

Common Course Outline
MNTH 101
Introduction to Mental Health
3 Credits

The Community College of Baltimore County

Description

Presents an historical review of the attitudes toward mental illness, reviews roles and functions of professionals working with individuals with emotional, behavioral, addictions, and/or social problems, studies various treatment procedures used in mental health/human services field, and investigates different facilities where treatment and services are available. Prerequisites: RDNG 052

Overall Course Objectives

Upon completion of this course, students will be able to:

1. define and identify concepts of normality and abnormality.
2. define and identify the role functions of mental health professionals.
3. define and demonstrate generic skills of mental health paraprofessional helper.
4. identify and demonstrate core ethical standards and behavior in mental health.
5. identify and define theoretical models of treatment of mental health problems.
6. identify and demonstrate basic assessment and appraisal techniques utilized in mental health.
7. conduct an interview of a mental health professional.
8. identify and define concepts of primary prevention.
9. identify and define concepts of secondary prevention and crisis intervention.
10. identify and define concepts of tertiary intervention in mental health.
11. identify and define various treatment modalities utilized in mental health.
12. identify and define alternative treatment modalities utilized in mental health.
13. locate and evaluate mental health treatment resources in the community.
14. locate and evaluate mental health treatment resources on the Internet.
15. locate, analyze, evaluate, and prepare abstracts of peer review journal articles in mental health.

Major Topics

History of Mental Health Treatment
Models of Normality & Abnormality
Theoretical perspectives & treatment models in mental health
Therapeutic interventions in mental health
Role functions of mental health professionals
Core facilitative characteristics of mental health professionals
Ethical standards & behavior in mental health

Course Requirements

Grading/exams: Grading procedures will be determined by the individual faculty member but will include the following:

- Exams
- Facility visitation report
- Internet resource evaluation report
- Abstract of mental health journal articles

Other Course Information

This course is the first course in the Mental Health Program but is open to all students in the CCBC system.