

Common Course Outline
CMDP 212
Group Counseling: Advanced
3 Semester Hours

The Community College of Baltimore County

Description

Group Counseling: Advanced

Discusses advanced perspectives and applications of the fundamental principles of group counseling by examining the various types of groups including in-patient, time-limited, topic-focused, psychodrama and other forms of group.

Prerequisite: CMDP 112.

Overall Course Objectives.

Upon completion of this course the student will be able to:

1. Demonstrate increased knowledge of group theory and practice.
2. Understand the different types and structures of groups.
3. Acquire principles of inpatient and short-term group theory and practice.
4. Become skilled in adapting theoretical knowledge of different clinical settings.
5. Demonstrate improved group leadership skills.
6. Be able to identify major group themes and facilitate the group's movement through developmental stages.
7. Learn effective use of supervision and constructive feedback.

Major Topics

Course Overview

Review of Therapeutic Factors

Group Psychotherapy with the Chemically Dependent Population

Early Stage Treatment Issues and Group Counseling

Middle and Late Stage Treatment Issues and Group Counseling

Working with Resistance

How to Plan a Group

Inpatient Model of Group Psychotherapy

Course Requirements

Grading/Exams: Grading procedures will be determined by the individual faculty member but will include the following:

Midterm and Final Exam; or Comprehensive Take-home Final Exam.

Student Group Counseling Presentation

Other Course Information

This course is a program requirement for the Chemical Dependency counseling degree and certificate programs.