

CCBC - CATONSVILLE
OCCUPATIONAL THERAPY ASSISTANT PROGRAM
OCTA 269: PSYCHOSOCIAL FIELDWORK

Division: Allied Health and Human Performance
Placement: Spring semester following completion of all academic coursework.
OCTA 269: Psychosocial Fieldwork ,must be completed within 18 months of finishing the academic program
Instructor: Diane Hunter, Academic Fieldwork Coordinator, 410-455-4161
Judith Blum, Program Coordinator
Credits: 4 credits (300 hours)

PHILOSOPHY

The philosophy of this OTA program reflects the historical and emerging beliefs regarding the profession of occupational therapy. Students are expected to *actively participate* in the learning process. This level of participation is believed to encourage students to actively become *involved in the profession of occupational therapy* and facilitate the development of the therapeutic self. Through interaction with a diverse student and faculty population on campus, students will gain an appreciation for the *uniqueness of individuals* and the need to *treat all people with dignity*. Role modeling by the OTA faculty will expose students to the strongly held beliefs that *mind and body significantly influence the health and well beings of humans*. And through the *use of Apurposeful activity= or Aoccupations=* dysfunction may be minimized, prevented, and/or will *elicit an adaptive response* within the client. This may result in *maximizing the client=s quality of life*.

In addition, the OTA program and faculty believe:

- . Students should be viewed as products of their social/cultural backgrounds and prior educational experience

- . The health of both mind and body are influential in a student=s ability to learn and continuously adapt

- . The development of occupational therapy skills occurs simultaneously and chronologically

- . Acquisition of occupational therapy skills can be stimulated and supported by the student=s occupational context

The Level II fieldwork experience offers students the chance to apply, evaluate and critique skills learned in the academic portion of the OTA program. Through the structure of the Level II

fieldwork students assume collaborative responsibility with the clinical fieldwork supervisor for their learning, supervision, and overall professional growth. Students are provided a chance on Level II fieldwork to practice therapeutic skills during an eight (8) week assignment. It is expected during this eight (8) week assignment that students are committed to this experience, function responsibly with patient safety always of foremost concern. Students must also enter the Level II fieldwork ready to function as a member of the specific occupational therapy department and health care facility to which they have been assigned.

Course Description

Psychosocial Fieldwork

Provides supervised practical experience for the occupational therapy assistant student: observing, treating, reporting, and recording occupational therapy techniques for people with psychiatric disorders and dysfunctions. Requires fieldwork under the supervision of a Registered Occupational Therapist (OTR).

4 credits: 300 fieldwork hours required.

Prerequisite: Completion of all OCTA courses (except OCTA 266 and OCTA 269) with a grade of "C" or higher. NOTE: All coursework (General Education requirements and OCTA courses except fieldwork) must be completed before a student may register for this course. It is required that all OTA students complete Level II fieldwork within eighteen (18) months following completion of academic preparation.

Textbooks and Related Materials:

Occupational Therapy Assistant Program Level II Fieldwork Manual (Spring, 2000)

Textbooks, class notes, handouts, professional journals and other references will all be of value to the student on Level II fieldwork.

Instructional Methods:

Level II fieldwork is an entirely hands on clinical based experience to provide health care services to clients. Emphasis is placed on the student to demonstrate, apply, compare, contrast and revise his/her therapy skills in response to ongoing supervision and the client's needs. The student will be required to assist in the collection of a measuring of data to develop appropriate forms of treatment.

The student must realize that readings, writing, and extra projects are part of this Level II fieldwork experience. All students are expected to complete these extra assignments which supplement learning in the clinic, outside of the assigned hours for Level II fieldwork.

Grading Scale: Scores are obtained using the AOTA Fieldwork Evaluation Form which is completed by the Clinical Fieldwork Supervisor.

A = 97 and above
B = 88-96
C = 80-87
D = Below 80

Anything below 80 is considered a failed grade in Level II fieldwork by the OTA Program. Please refer to the Level II Fieldwork Manual (Spring, 2000).

At the completion of Level II fieldwork a student will be recommended for entry level practice as an occupational therapy assistant. If performance has not been satisfactory the student may be required to extend the Level II fieldwork beyond eight (8) weeks or repeat the fieldwork assignment at a different site. For more details please refer to the Level II Fieldwork Manual (Spring, 2000).

Attendance Policy and Classroom Conduct:

Because of the special nature of the Level II fieldwork in which a student carries a patient/client caseload, the usual college attendance and classroom conduct policies are superceded by the Program Level II policies found in the Level II Fieldwork Manual (Spring, 2000). This is to ensure (1) patient/client safety foremost, (2) that students adhere to policies specific to the health care facility where students are completing Level II fieldwork and (3) to meet the minimum number of hours of Level II fieldwork as identified by the 1998 Standards on Accredited Educational Program for the Occupational Therapy Assistant.

