TRAVEL LEARN & GROW.
**What is Travel, Learn and Grow?**

Here, all in one place, you’ll find quick getaways, unique learning opportunities and a chance to experience new cultures. CCBC’s travel and learning options are exciting, fun ways to learn and grow, or to see someplace new and different. Whether it’s a day spent sightseeing and having a great lunch, taking in a Broadway play, or packing up and trekking across the globe, you have your choice of ways to make your trip one to remember.

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TRAVEL.

From day trips that can satisfy your every whim to overnight and weeklong excursions, our Quick Escapes take you places far and wide. Put your best foot forward … then just keep going! NOTE: All trips, except where noted, will leave from Cromwell Bridge Road Park and Ride, exit 29A from the Baltimore Beltway (I-695).

PHILADELPHIA FLOWER SHOW, PA
Tuesday, March 3, 2020 9:30 a.m.–6:30 p.m.
Riviera Holiday — Inspired by the world’s exotic Mediterranean gardens, the 2020 Philadelphia Flower Show invites you to fall in love with gardening all over again. As you enter the show, groves of citrus trees lead the way, providing a lush dramatic promenade to the sunshine-drenched landscape ahead. Breathe in fragrant waves of lavender inspired by the terraced gardens of Monaco. Drifts of purple and white spiked salvia, specimen succulents, and an intoxicating variety of scented geraniums, roses, rosemary and sage create a stunning mosaic that is at once picturesque and charming. Walk the esplanade of flowering arches. Become enraptured by the delightful dimension of Show gardens and dramatic accents that rise in soft meadows of horticultural perfection. Explore the allure and extraordinary plant palette of some of the world’s captivating coastal regions. You’ll be on your own for the day to enjoy the show and to have lunch — you can purchase food at the Pennsylvania Convention Center, walk across the street to the Reading Market, or journey a few blocks away to Chinatown. We’ll depart at 4 p.m.
COST: $93 Includes coach, show tickets, gratuities and hosts.

Plaza Suite on Broadway, NYC
Wednesday, March 18, 2020 7 a.m.–9:30 p.m.
Two-time Tony Award winner Matthew Broderick and two-time Emmy Award winner Sarah Jessica Parker return to Broadway together in the classic Neil Simon comedy, Plaza Suite. This uproarious and piercing look at love and marriage is coming for 17 weeks only. Two world-class actors play three hilarious couples in a Broadway classic from a legendary playwright and Pulitzer Prize winner! You’ll have time to shop, have lunch (on your own), and explore before the 2 p.m. at the Hudson Theatre, 141 W 44th Street. After the show, there’ll be some free time to grab a bite to eat for the ride home before we depart at 5:45 p.m. Dress Circle (Front Mezzanine) seats.
COST: $227 Includes coach, breakfast snack, show tickets, gratuities and hosts.

4-DAY, 3-NIGHT TRIP
MOHONK MOUNTAIN HOUSE, NY
March 22–25, 2020
One of our favorite and most popular sites! Treat yourself to a mini-vacation, a romantic getaway, or a girlfriend's retreat! Experience the magnificent enchantment of Mohonk Mountain House. Built on the deep-blue waters of Lake Mohonk in 1869, this grand 259-room Victorian castle is one of America’s oldest family-owned resorts. Come relax in the beautifully appointed accommodations, and experience rejuvenation of body, mind, and spirit in an incomparable setting. Surrounded by thousands of acres of unspoiled forest and winding trails, this seven-story New York castle has successfully maintained its distinct 19th-century character into the 21st-century. Enjoy the beautiful indoor pool and state-of-the-art spa or just sit in a rocking chair on the veranda overlooking the lake, or hike around the lake or up to the top of Mohonk Mountain. The spa was voted #2 in the top 100 spas in the U.S. by Conde Nast Traveler! Breakfast and lunch are presented in extensive buffets along with made-to-order items, and dinner will be a sit-down meal offering a limited menu — all prepared by award-winning chefs. To see this beautiful setting and all the amenities that the inn offers, visit mohonk.com.
Reservations and payment in full are due by February 14, 2020. (Call for availability after this date.)
Note: This trip will depart from and return to the CCBC Essex campus.
COST: $1,317 – Double – per person (2 people sharing a room).
$1,585 – Single
Includes coach, 3-nights accommodations, baggage handling (1 bag per person), 2 breakfasts, 2 dinners, 2 lunches, 2 afternoon

