

**Common Course Outline**  
**CRJU 138/HUMS 111**  
**Basic Interviewing and Counseling**  
3 semester hours

**The Community College of Baltimore County**

**Description**

**Basic Interviewing and Counseling**

Discusses theories and techniques employed in interviewing and counseling and the development of a relationship between the interviewee and the correctional worker; explores the methods employed to enable the offender to comprehend the cause and effect relationship of antisocial behavior.

Prerequisites: ENGL 052 and RDNG 052 or ESOL 052

**Overall Course Objectives**

Upon completion of this course the student will be able to:

- demonstrate communication skills which enhance the exchange of information between the interviewer and the subject
- interpret messages exchanged in verbal and nonverbal communication
- identify ingredients of a helping relationship
- describe barriers which may prevent the accurate exchange of information
- discuss planning strategies for successful interviewing
- determine and evaluate outcome goals for intervention
- define treatment theories currently available to community corrections workers
- analyze treatment planning and implementation

**Major Topics**

- I. The helping relationship
  - A. Building relationships
  - B. Setting goals
  - C. Relationship enhancement variables
  - D. Issues affecting helping
- II. Communication is the key
  - A. Purposes of communicating
  - B. Motivations for communication
  - C. Perception and thinking patterns
  - D. Bias and attitudes
  - E. Verbal and nonverbal responses
  - F. Listening responses
  - G. Clear and complete expression of intent
- III. Purposes of the interview
  - A. Assessment
  - B. Planning
  - C. Intervention

- IV. Structuring the interview
  - A. Establish a productive climate
  - B. Listening analytically
  - C. Probing thoughtfully
  - D. Motivating the interviewee
  - E. Controlling the interview
  - F. Closing the interview
- V. Conceptualizing and understanding offender's problems
  - A. Defining problems
  - B. Soliciting their understanding and agreement to participate in resolution
  - C. Implementation of plans
  - D. Set outcome goals
- VI. Treatment theory and practice
  - A. Psychoanalytic theory and psychoanalysis
  - B. Social casework
  - C. Learning theory and behavior modification
  - D. Reality therapy
  - E. Group work and cognitive skills training
  - F. Sociological theory
- VII. Treatment planning and selection
- VIII. Crisis theory and intervention
- IX. Evaluating outcome goals

### **Course Requirements**

Grading/exams: Grading procedures will be determined by the individual faculty member but will include the following:

- Written assignments
- Tests/Quizzes
- Attendance and participation

Writing: The individual faculty member will determine specific writing assignments.

### **Other Course Information**

This course is a Criminal Justice elective. It is taught in the classroom using a variety of instructional techniques which are intended to meet the varied learning styles of our diverse student population. These strategies rely on positive interdependence in a cooperative learning environment. Individual accountability is a key outcome of these strategies. They include:

- Guided teaching and lecture
- Large group discussion
- Small group interaction and activities
- Case studies
- Read/watch and discuss