

**Common Course Outline**  
**MNTH 220/HUMS 220**  
**Crisis Intervention**  
2 Credits

**The Community College of Baltimore County**

**Description**

Prerequisites: MNTH 101, MNTH 103, RDNG 052 and admission to the Mental Health Program OR HUMS 111 and permission of Human Services Program Director.

This course will introduce concepts associated with people in crisis. Approaches to help those experiencing crisis will be introduced and practiced. The concepts and skills will be examined in the context of different categories of crisis.

**Overall Course Objectives**

At the completion of the course, the student will be able to:

1. identify and define crisis intervention concepts.
2. identify and define the history of crisis intervention.
3. identify and define the theoretical influences on crisis intervention theory and practice.
4. identify and define the crisis intervention process and intervention methods utilized.
5. utilize and demonstrate empathic communication
6. conduct and analyze a crisis assessment
7. identify and implement problem-solving strategies and techniques.
8. assess and initiate an appropriate referral for a client.
9. identify and define various categories of crisis.
10. identify and implement interventions with special populations of crisis.
11. broaden scope of clinical interventions utilized with clients.
12. identify and define legal issues in crisis intervention.
13. integrate knowledge and practical experience in the application of positive action during personal crisis and the crisis of others.
14. apply theory and skills to a wide range of clinical situations in mental health.

## **Major Topics**

History of crisis intervention  
Theoretical influences on crisis intervention practice  
Crisis intervention theories and models  
Role of culture (race, gender, class, ethnicity) on crisis  
Types & stages of crisis & resolution  
Types of interventions  
General systems theory  
Crisis intervention skills  
Legal issues in crisis intervention  
Application of theory & skills to special populations

## **Course Requirements**

Grading/exams: Grading procedures will be determined by the individual faculty member but will include the following:

Exams  
Clinical practice paper  
Case presentation

## **Other Course Information**

This course is a core course in the Mental Health Program but is open to all students in the CCBC system with the consent of the Mental Health Program Director.