“The CCBC Travel Studies program offer interesting destinations and itineraries. The trips offer me the opportunity to visit locations that I might not know about or would be unwilling to travel to on my own due to the distance from Baltimore, such as the marvelous Mohonk Mountain House spa/resort or the Frank Lloyd Wright's Falling Water and Kentuck Knob. However, my main reason for participating in the Travel Studies’ trips is the level of detail, organization and coordination. These trips are professionally planned and managed. I know that I will be taken care of and provided a quality and enjoyable trip.”
~ Patricia Zyla

(continued)
2-DAY, 1-NIGHT TRIP
BEGINNING AND THE END OF THE CIVIL WAR,-
VA
April 2–3, 2020
We’ll begin in Harper’s Ferry. Historically, Harpers Ferry is best known for John Brown’s raid in 1859, in which he attempted to use the town and the weapons in its Federal Armory (munitions plant) as the base for a slave revolt, planned to expand south into Virginia. A contingent of United States Marines under the command of Colonel Robert E. Lee captured Brown; he stood trial and was executed. To many, Brown’s raid signaled the Civil War’s imminence. After lunch in Harper’s Ferry, we’ll tour Manassas National Battlefield Park which is a unit of the National Park Service located in Prince William County, Virginia, north of Manassas, that preserves the site of two major American Civil War battles: the First Battle of Bull Run, also called the First Battle of Manassas, and the Second Battle of Bull Run or Second Battle of Manassas. It was also where Confederate General Thomas J. Jackson acquired his nickname “Stonewall.” After dinner at the Bavarian Chef, we’ll check into our hotel. On day two we’ll travel to Appomattox, where the Battle of Appomattox Court House, fought on the morning of April 9, 1865, was one of the last battles of the American Civil War. Reservations and payment in full are due by February 14, 2020. (Call for availability after this date.)
Note: This trip will depart from and return to the CCBC Essex campus.
COST: $337 – Double – per person (2 people sharing a room).
$373 – Single
Includes coach, 1-nights accommodations, 1 breakfast, 1 dinner, gratuities and host.

VIRGINIA GARDEN WEEK, FREDERICKSBURG, VA
Tuesday, April 21, 2020  7 a.m.–6 p.m.
Celebrating the 300th anniversary of King George County, guests will travel historic roads to five properties bordering the Potomac and Rappahannock Rivers. Established in 1669, St. Paul’s Episcopal Church serves as tour headquarters for a day spent meandering tranquil gardens to experience the rich history of plantation living. Highlights include a well-preserved 18th century home and formal gardens with the oldest known Hemlock Hedge in the Commonwealth. This memorable day includes historic vignettes, plein-air artists, flower demonstrations, a horticulture display and complimentary refreshments. A boxed lunch at the church will be included. Your choices are; Egg Salad, Chicken Salad or Garden Salad. All choices include a side, a sweet and a drink. Please make choice at time of reservation. We’ll depart Fredericksburg at approximately 4 p.m.
COST: $113. Includes coach, breakfast snack, admission/tours, lunch, gratuities and host.

BROOKLYN PIZZA – NY
Tuesday, May 12, 2020  7 a.m.–8:30 p.m.
Get ready to fall in love with Brooklyn! Food tourism has been described as “the act of traveling for a taste of place in order to get a sense of place.” And that’s exactly what we will do in Brooklyn, NY. Join us for this multimedia sightseeing tour and come with an appetite because you’ll be eating pizza! We’ll have a tough time deciding which slice is your favorite between the award winning, Neapolitan-style pizza at Grimaldi’s under the Brooklyn Bridge and the legendary Sicilian-style pizza at L&B Spumoni Gardens. We’ll see movie locations from favorite films like Saturday Night Fever, Goodfellas, The French Connection, Scent of a Woman, Annie Hall and more, and movie clips will be shown on TV monitors as the coach drives to the locations. Sites also included in the trip: Coney Island Amusement Park, Brooklyn Army Terminal — where Elvis shipped out to Germany in 1958, views from the Brooklyn, Manhattan, Williamsburg, and Verrazano-Narrows Bridges. We’ll depart for home at approximately 5 p.m.
COST: $153 Includes coach, breakfast snack, tour/tour guides, all tastings, gratuities and host.

