

# Common Course Outline

MNTH 109

Theories of Addictions

3 Credits

## The Community College of Baltimore County

### **Description**

An overview of major theories relating to the development of substance abuse disorders. Course emphasizes diagnostic criteria, intervention modalities, and treatment issues in the field of substance abuse. Prerequisites: MNTH 101, RDNG 052 and admission to the Mental Health Program.

### **Overall Course Objectives**

Upon completion of this course, students will be able to:

1. identify, define, and evaluate major theoretical models of substance abuse.
2. identify and define major constructs in the field of substance abuse treatment.
3. develop awareness of the role of cultural forces (race, gender, class, ethnicity) in the development of substance abuse problems.
4. identify and define various diagnostic criteria utilized to define substance abuse
5. identify and define various diagnostic assessment techniques utilized.
6. identify and apply DSM-IV diagnostic criteria in evaluation of substance abuse cases.
7. identify and define various treatment modalities utilized.
8. identify and define treatment issues in substance abuse.
9. identify and define common co-occurring psychiatric conditions in substance abuse
10. identify and define factors related to relapse in substance abuse.
11. identify and define concepts and techniques utilized in relapse prevention programs.
12. identify and define alternative treatment modalities utilized in mental health.
13. locate and evaluate substance abuse treatment resources in the community.
14. locate and evaluate substance abuse treatment resources on the Internet.
15. locate, analyze, evaluate, and prepare abstracts of peer review journal articles in substance abuse.

## **Major Topics**

Theoretical models of substance abuse

Socio-cultural

Medical/Disease model

Behavioral/Expectancy model

Psychoanalytic model

Cognitive-Behavioral models

Role of culture in development of substance abuse disorders.

Diagnostic criteria

Diagnostic and assessment techniques

DSM-IV & Substance Use Disorders

Intervention techniques

Treatment issues

Treatment modalities

Dual diagnosis

Relapse & Relapse prevention

## **Course Requirements**

Grading/exams: Grading procedures will be determined by the individual faculty member but will include the following:

Exams

Facility visitation report

Internet resource evaluation report

Abstract of substance abuse journal articles

## **Other Course Information**

This course is a core course in the Mental Health Program but is open to all students in the CCBC system.