

Common Course Outline
DANC 120
Beginning Modern Dance I
1 Semester Hour

The Community College of Baltimore County

Description

Beginning Modern Dance I

Introduces technique and movement vocabulary of modern dance; emphasizes dance fundamentals which may be applied to other dance styles such as jazz and ballet. Two hours of studio a week.

NOTE: For students with no previous training.

Overall Course Objectives

Upon successful completion of this course the student will be able to:

1. perform basic Modern Dance skills with effective technique and efficient body alignment according to individual anatomical structure;
2. identify basic Modern Dance skills and terminology;
3. demonstrate appropriate studio etiquette;
4. actively participate in movement improvisation and group activities;
5. demonstrate sensitivity to tempo, rhythm, and dynamics of musical accompaniment;
6. utilize kinesthetic perception in order to self-evaluate and self-correct;
7. evaluate their growth in agility, balance, strength, endurance, flexibility, coordination, and overall movement efficiency;
8. demonstrate self-awareness and awareness of others when performing and engaging in group activities;
9. demonstrate effective oral, written and critical thinking skills as they apply to Modern Dance technique and appreciation;
10. identify criteria for making aesthetic judgments about dance;
11. discuss dance as a means to a healthy life style;
12. discuss Modern Dance as a vehicle for expressing cultural, historical, political or social issues.

Major Topics

1. Elements of Modern Dance terminology and technique: floor work, standing, center combinations and locomotor sequences
2. Elements of movement: space, time, energy
3. Studio etiquette
4. Creative and improvisational experiences within the parameters of Modern Dance
5. Cultural/historical roots of Modern Dance technique and dance aesthetics
6. Dance and Wellness

Course Requirements

Specific assignments and procedures for evaluating student performance in this course will be described within the individual syllabus, but will include the following:

1. Attendance and active participation in modern dance technique and improvisation
2. Two movement evaluations (midterm and final)
3. Attendance at a minimum of one live dance concert
4. A written or oral self evaluation
5. A minimum of one written exam

Other Information

The Community College of Baltimore County is committed to providing a high quality learning experience that results in a growth in knowledge, attitudes, and skills necessary to function successfully as a transfer student, in a career and as a citizen. To accomplish this goal, we maintain high academic standards and expect students to accept responsibility for their individual growth by attending class, completing all homework and other assignments, participating in class activities and preparing for tests.

We take seriously our responsibility to maintain high-quality programs and will periodically ask you to participate in assessment activities to determine whether our students are attaining the knowledge, attitude and skills appropriate to various courses and programs. The assessment activities may take many different forms such as survey, standardized or faculty-developed tests, discussion groups or portfolio evaluations. We ask that you take these activities seriously so that we can obtain valid data to use for the continuous improvement of CCBC's course and programs.