

**Common Course Outline**  
**DANC 217**  
**Intermediate/Advanced Ballet II**  
**2 Credits**

**The Community College of Baltimore County**

**Description**

**DANC 217 – 2 credits – Intermediate/Advanced Ballet II** provides practice of classical ballet at the intermediate/advanced level with an emphasis on refining technique, musicality and performance skills in complex dance sequences.

This course may be repeated up to a maximum of 4 credit hours

**2 Credits:** 3 hours of studio practice a week

**Pre-requisite:** DANC 216 or consent of Dance Coordinator

**Overall Course Objectives**

Upon completion of this course students will be able to:

1. perform intermediate/advanced ballet skills with technical precision;
2. demonstrate a high and consistent level of movement memorization and reproduction of movement sequences;
3. accurately identify complex ballet skills and terminology;
4. analyze and perform intermediate/advanced level steps and sequences;
5. perform intermediate/advanced ballet skills with artistic expression, musical clarity and style;
6. demonstrate an increased sophisticated musicality as it applies to classical ballet;
7. utilize an integrated kinesthetic perception, focus and concentration in order to self-evaluate and self-correct;
8. assess their growth in agility, balance, strength, endurance, flexibility, coordination, and movement efficiency;
9. demonstrate a refined level of self-awareness and awareness of others when performing and engaging in group activities;
10. articulate appropriate criteria for making aesthetic judgments about dance;
11. compare the various styles of ballet from ballet's historical roots through contemporary choreographers;
12. utilize effective oral, written and critical thinking skills as they apply to dance technique and appreciation;
13. examine ballet as a vehicle for expressing cultural, historical, political or social issues;
14. analyze and evaluate choreographic styles and performance elements from a live concert and articulate appropriate criteria for making interpretations and judgments about dance; and
15. apply dance as a means to a healthy lifestyle.

## **Major Topics**

- I. Technique at the intermediate/advanced level
  - A. Use of time, space and energy
  - B. Terminology
  - C. Musicality
  - D. Barre Work
  - E. Center and across the floor movement sequence
  - F. Performance skills
- II. History and Aesthetics
  - A. Historical influences
  - B. Aesthetics of classical, neo-classical and contemporary ballet
  - C. Aesthetics as a process and product of culture
  - D. Romantic, Classical and Contemporary ballet variations
  - E. Elements of ballet choreography and performance
- III. Dance and Wellness
  - A. Injury prevention
  - B. P.R.I.C.E treatment of injuries (prevent, rest, ice, compression and elevation)
  - C. Nutrition and hydration

## **Course Requirements**

Grading procedures will be determined by the individual faculty member but will include the following:

### **Grading/exams**

- Attendance and active participation in class activities and discussion
- Two movement evaluations (mid-term and final)
- Attendance at a live professional dance performance and a written critique
- A minimum of one written examination
- A written self-evaluation assignment
- Attend the CCBC Dance Concert

**Written Assignments:** Students are required to utilize appropriate academic resources.