

Common Course Outline
HUSC 250
Crisis Intervention
3 Credits

The Community College of Baltimore County

Description

HUSC 250 – Crisis Intervention examines the principles associated with individuals and groups in crisis. Approaches to assist those experiencing the different types of crises are introduced and practiced. Focus is on assessments, appropriate interventions, and the application of ethics specific to crisis situations.

3 Credits

Prerequisites: HUSC 139

Overall Course Objectives

Upon completion of this course students will be able to:

1. relate the history of major events in crisis intervention;
2. define crisis intervention concepts;
3. compare the theoretical influences on crisis intervention theory and practice;
4. practice empathic communication;
5. compose appropriate documentation of the crisis and intervention;
6. categorize the various categories of crisis;
7. examine the stress-crisis continuum;
8. summarize the connection between substance use and crisis;
9. distinguish the special considerations of working with someone experiencing a crisis and a co-occurring disorder;
10. discuss the special considerations of working with someone experiencing a crisis and is a member of a special population;
11. practice appropriate interventions working with someone experiencing a crisis due to loss;
12. employ appropriate treatment interventions consistent with job responsibility, training, and policies;
13. analyze a crisis assessment;
14. apply principles of cultural competence in crisis intervention;
15. interpret cues that lead to out of control, aggressive or provocative behavior; and
16. evaluate legal issues in crisis intervention.

Major Topics

- I. History of crisis intervention
- II. Theoretical influences on crisis intervention practice

- III. Crisis intervention theories and models
- IV. Communication skills in crisis intervention
- V. Documentation skills
- VI. Categories of crisis
- VII. Stress-crisis continuum
- VIII. Substance use and crisis
- IX. Cultural competence
- X. Crisis due to loss
- XI. Conflict resolution
- XII. Crisis intervention skills
 - A. With co-occurring disorders
 - B. With a child/adolescent
 - C. With an aging individual
 - D. With a vulnerable individual
 - E. Involving the criminal justice system
- XIII. De-escalation techniques
- XIV. Crisis Assessment
- XV. Role of culture (race, gender, class, ethnicity) on crisis
- XVI. Legal issues in crisis intervention

Course Requirements

Grading procedures will be determined by the individual faculty member but will include the following:

Grading/exams

- At least two examinations
- At least two objective writing assignments, minimum 2 pages in length
- At least one crisis assessment, minimum 4 pages in length
- At least one case study analysis, minimum 3 pages in length

Written Assignments: Students are required to use appropriate academic resources.

Other Course Information

This course is required for the Human Services Area of Concentration.