

Course Outline
HUMS 122/SOCL122
Aging in America
The Community College of Baltimore County

Description

Aging in America

Emphasizes six themes: lifespan development, person/environment interaction, optimal quality of life, cross-cultural factors, how aging is studied, and growing older in a new age of urbanization and technology.

Prerequisites: ENGL 052, RDNG 052

Overall Course Objectives

- A. Discern between facts and myths of aging
- B. Understand problems, concerns, and potential of the elderly
- C. Describe the biological changes, and the psycho-social aspects of aging
- D. Discuss the significance of retiring
- E. Recognize the nature of changing relationships in the elderly
- F. Explain the global demographic situation
- G. Integrate the theoretical perspectives with the realities of the aging process

Major Topics

- A. Sociological theories of aging
- B. Physical and social changes with aging
- C. Personality and mental health
- D. Living arrangements
- E. Love and sexuality in aging
- F. Death and dying
- G. Race/ethnicity
- H. Gender and aging
- I. Public policy and the aged

Course Requirements

- A. Mid-term and/or periodic examination
- B. Term paper and/or projects
- C. Comprehensive final examination
- D. Attendance and participation