3-DAY, 2-NIGHT TRIP
MONACAN INDIAN NATION POW-WOW, AMHERST, VA
May 15–17, 2020
Our regular motor coach driver, James Branham, has invited us to his family’s Pow-Wow in Amherst, Va. We’ll stop on the way for lunch at the Michie Tavern in Charlottesville, and arrive in the late afternoon with time to visit the Monacan Home Village, the museum, the school, church, and the totem. Dinner will be on your own at the local Cracker Barrel, and afterward we will check into the Natural Bridge Historic Hotel and Conference Center. After breakfast at the hotel on Saturday, we’ll enjoy a full day at the Pow-Wow, with dancing, lots of food and crafts. We’ll return to the hotel for a buffet dinner and the Drama of Creation Light Show. On Sunday, we’ll visit Walton Mountain Museum and make a stop for lunch on our way home. Reservations and payment in full are due by April 1, 2020. (Call for availability after this date.)
Note: This trip will depart from and return to the CCBC Essex campus.
COST: $670 – Double – per person (2 people sharing a room).
$783 – Single
Includes coach, 2-nights’ accommodations, breakfast snack on day of departure, 2 continental breakfasts, 1 lunch, 1 dinner, gratuities and host.

(continued)
New York City Day Trip
Saturday, June 6, 2020 7 a.m.–9:30 p.m.
An annual spring event! Enjoy a day doing whatever your heart desires—sightseeing, museums, shopping, or a matinee. Drop-off and pick-up will be in the theatre district. Maps of the Times Square area and a restaurant list will be distributed on the coach. The group departs NYC at 6:30 p.m. This trip will depart from and return to Perry Hall High School.
COST: $78 Includes coach, breakfast snack, gratuities and host.

CANCELLATION/REFUND POLICY
On day trips, a full refund minus $10 cancellation fee per individual, per trip, will be made if written cancellation is received no less than 20 days before departure. On multi-day trips, a full refund minus $50 cancellation fee per individual will be made if written cancellation is received no less than 60 days before departure. In cases where tickets have been purchased, the ticket price will not be refunded unless tickets can be resold. After that date there will be no refund unless a standby or substitute participant is available. If CCBC cancels the trip, the trip fee will be refunded in full.

PLEASE NOTE: All trips have pre-trip letters mailed to the person making the reservation. If you have not received a letter of details and/or changes concerning your trip within two weeks of the trip, please call the office at 443-840-1717 so a letter can be sent to you. Also note: due to conditions beyond our control, it is sometimes necessary to adjust itineraries and change meal selections.

Visit our website: ccbcmd.edu/travel.
Reserved coach seating on all trips. • Seats are assigned in order of payment receipt. Seat companions are advised to mail payments together.

Please complete entire page and return.

**RESERVE EARLY! SPACE IS LIMITED.**

Please indicate number of reservations you are purchasing.

### DAY TRIPS

- **Philadelphia Flower Show, March 3** – $93
- **Virginia Garden Week, April 21** – $113
- **Egg salad**
- **Chicken salad**
- **Garden salad**
- **New York City Day, June 6** – $78

### MULTI-DAY TRIPS

- **Mobtown Mountain House**
  - March 22–25, 2020
  - $1,317 Double – per person  
  - $1,585 Single
- **Beginning/End of Civil War**
  - April 2–3, 2020
  - $337 Double – per person  
  - $373 Single

