F(10)	4/17-6/26	10-11 a.m.	HV Instructor: Nina Bazemore
73723	F(9)	4/17-6/12	10:30-11:30 a.m.	Zoom Instructor: Sandi Rubin

### **FIT 247**

## **Contemplative Woods Walking (NEW)**

Practice forest bathing to heighten awareness using all your senses. Minimal walking. First class meets at CCBC Catonsville, then at local parks. Instructor: Janet Gross.

Total Cost: \$78 (Tuition: \$0 Fees: \$78)

CRN#	Day/Ses.	Dates	Time	Location
73906	S(6)	4/25-6/6	9:30-11 a.m.	CC

### **DAN 036**

## **Cuban Rumba for Seniors (NEW)**

Experience the dance, music, song, poetry and history of Afro-Cuban rumba. Practice basic steps and safe movement in this expressive class. Instructor: Jackie Dailey.

Total Cost: \$59 (Tuition: \$0 Fees: \$59)

CRN#	Day/Ses.	Dates	Time	Location	
74213	F(7)	5/1-6/26	1–2 p.m.	CC	

### **PDV 472**

## Foundations of Nutrition and Phytonutrients for Whole Body Wellness (NEW)

Discover nutrition fundamentals for full-body health, learning about digestion, gut health, mindful eating and healthy choices. Instructor: Stephanie Guerrero-Vasquez.

Total Cost: \$73 (Tuition: \$10 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location	
74372	M(8)	4/20-6/22	9:30-10:30 a.m.	DC	

### FIT 189

## **Gentle Yoga for Seniors**

Stretch your way to health! Learn and practice basic poses and breathing exercises for enhanced well-being, joint alignment and relaxation. Bring a yoga mat and wear comfortable clothes. Instructor: Debbie Vojik.

Total Cost: \$73 (Tuition: \$0 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
74795	M(10)	1/12-3/23	11 a.m12 p.m.	OM
75206	M(10)	4/13-6/22	11 a.m12 p.m.	OM

### FIT 150

## **Line Dancing for Seniors**

Embrace line dancing fearlessly! Master basic steps for five or more diverse line dances, perfect for beginners. No partner required!

Total Cost: \$73 (Tuition: \$0 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location	on
73693	F(10)	1/16-3/20	10-11 a.m.	EC	Instructor: Joseph Leskovar
74210	F(10)	4/17-6/26	11:10 a.m12:10 p.m.	CC	Instructor: Marie Lewis
73830	F(10)	4/17-6/26	10-11 a.m.	EC	Instructor:Joseph Leskovar

## **Lively Drumming for Better Health and Wellness**

Join our fun exercise program! Dance to the beat, improve health and relieve stress. All equipment included. Dress comfortably. Instructor: Rachael Fuller.

Total Cost: \$73 (Tuition: \$0 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
73184	M(9)	1/26-3/23	1:30-2:30 p.m.	HV
73186	T(9)	1/27-3/24	11:30 a.m12:30 p.m.	HV
73664	M(10)	4/13-6/22	1:30-2:30 p.m.	HV
73665	T(10)	4/14-6/16	11:30 a.m12:30 p.m.	HV

### FIT 125

## Low Impact Cardio, Mobility and Strength Exercises

Show your heart some love! Learn low-impact aerobic exercises, cardio workout techniques, strength building and gentle stretching for improved mobility and fitness. Instructor: Debbie Vojik.

Total Cost: \$73 (Tuition: \$0 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location	
75542	R(10)	1/15-3/19	10-11 a.m.	OM	
75374	R(10)	4/16-6/18	10-11 a.m.	OM	

### PDV 301

### Mindfulness Meditation

Embrace the calm. Discover techniques to quiet your mind, reduce stress and boost your emotional, physical and mental health. Instructor: Eva Sivan, Ph.D.

Total Cost: \$63 (Tuition: \$0 Fees: \$63)

CRN#	Day/Ses.	Dates	Time	Location
75992	T(8)	1/13-3/3	10-11 a.m.	Zoom
76626	R(8)	4/16-6/2	10-11 a.m.	Zoom

### **FIT 232**

## **Qigong Flow**

Harness the power of Qi through fluid movement, intentional breathing and meditation. Enhance your strength, flexibility and balance while promoting mind-body harmony and stress reduction.

Instructor: Jackie Dailey.

Total Cost: \$56 (Tuition: \$0 Fees: \$56)

CRN#	Day/Ses.	Dates	Time	Location
75558	R(5)	1/15-2/12	10:30-11:30 a.m.	OM
76214	R(4)	4/16-5/7	10:30-11:45 a.m.	OM

## **Senior Aquatic Wellness**

Stay active, fit and energized. Boost your joint and heart health with expert-led pool exercises designed for seniors.

