



**CCBC CATONSVILLE – FALL, 2009  
WORKOUT AND OPEN SWIM SCHEDULE**

**Fitness Center - August 31 through December 18, 2009**  
**Pool facility – August 31 through December 18**  
(Facilities closed September 7 (Labor Day) and  
November 25, 26, 27 for Thanksgiving break)

**FITNESS CENTER**

**FOR FACULTY AND STAFF ONLY**  
**8:00-8:55 Monday, Wednesday and Friday**

**FOR STUDENTS, FACULTY, STAFF AND ALUMNI**  
**Monday, Tuesday, Thursday**  
**12:30 p.m. – 2:00 p.m.**  
**and**  
**Tuesday/Thursday**  
**4:30 p.m. - 6:30 p.m.**

**POOL**

**Monday, Wednesday, Friday**  
**12:15 p.m. - 1:15 p.m.**  
**and**  
**Friday**  
**5:00 - 6:00 p.m.**

**Friday evenings are family swim.**

**You may bring members of your immediate family, OR one guest.**

**Facility use policy: Currently registered students (credited/Con Ed)  
Faculty, Staff, Alumni**

**Student I.D. (or proof of registration) required at both locations.**

**Please bring a towel.**

**Tennis shoes and appropriate workout attire REQUIRED. NO JEANS**

**Any questions, please call 443-840-4470**