

OCTA 236

Clinical Techniques II

3 Credits

Community College of Baltimore County Common Course Outline

Description

OCTA 236 – Clinical Techniques II: this course provides a developmental view of the aging process; covers physical, psychosocial, socio-economic and cultural issues; the effects of normal aging and pathology on function and independence, and prevention, restoration, and maintenance programs .Provides reinforcement through lectures, guest speakers, discussion reading assignments, geriatric lab and practicum.

Pre-requisites: [OCTA 220 with a grade of “C” or higher.

Co-requisites: [None}

Overall Course Objectives

Upon completion of this course, students will be able to:

1. Differentiate occupational therapy role in medical model/community/emerging practice model;
2. Identify the performance areas that lead to healthy aging;
3. Understand the importance of AOTA/MOTA and their role in advocacy for the elderly;
4. Identify documentation requirements for Medicare/Medicaid and other third- party payers;
5. Promote Occupational Therapy to groups such as legislators and community center staff;
6. Articulate the role of the OTA in the screening/evaluation process of clients/patients;
7. Administer an occupational profile, mobility assessment and home assessment;
8. Develop and Implement therapeutic intervention to enhance increase function and safety;
9. Demonstrate the ability to modify a plan of care as needed ;
10. Demonstrate the ability to work under the supervision of an occupational therapist;
11. Demonstrate the ability to work inter-professionally with other members of the treatment team ;
12. Explore Community Mobily choices for seniors/elderly;
13. Enhance Fall Prevention training to senior community dwellers ;
14. Articulate technologies available to the elderly with specific diagnosis such a low vision/hearing deficit, incontinence, fine motor and mobility to increase independence;
15. Articulate cultural influences end of life customs ; and
16. Identify substance abuse in the Elderly.

Major Topics

I. Aging

The Common Course Outline (CCO) determines the essential nature of each course.
For more information, see your professor’s syllabus.

- A. Aging Population and Demographics and O.T. Practice
 - B. O. T. Services in a medical based practice
 - C. O. T. Services in a community- based practice and funding
 - D. O. T. Services with a culturally diverse population
 - E. Community Mobility (includes Carfit and Driving)
 - F. Positioning concepts and group construction of adaptive seating or positioning principles given a scenario
- II. Aging Theories/Process
 - a. Biological Theories of Aging
 - b. Psychological Theories of Aging
 - c. Normal Changes and Functional Impact on Aging
 - d. O. T.'s role with incontinence
 - e. Low Vision and Hearing Deficits
 - f. Alzheimer's Disease
- III. Assessments for the Elderly
 - a. The Structured Interview/Occupational Profile
 - b. Mobility Assessments
 - c. Fall Prevention Assessments
 - d. Home Assessments
 - e. Cognitive Assessments
- IV. Health Care Policies
 - a. Medicare/Medicaid Documentation Laws governing services for the elderly and other legal issues
 - b. The importance of Inter-Professional Working Relationships
 - c. The role of the caregiver
 - d. Restraint Reduction Rules/Regulations
 - e. Roles of the OTR and COTA Collaborative Approach
 - f. The COTA Advocacy Role
 - g. Occupational Therapy and Telehealth
- V. Death and Dying
 - a. The COTA role in Hospice
 - b. Cultural Influences with End of Life Customs
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Course Requirements

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Grading will be determined by the individual faculty member, but shall include the following, at minimum:

- 2 tests
- Mini Senior Citizen Project
- Final Level I Fieldwork Project/Report
- Adaptive Clothing Project
- Final Examination

Written assignments and research projects: Students are required to use appropriate academic resources in their research and cite sources according to the style selected by their professor.

Other Course Information

This course is an approved 3–credit General Education course in [Choose a discipline.].

[Is this course a Gen Ed class? Choose an Option.]

[Does this class fulfill Diversity and Global Ed requirements? Choose an option.]

Enter additional course information over this text.

Date Revised: 6/4/2019