

What's New for MEDICARE Retirees ■ 2016

Prescription Drug Plan Changes

Effective January 1, 2016, Express Scripts is no longer the prescription carrier for CCBC Medicare Retirees. **Cigna-HealthSpirings RX (PDP)** is the new prescription carrier. **Cigna-HealthSpirings is a Medicare Part D Prescription Drug Plan.**

There are plan design changes with the implementation of **Cigna-HealthSpirings RX:**

- Prior Authorization
- Step Therapy

Prior Authorization

Prior authorization means that you need to get approval from **Cigna-HealthSpring RX** before certain prescriptions are filled. Prior Authorization verifies that a medication is appropriate for the diagnosis, dosage, frequency, and duration of therapy. While this change in your prescription drug plan does not affect most of the retiree medical plan prescriptions filled, a small number of prescriptions may be affected. If the medication(s) you are currently taking require **Prior Authorization**, you will receive a letter from **Cigna-HealthSpring RX** informing you the medication will require **Prior Authorization** before it will be filled on or after January 1, 2016. If you have a **Prior Authorization** on file with Express Scripts, the **Prior Authorization Will Not** transfer to Cigna-HealthSpring RX. If medication(s) you are currently taking require **Prior Authorization**, please be proactive and take the following steps.

- Fill the prescription(s) before January 1, 2016
- Tell your doctor your prescription plan has changed and start the Prior Authorization process on or after December 1, 2015.

If you have any questions or need assistance in requesting a Prior Authorization, please call Customer Service at 1-800-558-9562. TTY users should call 711. We are available from 8:00 a.m. to 8:00 p.m. in your local time zone, Monday through Friday. Between October 15 and February 14, we're also open on Saturday and Sunday.

Step Therapy

Step Therapy is a prior authorization program that has you and your doctor follow a series of steps when choosing your medication. The program encourages you to try the most cost-effective medications available, typically generics or low-cost brands, before more costly medications are approved for coverage. **Step Therapy** is designed to help you choose the most affordable and appropriate medication to treat your ongoing medical conditions such as, arthritis, asthma, or high blood pressure. **Step Therapy** requirements vary by condition. In general, you must try at least one **Step 1** medication before a **Step 2** medication is eligible for coverage without prior authorization.

In **Step Therapy**, prescriptions are grouped into categories:

- **Step 1** medications are generic drugs that have been rigorously tested and approved by the FDA. These medications should be prescribed first because generics can provide the same health benefit as more expensive medications but at a lower cost.
- **Step 2** medications are brand-name drugs such as those you see advertised on TV. They're recommended for you only if a **Step 1** medication doesn't work for you. **Step 2** medications almost always cost more.

Cigna-HealthSpring RX will work with you and your physician if **Step Therapy** is required to treat an ongoing medical condition.

New ID Cards

Type of Plan	New Prescription Card (Cigna-HealthSpirings)	New Cigna Medical Card
Cigna Medicare Surround with Prescription	Yes	No
Cigna Medicare Surround without Prescription	N/A	No

*When the new Prescription card is received, please **SHRED** the old Express Scripts prescription card.*