

## **HUSC 110**

### **Foundations of Psychiatric Rehabilitation**

3 Credits

## Community College of Baltimore County Common Course Outline

### Description

**HUSC 110 – Foundations of Psychiatric Rehabilitation:** is a course in which students explore the spectrum of psychiatric rehabilitation services and settings, and the role of mental health and illness across the lifespan.

**Pre-requisites:** HUSC 101

### Overall Course Objectives

Upon completion of this course, students will be able to:

1. describe the client characteristics of individuals served by institutions and agencies in the psychiatric rehabilitation system;
2. list significant events and milestones in the history of psychiatric rehabilitation;
3. explain the impacts of socioeconomic status, unemployment, race, age, ethnicity, chronicity, and severity of illness on access to services in the public and private sectors of psychiatric rehabilitation;
4. describe principles of program development and service delivery based on normative development, including prevention, support groups, peer facilitation, family education, career counseling, and self-help;
5. demonstrate appropriate psychoeducational interventions in psychiatric rehabilitation, including family psychoeducation;
6. distinguish between stigmatizing interventions and those that foster empowerment;
7. list strategies to promote client self-advocacy and access to systems of care;
8. differentiate between recovery-oriented systems of care and systems of care that promote lifelong dependence;
9. speculate the impact of mental illness on vocational development and independent living;
10. describe systems of care across the spectrum of services in the public mental health system, including residential and outpatient settings;
11. integrate counseling and case management strategies to develop care plans focused on improving client quality of life;
12. demonstrate appropriate documentation skills in psychiatric rehabilitation;
13. describe the relationships between mental health, somatic health, and emotional well-being; and
14. apply significant legal and ethical principles in psychiatric rehabilitation.

The Common Course Outline (CCO) determines the essential nature of each course.  
For more information, see your professor's syllabus.

## **Major Topics**

- I. Client Characteristics
- II. History of Psychiatric Rehabilitation
- III. Diversity Factors in Psychiatric Rehabilitation
- IV. Program Development and Service Delivery
- V. Psychoeducation
- VI. Stigma
- VII. Fostering Independence and Self-Advocacy
- VIII. Recovery-Oriented Systems of Care
- IX. Vocational Development and Job Coaching
- X. Systems of Care
  - a. Vocational Rehabilitation and Supported Employment
  - b. Outpatient/Day Programs
  - c. Residential Programs and Independent Living
  - d. Hospital-Based Programs
  - e. Peer Support Models
  - f. Family Interventions
- XI. Case Management
- XII. Documentation Skills
- XIII. Legal and Ethical Issues
- XIV. Interrelationship Between Mental and Physical Health

## **Course Requirements**

Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- 1 program visit summary and critique, at least 3 pages
- 1 service delivery plan
- 2 examples of case management documentation
- 1 lesson plan for family psychoeducation

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

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