

Common Course Outline
CMDP 144
Introduction To Chemical Dependency Counseling
3 Semester Hours

The Community College of Baltimore County

Description

Introduction To Chemical Dependency Counseling

Provides a broad overview of the knowledge and skills needed to function as a chemical dependency counselor; includes the job description of the chemical dependency counselor, major categories of psychoactive drugs, definition of addiction, and continuum of care from prevention to various treatments.

Co-requisites: Reading Skill 2, English Skill 2.

Overall Course Objectives.

Upon completion of this course the student will be able to:

1. Identify the knowledge and skills required to counsel the chemically dependent client population.
2. Describe the job description of a chemical dependency counselor
3. Identify and describe the traits of an effective counselor.
4. Identify and differentiate between the major categories and effects of psychoactive drugs.
5. Discuss the definition of “addiction” and differentiate it from “use” and “abuse”
6. Identify and describe the continuum of care from prevention to the various treatment modalities.

Major Topics

Course Overview

Review of the Addiction Counseling Competencies: Practice Dimensions

Traits of an Effective Counselor

Overview of individual counseling skills

Confrontation

Basics of the nervous system and neural communication.

Major categories of psychoactive drugs and their effects.

Types of drug use: use, abuse, addiction

Prevention and treatment modalities

ASAM criteria for patient placement

Course Requirements

Grading/Exams: Grading procedures will be determined by the individual faculty member but will include the following:

Midterm and Final Exams.

Other Course Information