

**Common Course Outline**  
**DANC 115**  
**Beginning Ballet II**  
**2 Semester Hours**

**The Community College of Baltimore County**

**Description**

**Beginning Ballet II**

Provides development and practice of the theory and technical training introduced in Beginning Ballet I; prepares students for study at the intermediate level. Entry level for students with previous training. This course may be repeated up to a maximum of 4 credit hours. Three hours of studio a week.

Prerequisite: DANC 114 or consent of Dance Coordinator

**Overall Course Objectives**

Upon successful completion of this course the student will be able to:

1. demonstrate elementary classical ballet skills with effective technique;
2. accurately apply ballet terminology in written and oral communication;
3. evaluate their growth in agility, balance, strength, endurance, flexibility, coordination, and movement efficiency;
4. demonstrate appropriate studio etiquette;
5. demonstrate sensitivity to the tempo, rhythm, and dynamics of musical accompaniment;
6. demonstrate self-awareness and awareness of others when performing and engaging in group activities;
7. utilize increased kinesthetic perception in order to self-evaluate and self correct;
8. demonstrate effective oral, written and critical thinking skills as they apply to dance technique and appreciation;
9. discuss the choreographic elements of various pioneers and contemporary classical dance styles;
10. discuss dance as a means to a healthy lifestyle;
11. discuss ballet as a vehicle for expressing cultural, historical, political or social issues;
12. apply aesthetic criteria in evaluating dance .

**Major Topics**

1. Elements of technique and terminology: barre work and center combinations

2. Elements of movement (space, time and energy)
3. Cultural and historical influences
4. Dance and wellness
5. Dance aesthetics: defining dance, dance as an art form, aesthetics as a process and product of culture
6. Elements of theatrical production and performance

### **Course Requirements**

Specific assignments and procedures for evaluating student performance in this course will be described in the individual class syllabus, but will include the following:

1. Attendance and active participation in dance technique and class discussions
2. Two movement evaluations (mid-term and final)
3. Attendance at a minimum of one live dance performance and written response
4. A minimum of one written examination
5. Written self-evaluation assignment

### **Other Information:**

The Community College of Baltimore is committed to providing a high-quality learning experience that results in a growth in knowledge, attitudes, and skills necessary to function successfully as a transfer student, in a career and as a citizen. To accomplish this goal, we maintain high academic standards and expect students to accept responsibility for their individual growth by attending class, completing all homework and other assignments, participating in class activities and preparing for tests.

We take seriously our responsibility to maintain high-quality programs and will periodically ask you to participate in assessment activities to determine whether our students are attaining the knowledge, attitude and skills appropriate to various courses and programs. The assessment activities may take many different forms such as survey, standardized or faculty-developed tests, discussion groups or portfolio evaluations. We ask that you take these activities seriously so that we can obtain valid data to use for the continuous improvement of CCBC's course and programs.