### FOR INFORMATION

- **Monocan Indian Pow-Wow**
  - May 15–17, 2020
  - $670 Double – per person  
  - $783 Single
- **Virginia History Tour**
  - May 27–30, 2020
  - $868 Double – per person  
  - $1,047 Single
- **Berkeley Plantation Lunch**
  - Chicken Caesar Wrap
  - Vegan Wrap
  - Ham and Cheese
- **Whaling Company Dinner**
  - Shrimp
  - Pork Chops
  - Chicken
- **Montpelier Lunch**
  - Roast Beef
  - Veggie
- **Hudson Valley/Woodstock**
  - June 7–10, 2020
  - $1,133 Double – per person  
  - $1,307 Single

For information, please visit ccbcmd.edu/travel

For a brochure or more information on these trips, contact Terry Walter, coordinator, Travel Studies at 443-840-1717 or twalter@ccbcmd.edu

Please complete all information requested.

Enclosed is my check for $__________ I would like to charge $__________

Charge card:

- Discover
- American Express
- VISA
- MasterCard

Credit card number __________________________ Exp. date ____________ Security code: __________________________

(3 digits on back of card)

Name ____________________________________________________________________________________________

Age __________ Phone ______________________________________________________________________________

(optional - for planning purposes only)

Address __________________________________________________________________________________________

City _______________________ State _______ ZIP __________ Email address _________________________________

(to be used only for special announcements)

Additional name(s) in my party/roommate: __________________________________________________________________________________________

Please make check payable to CCBC Essex T/S and mail to: CCBC Box Office • 7201 Rossville Boulevard • Baltimore, MD 21237

Call 443-840-2787 for more information or to reserve space with a credit card, or fax to 443-840-1615.

How did you hear about us?  
- Schedule
- Brochure
- Friend/relative
- Repeat participant

CHECK OUT OUR WEBSITE: ccbcmd.edu/travel.
LEARN.

THINKING ABOUT TRAVELING ABROAD?

What better way to increase your thirst for knowledge than to give yourself first hand experiences through our international tours? Trips to places in so many parts of the world will bring you great personal growth.

Please note that all trips are open to the public as well as CCBC students, staff and faculty.

INTERNATIONAL TRIPS 2020

SOUTH PACIFIC WONDERS – AUSTRALIA AND NEW ZEALAND April 14-28, 2020
Explore two great countries of the Southern Hemisphere – Australia and New Zealand. From the tropical splendor of the Great Barrier Reef on Australia’s northeast coast to the ethereal beauty of glacial fjords on New Zealand’s South Island, this journey to the lands “Down Under” brings you the best of both countries at an enjoyable pace. Cruise Sydney Harbour and Milford Sound. Meet Australia’s wildlife up close. Discover the wonders of Aboriginal culture. Indulge in regional flavors during lunch at a family-run merino sheep farm and experience Queenstown, the adventure capital of the world.
COST: $7,664 – Double – per person (2 people sharing a room).
$9,374 – Single
Call 443-840-1717 for complete itinerary including reservation form.

CANADIAN ROCKIES FEATURING THE ROCKY MOUNTAINEER AND CALGARY STAMPEDE July 1–8, 2020
Set out to explore the best of Western Canada on a tour that opens in Vancouver and takes you to Banff aboard the famous Rocky Mountaineer train. Begin your trip with breakfast at Capilano Suspension Bridge. Enjoy the “living forest” and try their new Cliffwalk and Treetop Adventures. Then enjoy a sightseeing tour of Vancouver that begins in beautiful Stanley Park and stops in the famed Granville Market. Board your train and travel among the fields of Fraser Valley and the scenic Fraser River. Journey alongside Kicking Horse River while enjoying the beautiful scenery. During your time in Banff, stop at stunning Peyto Lake and admire Bow Falls.
COST: $6,799 – Double – per person (2 people sharing a room).
$8,199 – Single
Call 443-840-1717 for complete itinerary including reservation form.

