

Common Course Outline

NURN 111
Adult and Older Adult Health Care I
4 Semester Hours

The Community College of Baltimore County

Description: Provides a foundation in essential principles, concepts and skills needed for the care of clients with acute and chronic alterations in integument, musculoskeletal, nervous and endocrine systems. The course builds on basic nursing knowledge and skills established during the first semester of the program. Opportunities to apply theoretical concepts and perform nursing skills specific to adult and older adult clients are provided through faculty guided campus laboratory and off-campus learning experiences in acute and long-term health care settings. The Neuman System Model is the framework for the study of client care.

Prerequisites: Successful completion of NURN 103, NURN 110, ENGL 101, and BIOL 110 with a grade of "C" or better.

Overall Course Objectives: Upon completion of this course, the student will demonstrate satisfactory knowledge of nursing principles and concepts that apply to the adult and older adult with acute and chronic alterations in wellness. The student will be able to:

1. Apply legal and ethical standards for practical nursing practice when providing basic nursing care for client systems;
2. Prioritize nursing care for client systems experiencing common recurring stressors from the internal and external environment related to alterations in wellness discussed in this course;
3. Provide nursing care for client systems with common recurring health problems related to alterations in wellness discussed in this course using principles and concepts from the Neuman System Model and the nursing process;
4. Participate in a team relationship with licensed professional health care providers to promote effective care for client systems with alterations in wellness discussed in this course;
5. Use critical thinking skills to assist in planning holistic care for client systems with alterations in wellness discussed in this course during primary, secondary, and/or tertiary levels of prevention;
6. Differentiate the effects of physiological, psychological, socio-cultural, developmental and spiritual variables on client system health;
7. Examine the significance of cultural and ethnic factors, with guidance, when interacting with and planning care for client systems;
8. Examine how one's own behavior, attitude, and values influence interactions with others;
9. Establish therapeutic relationships with client systems;

10. Utilize available community resources to assist client systems with alterations in wellness discussed in this course to achieve optimum health;
11. Create an educational plan that is congruent with the goals of licensed professional members of the health care team and assists client systems with alterations in wellness discussed in this course to strengthen normal and flexible lines of defense to attain, maintain and/or retain system stability;
12. Implement established protocols to protect client systems and others from environmental hazards;
13. Utilize technology, with guidance, to enhance the effectiveness and efficiency of nursing care for client systems in acute and long-term care facilities;
14. Employ effective oral and written communication skills to report on and document the effectiveness of client care;
15. Demonstrate professional health care workforce behaviors; and
16. Discuss the tasks related to client care that can be safely assigned to unlicensed personnel.

Major Topics:

- I. Nursing Care of the Elder Client
- II. Anesthesia
- III. Nursing Care of the Surgical Client
- IV. Anatomy and Physiology Review
- V. Nursing Care of the Client with an Alteration in:
 - A. Integumentary System
 - B. Musculoskeletal System
 - C. Nervous System
 - D. Endocrine System

Skills:

- Traction care
- Devices to assist ambulation
- Cast/splint care
- Ace wraps
- Suture and staple removal
- Vision and hearing screening

Course Requirements: The Community College of Baltimore County is committed to providing a high-quality learning experience that results in growth in knowledge, attitudes, and skills necessary to function successfully in a career and as a citizen. To accomplish this goal, the Practical Nursing Program maintains high academic standards and expects students to be partners in the learning process and accept responsibility for their individual growth.

Writing: The individual faculty member will determine specific writing assignments.

Grading theory: Grading procedures will be determined by the individual faculty member but will include interim and comprehensive final examinations in the lecture portion of the course.

Note: An average of 70% on exams is required prior to the addition of any other graded assignments.

Grading clinical: Clinical performance will be graded as satisfactory or unsatisfactory.

Note: Students must achieve a satisfactory performance level in clinical and theory for satisfactory completion of the course.

Individual faculty members may include additional course outcomes, major topics, and other course requirements to the minimum expectations stated in the Common Course Outline.

Other Course Information: This course is required for the 42-46-credit certificate in Practical Nursing. Satisfactory completion of this course is required to progress to the next sequential level in the nursing program.

Methodologies used to teach and learn in this course include: lectures, individual and cooperative group learning projects, skill demonstrations, computerized self-study, and videos.

The Community College of Baltimore County is committed to providing a high-quality learning experience that results in growth in knowledge, attitudes, and skills necessary to function successfully as a transfer student, in a career and as a citizen. To accomplish this goal, we maintain high academic standards and expect students to accept responsibility for their individual growth by attending classes, completing all homework and other assignments, participating in class activities and preparing for tests.

We take seriously our responsibility to maintain high-quality programs and will periodically ask you to participate in assessment activities to determine whether our students are attaining the knowledge, attitudes, and skills appropriate to various courses and programs. The assessment activities may take many different forms such as surveys, standardized or faculty-developed tests, discussion groups or portfolio evaluations. We ask that you take these activities seriously so that we can obtain valid data to use for the continuous improvement of CCBC's courses and programs.