

**Course Outline**  
**Psy 219**  
**Adolescent Psychology**  
**3 Credit Hours**

**The Community College of Baltimore County**

**Description**

Adolescent Psychology

Focuses on the scientific study of the biological, psychological, cognitive, emotional, personality, and social changes that occur during adolescence; includes the effects of heredity and culture, major theories, moral development, gender-role issues, sexuality, and family relationship issues.

Prerequisite: PSYC 101

**Overall Course Objectives** (list only those objectives that will be common to all sections of the course)

After completing course the student should be able to:

1. Demonstrate knowledge of how scientific methodology is applied to study of adolescent
2. Critical analyze major theories which attempt to explain adolescent behavior
3. Analyze, and evaluate current findings and latest research related to adolescent
4. Apply concepts on the relations between social setting, and adolescent behavior
5. Communicate the understanding of how understanding psychology principles can be applied to practical issues faced during adolescents
6. Describe the relevance of racism, sexism, and other forms of prejudice on adolescent development
7. Demonstrate an understanding of the effects of cognitive development on adolescent behavior
8. Develop the skills to analyze the impact of an individuals unique culture on adolescent development
9. Communicate an understanding of research techniques used to address the validity of theoretical approaches to adolescents
10. Analyze social factors influencing interpersonal attraction and sexual behavior in adolescents
11. Communicate and understanding of the impact of family structure on development during adolescents

**Major Topics**

1. Adolescents in contemporary society
2. Multidisciplinary views of adolescence
3. Cultural diversity - gender, ethnicity, and identity
4. Sexual maturation and physical growth
5. The body image
6. Cognitive growth and change
7. Intelligence, information processing and decision making
8. Self-concept and self-esteem

9. Adolescent society, culture, and subculture
10. Relationships, dating, nonmarital cohabitation, and marriage
11. Development of moral judgement, character, and beliefs
12. Adolescents in their family

**Course Requirements** (List only those requirements that will be common to all sections of the course)

**Grading/exams:** Grading procedures will be determined by the individual faculty member but will include examinations with the number and structure determined by individual faculty

**Writing:** The individual faculty member will determine specific writing assignments.

### **Other Course Information**

This course is an elective within the psychology department and a recommended course within the transfer pattern

This course may be offered as an honors section

This course may require independent research and laboratory work

### **Additional Information**

1. The Course Outline is not intended to replace an individual faculty member's course syllabus, nor is it necessarily meant to limit the scope of the course. It is simply an indication to the student of the minimum expectations for all students taking the course, regardless of the campus or center where the course is offered.
2. All information in the Course Outline must be included in the individual faculty member's course syllabus, but individual faculty members may include additional objectives, topics and requirements in their syllabus.
3. Course Outlines should not exceed two pages in length.
4. Course Outlines will be posted on the Web and will be available to students as an extension of the CCBC Catalog.
5. The college will publish a single CCBC catalog in January 2001.
6. Course Outlines for all courses in the college catalog must be completed no later than September 1, 2000.
7. All new course proposals must include a Course Outline as part of their materials submitted to the Curriculum Committee of the Learning and Academic Affairs Council.

### **Approval Process:**

1. Once the Common Course Outline is completed, the appropriate Academic Division Deans will sign the attached approval form.
2. The signed approval form with a hard copy of the Course Outline attached will be sent to Dr. Bradley Ebersole, assistant to the VCLSD, who will collect and file the approved Course Outlines and monitor the entire process.
3. An electronic copy of the approved Course Outline (a Microsoft Word document as an attached to an Outlook email message) must also be sent to Dr. Ebersole (no disks, no WordPerfect files).