EXPLORING GREECE AND ITS ISLANDS October 8-22, 2020
Discover the magnificent ruins of ancient Greece in their tranquil Mediterranean settings. This comprehensive journey explores Greece’s most important ancient monuments, including the famed Temple of Zeus, archeological site of Olympia, and ancient artifacts of Delphi. Visit a local farm in the countryside to see how olive oil and wine are produced. Learn how to cook traditional Mediterranean cuisine during a cooking demonstration. Wander the winding streets, vineyards, marketplaces and beaches of Mykonos and Santorini. Explore the excavations of the ancient city at Akrotiri, the most important prehistoric settlement found anywhere in the eastern Mediterranean. In Athens, enjoy traditional cuisine, wine and entertainment at a family-owned taverna in the lively Plaka district. Learn the history of this fascinating country from local experts on guided tours of Athens, Meteora, Delphi and Olympia.
Book by April 9, 2020 and save $150!
COST: $5,299 – Double – per person (2 people sharing a room).
$6,299 – Single
Call 443-840-1717 for complete itinerary including reservation form.

Preview meeting March 19, 2020
6 p.m.
CCBC Essex, Administration Building, Room 110

(continued)
AEROBICS FOR THE SENIOR ADULT:
A LOW-ImpACT ROUTINE
A low-impact aerobic workout designed for the senior adult that devotes a half-hour to cardio and a half-hour to body toning. An ideal class to learn basic moves, develop an exercise routine that best fits you, and is fun to do. Instructor: Dr. Nina Bazemore

Total cost: $54 (Tuition: $5 Fees: $49)

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AQUA ZUMBA
Experience this specialty fitness course for beginners and active older adults that integrates Zumba Gold program with a traditional aqua fitness discipline. Combines low-impact aerobics exercises and body toning to music at a slower more exaggerated pace in the water a safe, challenging, fun, water-based workout.

Total cost: $84 (Tuition: $0 Fees: $84)

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AQUA FITNESS
Learn to perform low-impact activities, improve cardio-respiratory muscular strength, endurance and flexibility.

Total cost: $129 (Tuition: $0 Fees: $129)

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BETTER HEALTH AND WELLNESS FOR SENIOR ADULTS
Adult students will improve their health and wellness through education and lifestyle awareness training. Topics to be covered include health concepts and practices, the cardiovascular system, muscle strength and endurance, coordination and balance, body composition, nutrition, and behavior modification.

Total cost: $90 (Tuition: $35 Fees: $55)

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CHAIR EXERCISES FOR THE SENIOR ADULT
Explore this modified, low-intensity chair exercise course in a fun environment, designed to improve mobility, balance, strength, muscle toning, flexibility, range of motion, and cardiovascular health. In addition, you will discuss nutrition and healthy habits to improve lifestyle and develop an exercise routine that best fits your needs. Instructor: Dr. Nina Bazemore

Total cost: $54 (Tuition: $0 Fees: $54)

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for registration information on these courses, call 443-840-4700 or visit ccbcmd.edu/coned

LOCATION KEY

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<td>HV</td>
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</table>
**Chair Pilates**
Focus on improving core strength, balance, posture, flexibility, breathing, muscle tone, and more in this modified program. Specifically designed to maintain independence and quality of life. Expect to practice exercises dealing with muscle strengthening, nervous system improvement, mental clarity, stress reduction, balance control, joint pain reduction and more.
Instructor: Dr. Nina Bazemore
Total cost: $54 (Tuition: $0 Fees: $54)

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**Core Skills in Developing Mindful Self-Compassion**
Stop being so hard on yourself by cultivating self-compassion skills for everyday life. Learn how to handle difficult emotions and thoughts such as sadness, anger, confusion and inadequacy with greater ease, and how to encourage and comfort yourself by using compassionate responses such as kindness, sympathy and understanding.
Instructor: Eva Sivan, Ph.D.
Total cost: $88 (Tuition: $30 Fees: $58)

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**Gentle Yoga**
This less-intense, non-strenuous, quiet, meditative and restorative practice is especially welcome for those who don’t have the flexibility, coordination and strength which many yoga poses portray. A good option for those who want a softer, nurturing, slower pace. Includes range-of-motion exercises. Wear comfortable clothes and bring a yoga mat, yoga strap, and blanket to each class session.
Instructor: Brooke Fiske
Total cost: $90 (Tuition: $30 Fees: $60)