Total Cost: \$99 (Tuition: \$10 Fees: \$89)

CRN#	Day/Ses.	Dates	Time	Locati	on
73680	M(14)	1/26-5/11	6:30-7:30 p.m.	DC	Instructor: Angie Carpenter
73728	T(14)	1/27-5/12	10-11 a.m.	DC	Instructor: Linda Watson
73681	W(14)	1/28-5/13	6:30-7:30 p.m.	DC	Instructor: Angie Carpenter
73726	F(14)	1/30-5/8	11:50 a.m12:50 p.m.	EC	Instructor: TBD
73725	F(14)	1/30-5/8	10:40-11:40 a.m.	EC	Instructor: Barb Cochnar
73727	F(14)	1/30-5/8	10-11 a.m.	DC	Instructor: Linda Watson

### FIT 251

## Soulmatic Yoga and Flow (NEW)

Practice functional movement and yoga postures, with a focus on breath and movement. Instructor: Stephanie Guerrero-Vasquez.

Total Cost: \$73 (Tuition: \$0 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location	
74373	M(10)	4/13-6/29	9:30-10:30 a.m.	DC	

### FIT 143

## **Standing Pilates**

Let's get vertical! Improve your core by adapting mat Pilates to standing exercises. Enhance your posture, flexibility and functionality with a low-impact workout perfect for seniors and beginners. Instructor: Jackie Dailey.

Total Cost: \$71 (Tuition: \$0 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location	
73509	F(9)	1/23-3/20	10-11 a.m.	CC	
73507	F(9)	4/17-6/26	10-11 a.m.	CC	

### **FIT 183**

## **Standing Pilates**

Improve your physical health with a low-impact workout by adapting mat Pilates to standing exercises. Enhance your flexibility, core and posture by learning a variety of exercises, perfect for beginners and seniors. Instructor: Jackie Dailey.

Total Cost: \$56 (Tuition: \$0 Fees: \$56)

CRN#	Day/Ses.	Dates	Time	Location	
75567	R(5)	1/15-2/12	12-1 p.m.	OM	
76190	R(4)	4/16-5/7	12-1:15 p.m.	OM	

### Tai Chi I

Reclaim vitality with "Dance of Life!" Tai Chi enhances coordination and balance through gentle movements. Suitable for all ages. Wear comfortable clothes and flat shoes. Instructor: Paul Jakubowski.

Total Cost: \$73 (Tuition: \$0 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location	
73187	F(10)	1/16-3/20	9:30-10:30 a.m.	OSX	
73686	F(10)	4/17-6/26	9:30-10:30 a.m.	OSX	

### FIT 091

### Tai Chi II

Deepen your Tai Chi practice for advanced mastery of breathing, weight shifts and movement. Prerequisite: Tai Chi I. Instructor: Paul Jakubowski.

Total Cost: \$73 (Tuition: \$0 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
73188	F(10)	1/16-3/20	11 a.m12 p.m.	OSX
73705	F(10)	4/17-6/26	11 a.m12 p.m.	OSX

### **FIT 144**

## Walking Around Baltimore: Exploring the NCR Trail

Explore the Northern Central Railroad Trail for exercise, history and fun during 3-hour walks over five Saturdays. Orientation is on the first Saturday at CCBC Hunt Valley. Instructor: Robin Minor.

Total Cost: \$71 (Tuition: \$0 Fees: \$71)

CRN#	Day/Ses.	Dates	Time	Location	
74339	S(1)	3/14	10-11:30 a.m.	HV	
	S(5)	3/21-5/16	10-11:30 a.m.	OSX	

### FIT 243

## **Yoga for Seniors**

Improve strength, balance, posture and overall well-being through the stretching movements of yoga. Topics include basic beginner's level yoga, stretching, strengthening, breathing and techniques for each of these yoga areas along with enhancing mindfulness. IMPORTANT: Yoga mats are required. Instructor: Victoria Freeman.

Total Cost: \$73 (Tuition: \$0 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location
73800	S(8)	1/17-3/21	11 a.m12 p.m.	CC
73809	S(8)	4/18-6/13	11 a.m12 p.m.	CC

## **Zumba Gold (NEW)**

Enjoy lower-intensity Zumba, moving to Latin and international rhythms for fitness, energy and coordination. All levels are welcome. Instructor: Victoria Freeman.

Total Cost: \$73 (Tuition: \$0 Fees: \$73)

CRN#	Day/Ses.	Dates	Time	Location	
73514	S(8)	1/17-3/21	9:30-10:30 a.m.	CC	
73513	S(8)	4/18-6/13	9:30-10:30 a.m.	CC	

### **PDV 461**

### Serene Mind: Meditation to Relax and Unwind (NEW)

Master soothing guided meditation techniques to enjoy reduced stress, enhanced focus and deep relaxation. Instructor: Jamila Weber.

Total Cost: \$58 (Tuition: \$0 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location	
76368	W(6)	2/4-3/11	2–3 p.m.	HV	
76367	W(6)	5/6-6/10	2-3 p.m.	HV	

### **FIT 064**

## Yoga Therapeutics for Seniors (NEW)

Practice gentle yoga to enhance your well-being and support chronic or acute conditions. Bring a sticky yoga mat and wear loose, comfortable clothing. Instructor: Jana Long.

