

Common Course Outline
PEOD 103
Camping
1 Semester Hour

The Community College of Baltimore County

Description

Camping

Introduces all aspects of family camping; meets for 8 hours in the classroom; includes a 3-day weekend camping trip with the class, camping gear provided.

Overall Course Objectives

Upon completion of this course the student will be able to:

1. plan and lead an extended group camping experience.
2. develop a self-regulated progressive fitness program.
3. institute teamwork and cooperation.
4. heighten his/her appreciation for the ecological balance.
5. integrate fitness and sport into the camping experience.
6. integrate exploration of streams, ponds and forests.
7. plan, purchase, store and safely prepare food for a group.
8. understand various local, state and federal park regulations.
9. competently handle first aid and emergency procedures.
10. demonstrate a higher consciousness, relative to camping, both practically and aesthetically.

Major Topics

1. Overview of the camping experience as part of beneficial leisure.
2. Planning – the value of pre-planning and preparation for group camping.
3. Shelter – various tents, use of provided shelters and survival shelters.
4. Food – meal planning, storage, preservation and preparation for a group, including various camping stoves and cooking.
5. Water – availability, safety, and decontamination.
6. Equipment – use of all aspects of equipment: axes, lanterns, emergency and first aid.
7. Direction and Orientation – use of maps, compass and natural surroundings.
8. Exploration – (structured and unstructured) of natural surrounding and habitats.
9. Integration of fitness and leisure sports into the camping experience.
10. Regulations and laws governing use of county, state and federal parks.

Course Requirements

Grading/Exams: Grading procedures will be determined by the individual faculty member but will include the following:

1. Attendance at all class sessions
2. A written paper, 5 pages in length, double-spaced, citing at least four (4) references, footnoting required.
Topic: to be discussed in class.
3. Successful completion of a four day field experience.
4. Final written exam.

Other Course Information

We take seriously our responsibility to maintain high-quality programs and will periodically ask you to participate in assessment activities to determine whether our students are attaining the knowledge, attitudes and skills appropriate to various courses and programs. The assessment activities may take many different forms such as surveys, standardized or faculty-developed tests, discussion groups or portfolio evaluations. We ask that you take these activities seriously so that we can obtain valid data to use for the continuous improvements of CCBC's courses and programs.