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**Herbs for Health and Aromatherapy**
Discover the powerful effect scent has on the body and how scents can improve health and well-being. Gain insight into the benefits of aromatherapy, how to use essential oils and blend them for your personal use. Learn about safety protocols and oils that are traditionally used for specific purposes.
Instructor: Dr. Nina Bazemore
Total cost: $79 (Tuition: $25 Fees: $54)

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**INTERVAL AQUA AEROBICS**
Increase your physical fitness level through aqua interval training, which facilitates high-energy expenditure and can increase fat burning. Consists of low-intensity water exercises and one high-intensity set. Warm-up and stretch then proceed through six to nine interval cycles, each followed by a brief rest before beginning the next cycle. Relaxation and cool-down follow.
Total cost: $79 (Tuition: $0 Fees: $79)

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</table>

**Mindful Meditation**
Through discussion and experiential practice of formal and informal mindful awareness techniques, you will learn how to reduce stress, break from automatic responses, and improve your emotional, physical and mental well-being.
Instructor: Eva Sivan, Ph.D.
Total cost: $79 (Tuition: $25 Fees: $54)

<table>
<thead>
<tr>
<th>CRN#</th>
<th>Day/Ses.</th>
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<th>Time</th>
<th>Location</th>
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<td>10-11 a.m.</td>
<td>OM</td>
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**Self-Care for Caregivers**
Learn to identify sources of strength and resilience that, as a caregiver, you can utilize to reduce stress while caring for others. You will be able to recognize the causes of stress and barriers to self-care. Determine personal needs and create a plan for self-care and self-compassion.
Instructor: Eva Sivan, PhD
Total cost: $25 (Tuition: $0 Fees: $25)

<table>
<thead>
<tr>
<th>CRN#</th>
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<td>10 a.m.-12 p.m.</td>
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**Self-Defense Basics**
No situation can be 100 percent safe, whether at school, work or home. Gain the training and awareness needed to avoid a confrontation or attack and how best to respond if you must defend yourself. Through a variety of situations and scenarios, you’ll be able to practice appropriate responses and investigate available options.
Instructor: Paul Jakubowski
Total cost: $79 (Tuition: $25 Fees: $54)

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</table>
**Tai Chi I**
Learn to relax and energize simultaneously. Decrease tension through participation in this meditation called Dance of Life. Combines coordination, balance and flexibility into rhythmic motion and gentle exercise. Excellent for all ages. Wear comfortable clothing and flat shoes. Instructors: James Gummer (OM), Paul Jakubowski (CRN# 73964 and 74071), Ed Livingston (CRN# 73497 and 73961)

<table>
<thead>
<tr>
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<td>74443</td>
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</table>

**THERAPEUTIC YOGA FOR ALL AGES**
Learn how these yoga practices can improve flexibility and help develop or regain muscle and bone strength. Topics include techniques of deep relaxation and mental clarity, improving flexibility and balance, and developing an exercise routine that fits you best. Instructor: Sandra Nicht

<table>
<thead>
<tr>
<th>CRN#</th>
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<th>Dates</th>
<th>Time</th>
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**Walk with a Purpose: Exercise for Better Health**
This unique exercise will introduce purposeful walking as a consistent form of exercise. Learn the difference between leisure walking, exercise walking, and race walking and how walking up and down the grocery store aisle is different than walking around the neighborhood. Gain core strength, increase blood flow, strengthen your heart and stimulate your brain. Meet outside of CCBC Hunt Valley building. Instructor: Jack Beach

<table>
<thead>
<tr>
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<th>Day/Ses.</th>
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<td>F(10)</td>
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</table>

**Water Aerobics**
Perform these water exercises at the shallow end of the pool using the resistance of the water force as the weight. You don’t need to swim or get your head wet.

<table>
<thead>
<tr>
<th>CRN#</th>
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<th>Time</th>
<th>Location</th>
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**Tai Chi I**
Water Aerobics
Experience water exercises in the shallow end of the pool. You do not need to be a swimmer or get your head wet because all of the exercises are performed in a resistance style using the water force as the weight. Perfect for people who dislike jogging or other activities but want to stay in shape.

