

# **Common Course Outline**

**PEIA 137**

**Badminton**

**1 Credit**

## **The Community College of Baltimore County**

### **Description**

Badminton

Introduces the fundamental principles of badminton including the serve, clear, drop, drive and smash shots; covers the rules, scoring and singles and doubles strategies.

### **Overall Course Objectives**

Upon successful completion of the course, the student will be able to:

1. Demonstrate the basic stance, ready position and footwork.
2. Demonstrate the following skills: drives, clears, dropshots, serves, and smashes.
3. Describe the rules and scoring for singles and doubles play.
4. Describe and implement the strategies and tactics for singles play.
5. Describe and implement the strategies and tactics for doubles play.
6. Analyze personal strengths & weaknesses.

### **Major Topics**

1. Court dimensions, playing equipment, net height.
2. Rules governing play, service, and scoring.
3. Basic stance, footwork, and ready position.
4. Racket skills including clears, dropshots, drives, smash, and serves.
5. Basic singles strategy and tactics.
6. Basic doubles strategy and tactics.
7. History of badminton and levels of competition.
8. Game and tournament play.

### **Course Requirements**

Specific assignments and procedures for evaluating student performance in this course will be described in the individual class syllabus, but will include the following:

1. Written exam and quizzes.
2. Skills tests
3. Technique evaluation

**Other Course Information (sample)**

1. PEIA 137 is an elective.
2. Attendance and participation in all portions of the class is essential to the successful completion of the course objectives.