

Common Course Outline
MNTH 102
Fieldwork in Mental Health/Substance Abuse
4 Credits

The Community College of Baltimore County

Description

Two (2) lecture hours, six (6) fieldwork hours per week. (Offered Spring only.)

Prerequisites: MNTH 101, RDNG 052 and admission to the Mental Health Program.

Students are assigned to a variety of Mental Health, Human Service, or Substance Abuse Treatment programs. Students work with clients under the supervision of either faculty or agency personnel in order to gain practical experience.

Overall Course Objectives

1. identify and demonstrate core ethical standards and behavior in counseling.
2. identify and demonstrate core attributes of effective helpers.
3. develop awareness of role of culture in counseling problems and development of therapeutic relationship.
4. develop an awareness of the dynamics of the interpersonal process in helping.
5. develop an awareness of his/her own limitations in counseling sessions.
6. identify and define various problem assessment techniques
7. conduct a problem assessment interview.
8. identify and develop therapeutic counseling goals for clients.
9. conduct and prepare a mental status exam report.
10. conduct a suicide assessment
11. identify and diagnosis psychological/emotional disorders in interview sessions
12. Identify and define criteria for making a referral and/or requesting a consultation.

Major Topics

Ethical and legal issues in counseling
Attributes of effective counselors
Multi-culturalism in counseling process & treatment
Process of assessment of problems
Models of problem assessment
Attending behavior
Listening responses
Action responses
Use of questions
Problem identification
Mental status examination
Suicide assessment
Client goal-setting
Treatment selection and planning

Course Requirements

Grading/exams: Grading procedures will be determined by the individual faculty member but will include the following:

Exams
Client problem assessment & treatment planning project
DSM-IV diagnosis project

Other Course Information

This course is a core course in the Mental Health Program but is open to all students in the CCBC system with the permission of the Mental Health Program Director.