Total Cost: \$58 (Tuition: \$0 Fees: \$58)

CRN#	Day/Ses.	Dates	Time	Location	
76364	T(6)	2/3-3/10	1:30-2:30 p.m.	Zoom	
76363	T(6)	3/24-5/5	1:30-2:30 p.m.	HV	
76362	T(6)	5/12-6/16	1:30-2:30 p.m.	HV	

## **WRITING**

### **WRI 133**

## Writing a Book

Learn to write a book of any genre. Explore material use, idea communication, essential details, beginning-to-end processes, editing and printing paths. Instructor: Leslie Atkins.

Total Cost: \$94 (Tuition: \$10 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location	
75024	T(8)	1/13-3/3	10 a.m12 p.m.	Zoom	
75991	T(8)	4/14-6/2	10 a.m12 p.m.	Zoom	

### **WRI 118**

## Writing Intriguing Stories

This class boosts your creative writing, offering strategy, inspiration and insights into publishing, with guidance on crafting stories or book-length works. Instructor: Leslie Atkins.

Total Cost: \$94 (Tuition: \$10 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
73805	W(8)	4/22-6/10	10 a.m12 p.m.	Zoom

### **WRI 110**

## Writing to Capture Memories

Whether a memoir or fictional account, writing a book is a great way to capture and share memories of a time, place, person, idea or event. Explore creative strategies while you work on book-length or shorter pieces. Learn how to progress from draft to published book. Instructor: Leslie Atkins.

Total Cost: \$94 (Tuition: \$10 Fees: \$84)

CRN#	Day/Ses.	Dates	Time	Location
73385	W(8)	1/28-3/18	10 a.m12 p.m.	Zoom

## FRIENDLY SENIORS AT CCBC ESSEX

### WINTER 2026 SESSION

Wednesdays, January 14–March 18, 2026 • CCBC Essex, Arts and Humanities Building, Rm 211 (in person)

## Historical Examination of the U.S. Constitution

10-11:30 a.m. • Instructor: Patrick Heline

## Better Health and Wellness for the Senior Adult

11:45 a.m. -1 p.m. • Instructor: Nina Bazemore

## Music of the Civil War

1:30-3 p.m. • Instructor: Patrick Heline

### SPRING 2026 SESSION

Wednesdays, April 15-June 17, 2026 • CCBC Essex, Arts and Humanities Building, Rm 211 (in person)

## A Study of Historical Topics of Baltimore

10-11:30 a.m. • Instructor: Jennifer Liles

## Better Health and Wellness for the Senior Adult

11:45 a.m. -1 p.m. • Instructor: Nina Bazemore

## Cyber Security: Staying Safe Online and AI for Daily Life

1:30-3 p.m. • Instructor: Kim Thornton

## **SENIORS ADVENTURES IN LEARNING AT CCBC (SAIL)**

PFA 590

## Senior Adventures in Learning Open House Event

Discover Senior Adventures in Learning at CCBC, offering fun and educational classes for senior citizens. Attend our open house to explore upcoming classes, meet instructors, get info on Lunch and Learn sessions and register for classes. The event is free, but registration is required. Call 443.840.5830 or 443.840.4700.

IMPORTAN NOTE: You MUST BE registered for the event at least one week prior to the event date!

Total Cost: \$0 (Tuition: \$0 Fees: \$0)

CRN#	Day/Ses.	Dates	Time	Location
73694	S(1)	3/7	10 a.m12:30 p.m.	HV
73694	S(1)	3/7	10 a.m12:30 p.m.	HV

## SENIORS PROGRAM HISTORICAL LECTURE SERIES AT CCBC CATONSVILLE

Come join the Seniors program for a fun and educational historical lecture series, containing two related topics under discussion. Learn and discuss fascinating and rich history associated with these topics in a fun, safe, enjoyable environment and forge friendships with other participants along the way. Please contact Patrick Heline at either 443.840.1036 or email pheline@ccbcmd.edu for more information.

Students must call in and register for this lecture series at either 443.840.2222 or 443.840.5830 using the CRN #76574. When you call and register for the lecture series, you will get two classes for the cost of one.

Cost of the series: \$71 for in county residents.

## TITLE OF LECTURE SERIES, SPRING 2026: INVISIBLE LEADERS: THE UNTOLD STORIES OF WOMEN IN LEADERSHIP

Every Tuesday starting 4/28 and ending 6/2.

## **Eleanor Roosevelt: A Historical Legend and Legacy**

10:15-11:45 a.m. • Instructor: Patrick Heline

## Invisible Leaders: The Untold Stories of Women in Leadership, Past and Present

1-2:30 p.m. • Instructor: Gineen Gray

## **BECOME AN INSTRUCTOR**

## Do you have an expertise or talent you would like to share with the senior population?

The Senior program at CCBC is always looking for qualified instructors in the areas of land and water exercise, humanities, history and the arts.

For more information, contact Steve Edmonston at sedmonston@ccbcmd.edu.