<table>
<thead>
<tr>
<th>CRN#</th>
<th>Day/Ses.</th>
<th>Dates</th>
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</table>

**Yoga I**
If you have wanted to try yoga, here is your opportunity. Explore the practice that is often so beneficial to body, mind and spirit. Learn foundational poses to enhance fluidity and posture, determine areas of tension, and ease them using breathing and movement along with other yoga skills. Wear comfortable clothing, bring a yoga mat, yoga strap and blanket to each session. Instructor: Brooke Fiske.

<table>
<thead>
<tr>
<th>CRN#</th>
<th>Day/Ses.</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
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<td>4/25-7/11</td>
<td>10-11:15 a.m.</td>
<td>HV</td>
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**Yoga Therapeutics for Seniors**
Learn how these practices can improve flexibility and help develop/regain muscle and bone strength. Gain techniques for deep relaxation and mental clarity. Instructor: Jana Long.

<table>
<thead>
<tr>
<th>CRN#</th>
<th>Day/Ses.</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
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<td>9-10 a.m.</td>
<td>RAC</td>
</tr>
</tbody>
</table>

**BECOME AN INSTRUCTOR!**
Do you have a special knowledge or talent you would like to share with the senior population?

The Senior Program at CCBC is always looking for qualified instructors in the areas of land and water exercise, humanities, history and the arts.

For more information, contact Steve Edmonston at sedmonston@ccbc.edu

Total cost: $54 (Tuition: $0 Fees: $54)

Total cost: $90 (Tuition: $30 Fees: $60)

Total cost: $90 (Tuition: $30 Fees: $60)

Total cost: $54 (Tuition: $0 Fees: $54)

Total cost: $69 (Tuition: $0 Fees: $69)

Total cost: $84 (Tuition: $0 Fees: $84)
Performing at CCBC's 2020 season celebrates *Gods and Monsters*!

**Baltimore Symphonic Band**

*Gods and Monsters: In Concert*
February 1, 2020
CCBC Essex, Robert and Eleanor Romadka College Center, F. Scott Black Theatre
February 8, 2020
CCBC Catonsville, Center for the Arts, Theatre
FREE!

**Dundalk Community Theatre**

*Mamma Mia*
Music and Lyrics by Benny Andersson and Björn Ulvaeus
And some songs with Stig Anderson • Book by Catherine Johnson
Originally conceived by Judy Craymer
March 6-15, 2020
CCBC Dundalk, College Community Center, John E. Ravekes Theatre

**Children’s Playhouse of Maryland**

*The Emperor’s New Clothes*
Book and Lyrics by Lynn Ahrens • Music by Stephen Flaherty
March 7-22, 2020
CCBC Essex, Administration Building, Lecture Hall

**CCBC Essex Academic Theatre**

*Frankenstein*
Inspired by the novel *Frankenstein; or, The Modern Prometheus* by Mary Shelley
March 26-30, 2020
CCBC Essex, Robert and Eleanor Romadka College Center, F. Scott Black Theatre

**CCBC Catonsville Academic Theatre**

*Our Lady of Kibeho*
By Katori Hall
April 23-27, 2020
CCBC Catonsville, Center for the Arts, Theatre

**Dundalk Community Theatre**

*Evita*
Lyrics by Tim Rice • Music by Andrew Lloyd Webber
April 24-May 3, 2020
CCBC Dundalk, College Community Center, John E. Ravekes Theatre

**CCBC Dance Company**

*Spring 2020 Dance Concert*
April 30-May 2, 2020
CCBC Essex, Robert and Eleanor Romadka College Center, F. Scott Black Theatre

**Children’s Playhouse of Maryland**

*Freaky Friday, A New Musical*
Book by Bridget Carpenter • Music by Tom Kitt • Lyrics by Brian Yorkey
Based on the novel *Freaky Friday* by Mary Rodgers and the Disney films
May 1-17, 2020
CCBC Essex, Administration Building, Lecture Hall

**CCBC Music**

*Powerhouse Jazz Ensemble: An Evening of Big Band Jazz*
May 14, 2020
CCBC Essex, Robert and Eleanor Romadka College Center, F. Scott Black Theatre
FREE!
Beginning and the End of the Civil War, VA
April 2–3, 2020
See page 2 for more information.