Requirements To Be Met Prior To A Level II Fieldwork Assignment:

1. Completion of all academic coursework required by the OTA Program
 - (a) The student will be requested to provide the Academic Fieldwork Coordinator with a copy of an official CCBC Catonsville transcript during the final academic semester
 - (b) Eligibility for Level II fieldwork will be verified by the Academic Fieldwork Coordinator through the office of ARecords and Registration.

2. The student must turn in a completed:
 - (a) Level II Fieldwork Personal Data Sheet
 - (b) Medical History Report
 - (c) Physician=s Physical Examination Report

All of these forms may be found in AAppendix A≅ of the Level II fieldwork Manual, Spring, 2000.

3. The student must have current official documentation indicating completion of a universal precaution/bloodborne pathogen program.
4. The student must demonstrate continued health insurance coverage throughout the Level II fieldwork placements.
5. The student must complete and turn in to the Academic Fieldwork Coordinator the Student Signature Form from the Level II Fieldwork Manual, Spring, 2000.
6. The student must attend all meetings with the Academic Fieldwork Coordinator unless he/she has been excused.

GENERAL OUTCOME OBJECTIVES FOR LEVEL II FIELDWORK

1. Below are general objectives that should be demonstrated by the Level II Fieldwork student in any practice setting.

1. Professionalism

1. Demonstrates behaviors consistent with the AOTA Standard of Practice, Code of Ethics, and Code of Maryland Regulations pertaining to practice by an Occupational Therapy Assistant
2. Actively engages in assessing one=s strength and implementing strategies to remediate areas of deficit
3. Modifies behavior appropriately in response to constructive feedback
4. Adheres to rules, regulations and policies of the

Level II Fieldwork site

5. Demonstrates respect for client individuality, diversity, and the right of self determination
6. Functions effectively within the administrative structure of the department, agency or facility
7. Participates in professional activities
8. Demonstrates awareness of state and national professional groups
9. Demonstrates awareness of Maryland state regulations regarding the practice of occupational therapy
10. Actively seeks out opportunities for learning

B. Communication

1. Effectively documents intervention with patients
2. Effectively communicates rationale for intervention and progress of patient to others
3. Demonstrates effective teaching skills
4. Demonstrates awareness of need to adjust communication style in response to patient's level of understanding, level of consciousness, and diagnosis
5. Demonstrates active listening skills and awareness of non-verbal communication

3. Clinic Responsibilities

1. Participates in supervision of non-occupational therapy personnel and/or Level I Fieldwork students under the direction of a supervising occupational therapy practitioner

2. Schedules patients in accordance with department procedures
3. Prepares clinic work space, obtains equipment/supplies prior to patient treatment session
4. Manages clinic work space and use of supplies and equipment in accordance with department procedures
5. Maintain clinic area, supplies and equipment safely
6. Cleans up clinic work space in accordance with policies

SPECIFIC OBJECTIVES FOR PSYCHOSOCIAL DYSFUNCTION

1. Demonstrate working knowledge of common psychosocial disorders seen on Level II Fieldwork placements in mental health units of acute care hospitals, long term care facilities and schools

Schizophrenia Affective Disorders Substance Abuse Dual diagnoses Addictions	Organic Personality Disorders Dementia/Alzheimer=s Conduct Disorders Attention deficit hyperactivity disorder (ADHD) Pervasive developmental disorder
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2. Demonstrate working knowledge of medications used in psychosocial dysfunction situations (e.g. side effects, precautions, benefits of medication)
3. Accurately identify and collect data from assessments, records, observations, and interviews
4. Administer selected assessments representative of various frames of reference (e.g. Allen Cognitive Level Rating Scale)
5. Administer standardized and non-standardized assessments in accordance with established guidelines and procedures (e.g. patient interview, task observation, Kohlman Evaluation of Daily Living Skills, facility specific assessments, etc.)

6. Use self therapeutically during dyadic and group interactions (e.g. aware of own group leadership style, verbal and non-verbal communication)
7. Identify correct group level of functioning and select appropriate therapeutic activities based on group level (e.g. working understanding of Mosey=s Developmental Group)
8. Set-up grade, adapt and implement therapeutic activities in a group setting to address occupational performance areas, components and contents (e.g. task group, community living skills, home management skills, assertiveness training, socialization, directive group, etc.)
9. Use clinical reasoning skills to modify treatment according to response of group/patient under guidance of OTR
10. Collaborate with patient, other team members, family members, and significant others in planning and implementing treatment procedures
11. Educate client and care givers in the use of activities and techniques to promote occupational performance of the client
12. Describe OTR and COTA roles in the area of psychosocial dysfunction (acute care, long term, community based, etc.)
13. Aware of local and state agencies and programs for patients with psychosocial dysfunction
14. Aware of current trends/issues impacting the delivery of occupational therapy services for patients with psychosocial dysfunction
15. Able to discuss clinical practice trends in the area of psychosocial dysfunctions

The student should be aware that individual fieldwork sites have a list of objectives for a student to accomplish often on a week by week basis. This list of objectives may be found in the fieldwork site folder located in the Academic Fieldwork Coordinator=s office.