

**Common Course Outline**  
**MASS 233**  
**Medical Massage Clinical Rotation**  
**1 Credit**

**Community College of Baltimore County**

**Description**

**MASS 233 – Medical Massage Clinical Rotation** expands the abilities and experiences of students by applying learned theory and laboratory practice in medical facilities off-campus, working with patients with many different pathologies and conditions. Students work clinical shift rotations as a student practitioner with faculty supervision in providing therapeutic massage treatment for palliative and chronic pain related needs. Specific assessment tools, detailed documentation, knowledge of working in a medical setting, and interdisciplinary activities are utilized and required with patient work for this level of practicum and application. Students are required to obtain clearance for the clinical sites prior to the start of this course. Scheduling of clinical shift rotations will be facilitated through program faculty. This course is the third of three clinical based courses in the Program.

**1 Credit:** *45 hours of clinical practicum.*

**Prerequisites:** MASS 232 and MASS 222 with a grade of “C” or better, or concurrently, or permission of the Program Director.

**Overall Course Objectives**

Upon completion of this course, students will be able to:

1. assess patients with different pathologies using professional resources in order to effectively and safely apply massage therapy techniques in a medical environment;
2. evaluate patient function and needs to set therapeutic goals for a treatment session in a health care setting;
3. apply a variety of integrative massage techniques during a patient treatment session and evaluate outcomes in a health care setting;
4. determine use of proper body mechanics, appropriate draping where applicable, and therapeutic communication while providing therapeutic massage in a medical environment;
5. exercise elements of therapist self-care;
6. construct appropriate session documentation for each patient session using several methods depending on the requirements of the health care setting and other medical practitioners;

7. illustrate proficiency in the upholding of Health Insurance Portability and Accountability Act (HIPAA) documentation standards with patient interaction in a medical environment;
8. demonstrate all required proficiencies with regards to safety, infection control, and standard precautions as required in the medical care setting such as a hospital environment; and
9. explore interaction and patient advocacy as a part of an interdisciplinary collaborative care team in a health care setting.

## **Major Topics**

- I. Patient Therapeutic Session Development
  - A. Health History, Pathologies, and Medications/Interactions
  - B. Indications, Contraindications, and Cautions with Scope of Practice
  - C. Patient Needs Assessment Process
  - D. Session Organization and Time Management
  - E. Goal Setting and Evaluation
- II. Documentation
  - A. APIE (Assessment, Problem, Intervention, Evaluation) Charting for Medical Setting
  - B. Ethics in Health Care Setting
  - C. Referrals, Orders, and Prescriptions
  - D. Professional Communication Methods and HIPAA (Health Insurance Portability and Accountability Act)
- III. Medical Setting Comparisons
  - A. Therapeutic Model with Medical Emphasis
    - i. Outpatient Center
    - ii. Private Practice
  - B. Palliative Care and Medical Treatment Purpose
    - i. Inpatient Hospital and Support Care
    - ii. Medical Office with Physician Direction

## **Course Requirements**

Grading procedures will be determined by the clinical coordinator and/or individual faculty member but will include the following:

## **Grading/exams**

- 100% completion and attendance is required
- Individual student performance for each scheduled clinical shift based on professionalism, skills and technique, documentation, and treatment planning. A student must meet or exceed 70% of all required performance elements for each scheduled clinical shift
- Documentation and charting completed by each individual student graded for quality, completion, and accuracy

- Interprofessional collaboration observation summary paper
- Journaling and final reflection summary paper

Written Assignments: Students are required to use appropriate academic resources. Students are required to keep a reflective journal documenting their clinic experiences throughout the course of the semester.

**Other Course Information**

This course is a required course in the Massage Therapy Program. This course is the third course in a required three-course clinical practicum sequence. A grade of “C” or better is required for all Massage Therapy courses in order to progress within the program. Students must pass all components in order to satisfactorily complete this course. This course may not be offered in all semesters; see registration schedule.

Date Revised: 09/04/2018