

Common Course Outline
PEOD 105
Canoeing
1 Semester Hour

The Community College of Baltimore County

Description

Canoeing

Includes an orientation to water safety and solo and tandem canoeing techniques; involves canoe trips on various Maryland waterways.

Prerequisites: (RDNG 052 or LVR 2)

Overall Course Objectives

Upon completion of the course, the student will be able to:

1. identify the parts, materials and design characteristics of the canoe, significant to performance.
2. identify and utilize equipment necessary for canoeing in various situations and weather conditions.
3. classify rivers using the eastern river rating scale.
4. identify, evaluate and cope with various river dynamics and open water hazards.
5. devise a float plan.
6. execute and evaluate canoe strokes and maneuvers in flat and moving water; in tandem and solo.
7. perform river rescue techniques.
8. identify reasons for moving by canoe.
9. move through wilderness areas with little impact upon the environment.

Major Topics

1. Canoe design and equipment
2. River dynamics and classification
3. Canoeing hazards
4. The float plan
5. Canoe strokes
6. River rescue
7. The traveler's impact upon the environment

Course Requirements

Grading: Evaluation will combine the following:

1. Written examination
2. Performance examination
3. Attendance and participation

Other Course Information

1. PEOD 105 is an elective.
2. Attendance and participation in all portions of the class is essential to the successful completion of the course objectives.